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**Project Title**

Epidemiology of Menopause in Canada

**Project Summary**

Menopause is a common, and important life event. The age at natural menopause (ANM) is critical for women's health, given the outcomes associated with the earlier or later timing of menopause. Although hormone replacement therapy (HRT) has a clear role in the treatment of vasomotor symptoms (VMS) that occur during menopause, debate on its risks and benefits persists. More than a decade ago, HRT use rates have plummeted, however few data exist on its current rates in Canada. The predictors of ANM and HRT use vary across populations, however little is known about such factors in Canada. Using data from the CLSA, this study will 1) determine the prevalence and characteristics of women who have used HRT 2) estimate the average ANM and examine the factors associated with it.

**Keywords**

Menopause, HRT use, Women's Health