

Applicant

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Project Title

Exploring the complexity, management and health-related outcomes of disability, frailty and multimorbidity among community-dwelling older adults in Canada

Project Summary

The lifespan of Canadians is increasing because of improvements in clinical medicine and public health interventions. While an important achievement, living longer is not synonymous with good health. This results in life years that are deprived of full health due to disease and/or deficits, including living with disability, frailty and multiple chronic diseases. This also results in increased health care costs and decreased quality of life for an ageing population. The purposes of this research are to identify the frequency, management and health outcomes of living with disability, frailty and multimorbidity among community-dwelling older adults. This research will examine the degree of overlap between these three interrelated, but different concepts in ageing, and how this relates to management of these health states and health-related outcomes. These relationships will be assessed by age and sex, as well as by adjusting for sociodemographic information, geographic location, health behaviours, social environment.

Keywords

Disability, frailty, multimorbidity, complexity, management