

## **CLSA Approved Project**

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## **Project Title**

Understanding inequalities and inequities in health and wellness among older Canadians

## **Project Summary**

Achieving health equity (i.e., eliminating unfair health inequalities) is an important health policy goal in many jurisdictions, including Canada. Attaining health equity among older Canadians is a barometer for successful aging of the Canadian population. As the aging of the Canadian population accelerates, it is important to understand heterogeneity in various aspects of health and wellness that are considered to be constituent of successful aging and to respond to those inequalities that are judged to be ethically unacceptable. Using a new, national flagship study, the Canadian Longitudinal Study on Aging (CLSA), the proposed project aims to understand variation in health and wellness of older Canadians and to advance empirical methods for measuring health inequities among older Canadians.

## Keywords

Aging, Canadian Longitudinal Study on Aging, Health, Inequality, Inequity