

**Applicant**

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**Project Title**

The changing landscape of work and retirement

**Project Summary**

With increasing life expectancy, and lower than expected savings versus the cost of living in retirement, the vision of the life stage of 'retirement' is evolving. The spectrum of choice for Canadians can involve choosing to remain at work, choosing full retirement and multiple choices on the spectrum between the two. With an aging population, employers also have concerns about maintaining a sustainable workforce to energize the Canadian economy. The study evaluates the attributes of those who choose to continue working and those who choose the alternatives to full-time work after retirement. It evaluates how life history and sociodemographic factors affect retirement quality, the retirement decision and how mental and physical health can contribute to the experience of retirement. Clarifying the rationale for choices in retirement status, and the effects of policy on the experience will aid policymakers in supporting a diverse, aging workforce for generations to come.

**Keywords**

older workers, retirement, life course, life satisfaction, white male retirement