

Applicant

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Project Title

Measuring Frailty in Older Canadians: An Analysis of the Canadian Longitudinal Study on Aging (CLSA)

Project Summary

Frailty is a condition associated with a higher risk of health problems and disability. It becomes more common with aging. Despite the wide-spread use of the term, there is no agreement on how best to identify frail adults. Researchers have identified several factors that are commonly encountered in a person who is frail, such as weakness, slowed movement, weight loss, reduced mental ability, and inability to perform activities of daily living. The relative importance of these factors and the relationships among them are not well understood. The goal of this project is to use data from the CLSA to develop a way to reliably identify frail individuals and explore which factors are related to frailty. This information can be useful to healthcare professionals and health policy-makers. Hopefully it will eventually help improve both the quality of care of older Canadians and the efficiency of the use of health care resources.

Keywords

Aged; frail elderly; geriatric assessment; disability evaluation; terminology as topic