



CLSA Approved Project

Applicant

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Project Title

Age-Friendly Communities in Manitoba: Strengths and gaps

Project Summary

Over the last decade, there has been growing interest on the part of policy makers in making cities and communities more age-friendly. An age-friendly community is one in which the physical and social environment enable older adults to be safe, healthy, and participate in society. A wide range of features make a community age-friendly, such as aspects related to transportation and public spaces. Despite the growth of the age-friendly community movement in Canada and world-wide, we know little about the impacts and sustainability of age-friendly community initiatives. This project is part of a larger study that will examine these issues in Manitoba. The present project will examine how communities fare on age-friendly indicators derived from CLSA data, and whether communities that have been more versus less active in trying to become more age-friendly perform better in relation to age-friendly indicators and residents' participation, health, and well-being.

Keywords

Age-friendly communities, Social environment, Physical environment, Health and well-being