

Applicant

Dr. Xiangfei Meng, McGill University

E-mail Address

xiangfei.meng@mcgill.ca

Project Title

Exploring the relationship of COVID-19-related stressors and depression subtypes among Canadian aging populations: a longitudinal followed national cohort

Project Summary

Depression is a growing public health issue as the population aged 65 and older rapidly increases worldwide. The clinical heterogeneity of depression substantively hampers the development of etiology, diagnosis, treatment, and care. The prevalence of depression has dramatically increased in Canada and elsewhere since the outbreak of the pandemic. There is increasing recognition of the need to understand the psychological impact of COVID-19-related stressors on depression. However, to our knowledge, little is known about how COVID-19-related stressors influence depression subtypes. Additionally, because depressive symptoms vary from time to time, it is crucial to identify how depression subtypes changed before and after the outbreak of the COVID-19 pandemic and whether the stability of depression subtypes is linked with exposure to COVID-19-related stressors.

Keywords

COVID-19, depression, aging, CLSA, longitudinal, stressors