

**Applicant**

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**Project Title**

The effect of religious involvement on cognition in middle- to old-age adults: A cross-sectional analysis of the Canadian Longitudinal Study on Aging (CLSA)

**Project Summary**

We will use information collected from 50,000 middle- to old-age adults who live across Canada to study the association between religious involvement (RI) and cognition. We want to see if people who participate frequently in religious activities have better cognition (including memory) than people who participate less in religious activities.

**Keywords**

Aging, Cognition, Participation in Religious Activities