



# Canadian Longitudinal Study on Aging: Advancing the Science of Population Health and Aging through Interdisciplinary Research

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# Population Totals in Canada by Age Group and Year

| AGE                | MALES           | BOTH SEXES      | FEMALES         |
|--------------------|-----------------|-----------------|-----------------|
| 80+                | 229898          | 670192          | 440294          |
| 75-79              | 255599          | 622194          | 366595          |
| 70-74              | 364298          | 833991          | 469693          |
| 65-69              | 497996          | 1084588         | 586592          |
| 60-64              | 578596          | 1190087         | 611491          |
| 55-59              | 618096          | 1238387         | 620291          |
| 50-54              | 673295          | 1339986         | 666691          |
| 45-49              | 844194          | 1674182         | 829988          |
| 40-44              | 1076892         | 2138777         | 1061885         |
| 35-39              | 1173491         | 2344675         | 1171184         |
| 30-34              | 1311991         | 2597873         | 1285882         |
| 25-29              | 1282190         | 2528572         | 1246382         |
| 20-24              | 1067593         | 2108978         | 1041385         |
| 15-19              | 984993          | 1925780         | 940787          |
| 10-14              | 980292          | 1912979         | 932687          |
| 5-9                | 998293          | 1953079         | 954786          |
| 0-4                | 1000393         | 1953280         | 952887          |
| <b>1991 TOTALS</b> | <b>13938100</b> | <b>28117600</b> | <b>14179500</b> |

# The CLSA

**The CLSA is the largest and most comprehensive study on aging ever undertaken in Canada:**

- 50,000 Canadians between 45-85 years of age
- Followed for 20 years and beyond with data collection every 18 months.

## **Overall Goals of the CLSA:**

- Better understanding of the complex interplay among many determinants of health including gene-gene and gene-environment interactions
- Collecting information on changing biological, medical, psychological, social, lifestyle and economic aspects of people's life as they age
- Contribute to the identification of modifiable factors that can be used to develop interventions to improve the health of Canadians

# Our Vision

A research platform – infrastructure to enable state-of-the-art, interdisciplinary population-based *research* and *evidenced-based* decision-making that will lead to better health and quality of life for Canadians.



# Collaborations and Partnership Development

- CLSA is a national research collaboration
- Multidisciplinary team of 160 researchers in 26 institutions across Canada
- Identify and prioritize potential partner groups such as producers of knowledge, funders, policy makers, private sector, patient and disease advocacy groups, public/community senior groups, promoters/champions
- Develop unique models that serve multiple partners e.g. consortium approach
- Leverage private partnerships with existing funding programs e.g. CIHR-Rx&D



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**[www.clsa-elcv.ca](http://www.clsa-elcv.ca)**

