

## CLSA Approved Project

### **Applicant**

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### **Project Title**

The association between social isolation, functional social support, and memory in middle-aged and older-aged adults: An analysis of the Canadian Longitudinal Study on Aging

### **Project Summary**

This study seeks to examine the relationship between social isolation, functional social support, and memory in middle- and older-aged (45 to 85 years old) community-dwelling adults in Canada. Adjusting for sociodemographic factors, health comorbidities, and lifestyle variables, we will apply conditional process analysis to explore the role of functional social support as a mediator between social isolation and memory. Employing a longitudinal approach, the study will use data collected from the Canadian Longitudinal Study on Aging (CLSA) over a three-year period.

### **Keywords**

CLSA, social isolation, functional social support, memory