Chronic Conditions and Health Care Utilization in Canadians aged 45-85: CCHS-CLSA Healthy Aging

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CCHS-CLSA Healthy Aging

Participants were asked to share:

- Their contact information with the CLSA (for recruitment)
- Their survey responses with the CLSA (for analysis)

20,087 (76.3%) of Eligible Participants provided data to CLSA

Contact + Survey: N=30,865
Survey Only: N=26,248
Contact Only: N=4,617
Neither: N=5,634

45-85:
- Contact + Survey: N=11,742
- Survey Only: N=8,345
- Contact Only: N=527
- Neither: N=5,634

>85:
- N=4,617
A survey weight corresponds to the number of persons in the entire population that an individual respondent represents.

- **20,087**
  - CCHS-CLSA

- **13,232,651**
  - Canadian Population 45-85
Chronic Disease

Provinces

Percentage

Mood Disorder

Anxiety

Provinces

Canadian Longitudinal Study on Aging
Étude longitudinale canadienne sur le vieillissement
<table>
<thead>
<tr>
<th>Provinces:</th>
<th>None</th>
<th>GP</th>
<th>Eye specialist</th>
<th>Specialist physician</th>
<th>Nurse</th>
<th>Dentist</th>
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<tbody>
<tr>
<td>Newfoundland and Labrador</td>
<td>3.5</td>
<td>91.5</td>
<td>41.6</td>
<td>35.3</td>
<td>10.6</td>
<td>45.6</td>
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<td>Prince Edward Island</td>
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<td>89.3</td>
<td>52.5</td>
<td>33.0</td>
<td>11.6</td>
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<td>90.3</td>
<td>46.1</td>
<td>31.7</td>
<td>7.2</td>
<td>66.1</td>
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<td>48.1</td>
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<td>36.9</td>
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<tr>
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<td>46.5</td>
<td>33.1</td>
<td>6.4</td>
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<tr>
<td><strong>Total</strong></td>
<td>3.0</td>
<td>87.4</td>
<td>47.4</td>
<td>35.8</td>
<td>9.9</td>
<td>69.9</td>
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</table>
Potential Analyses: Chronic Conditions

SNAPSHOT (CCHS-CLSA)

- What is the prevalence of selected diseases in Canadians 45-85 years of age?
- What lifestyle, psychological and social factors are associated with selected diseases in the Canadian population?

LONGITUDINAL (CLSA)

- How is the prevalence of selected diseases and overall disease burden changing over time?
- What is the incidence of selected diseases?
- What lifestyle, psychological and social factors are determinants of selected diseases?
- How do lifestyle, psychological and social factors influence the course of selected diseases and their outcomes?
CCHS-CLSA Healthy Aging
A Rich Source of Data

CCHS-CLSA: Current Landscape of Chronic Diseases

CLSA

- Examine Transitions and Trajectories of Chronic Diseases
- Study Chronic Diseases as Outcomes AND as Risk Factors and Mediators of Other Diseases
- Are the Risk Factors for Today’s Seniors the Same as for the Baby Boom Generation