

Applicant

Dr. Mélanie Levasseur, Université de Sherbrooke

E-mail Address

melanie.levasseur@usherbrooke.ca

Project Title

Capturing how age-friendly communities foster positive health, social participation and health equity: Towards identification of key components and processes that promote population health in aging Canadians

Project Summary

To address the challenges of the global aging population, the World Health Organization promoted age-friendly communities as a way to foster the development of active aging community initiatives. Although age-friendly communities are believed to be a promising way to help aging Canadians lead healthy and active lives, little is known about which key components best foster positive health, social participation and health equity, and their underlying mechanisms. This study aims to better understand which and how key components of age-friendly communities best foster positive health, social participation and health equity in aging Canadians. A mixed-method sequential explanatory design will be used. Building on new and existing collaborations and generating evidence from real-world interventions, the results of this project will help communities to promote age-friendly policies, services and structures which foster positive health, social participation and health equity at a population level.

Keywords

Seniors, age-friendly communities, community integration, social engagement