Engaging in Research on Aging: How trainees and researchers connect with the Canadian Longitudinal Study on Aging (CLSA)

Panelists:

Susan Kirkland
CLSA Co-principal Investigator, University Research Professor, Dalhousie University

Jacqueline McMillan
Co-lead CLSA Calgary Site, Clinical Assistant Professor of Geriatric Medicine, University of Calgary

Nicole Basta
Infectious Disease Epidemiologist, Associate Professor, School of Population and Global Health, McGill University

Carly Whitmore
PhD Student, Vanier Canada Scholar, School of Nursing, McMaster University

June 30, 2020
1 pm - 2 pm EDT

www.clsaelcv.ca
Engaging in Aging: How trainees and researchers connect with the CLSA

Dr. Susan Kirkland, Dalhousie University

CLSA Co-principal Investigator
Professor and Head of the Department of Community Health & Epidemiology
University Research Professor

CLSA Connection: Scientific Management Team; Dalhousie Site Lead (DCS and CATI); Oversight for Ethics and REB, CATI, Data and Sample Access Committee Liaison

Focus of CLSA research: Healthy Aging, lay perspectives on aging, frailty, caregiving, use of assistive devices, equity and aging, COVID-19

“The CLSA has been a major part of my research and academic career since 2001. As an epidemiologist it has been a once-in-a-lifetime experience to design a study of this magnitude, and then implement it. Going forward, as longitudinal data becomes available the CLSA becomes increasingly valuable as a national and international resource.”
Engaging in Aging: How trainees and researchers connect with the CLSA

- Rich history of collaboration in the aging field in Canada
- **Come together around important issues:** COVID-19 is a recent example
- Data are available, accessible to the research community
- **Support student opportunities:** Thesis research, Summer Program on Aging (SPA), Consortium on Analytics for Data-Driven Decision-Making (CAnD3): Developing Talent for Population Analytics in Aging Societies
- **Join a committee:** Data and Sample Access Committee, Publications Committee
- **Contribute to a working group:** Social, Psychology, Lifestyle, Clinical, Biology, Methodology
- **Start a research group:** Engage with local investigators, national investigators via projects
- **Resources:** Website, webinars, social media
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Dr. Jacqueline McMillan, University of Calgary

Clinical Assistant Professor, Department of Medicine, Section of Geriatric Medicine

CLSA Connection: Co-lead CLSA Calgary Site and CLSA COVID-19 study

“The CLSA contains a bounty of data related to all aspects of aging. As a geriatrician I am acutely aware of the multidisciplinary nature of care of the older adult and the CLSA is the ideal platform for answering a myriad of research questions related to human aging.”
“If you want to go fast, go alone. If you want to go far, go together.”
“When a door closes, open it. It’s a door. That’s how they work.”
Engaging in Aging:
How trainees and researchers connect with the CLSA

Dr. Nicole Basta, McGill University
Associate Professor, Department of Epidemiology, Biostatistics, and Occupational Health, School of Population and Global Health
Infectious Disease Epidemiologist

“Preventing infectious diseases is an important part of healthy aging. The CLSA provides a unique opportunity to identify ways to reduce the burden of infections that disproportionately affect older adults.”
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- **CLSA Data Access Request**: “Assessing Influenza and Pneumococcal Vaccine Uptake among Canadian Adults: Identifying Opportunities to Improve Vaccination”

- **COVID-19 Study**: Contributing to study design and proposal development for the CLSA COVID-19 survey and serological study

- **CLSA COVID-19 Survey**: Developing an online results dashboard
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Carly Whitmore, McMaster University

PhD Student, School of Nursing
Vanier Canada Graduate Scholar

Co-lead CLSA Approved Project: Understanding Self-reported Health Among Community-dwelling Older Adults with Multimorbidity and Depressive Symptoms: A mixed methods study

“Using CLSA data as a graduate student poses not only a fantastic opportunity to use rich, comprehensive, multidisciplinary data in your research work, but also presents an incredible opportunity to be part of a broader research community.”
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Advantages to Using CLSA Data as a Trainee:

• Comprehensive, rich, multidisciplinary data
• Basis for further/additional inquiry
• Free(!)
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Engaging with CLSA as a Trainee:

• Data access application
• Collaboration opportunities
• Funding opportunities
• Building your career & network
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Q&A
Thanks for tuning in.
Join us **September 2020** when the CLSA Webinar Series resumes.

Register: bit.ly/clsa-webinars