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Project Title
The Effects of Socioeconomic Deprivation, Housing and Neighbourhood Factors on Psychological Resilience Among Multimorbid Older Adults

Project Summary
This research aims to improve age-friendly interventions by examining the impact of social deprivation, housing and neighbourhood factors on the psychological resilience of older adults with multiple chronic illnesses, also known as multimorbidity. As social deprivation (low education, low income etc.) increases the risk of having multiple chronic illnesses, age-friendly interventions should find ways to address health inequalities in these settings. Age-friendly interventions often aim to improve older adults’ wellbeing by altering various housing and neighbourhood factors. Given that an increasing number of older adults’ experiences multimorbidity, it is important to examine how housing and neighbourhood factors affect multimorbid older adults in deprived neighbourhoods. Understanding these effects in various contexts will result in better age-friendly interventions, aimed at improving psychological resilience of multimorbid older adults, even in deprived neighbourhoods.

Keywords
Social determinants of health, Built environment, Neighbourhood, Multimorbidity, Deprivation