

## **CLSA Approved Project**

### **Applicant**

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### **Project Title**

The association between religious participation, depression and memory in middle-aged and older-aged adults: An analysis of the Canadian Longitudinal Study of Aging

### **Project Summary**

Using baseline, three-year, and six-year follow-up data from the Canadian Longitudinal Study on Aging (CLSA), this project will examine the association between religious participation and changes in the memory domain of cognitive function in middle-aged and older (45-85 years of age) community-dwelling adults in Canada. The project will also investigate whether this association changes when taking into consideration sociodemographic variables such as age group, sex, health, education and income. The project will also examine whether depressive symptoms have an effect on the association between religious participation and changes in memory.

### **Keywords**

religious participation, memory, depression, CLSA