CLSA Webinar Series

Association of menopausal status with metabolic syndrome and depression: CLSA baseline findings

Dr. Marie K. Christakis, University of Toronto
Dr. Alison Shea, McMaster University

1 to 2 pm ET | September 24, 2020

This webinar will showcase two studies investigating menopause using cross-sectional baseline data collected from the Canadian Longitudinal Study on Aging (CLSA). The first study, led by Dr. Alison Shea of McMaster University, explored the association between menopause status, hormone therapy (HT) use and the presence of depression among 13,216 women aged 45-64 in the CLSA. The second study, led by Dr. Marie Christakis of the University of Toronto, evaluated whether menopause is an independent risk factor for the development of metabolic syndrome (MetS) or its components, including hypertension, central obesity, dyslipidemia (abnormal levels of lipids in the blood) or elevated glycated hemoglobin. This study conducted an analysis of 12,611 of women aged 45-85 in the CLSA Comprehensive Cohort.

Dr. Christakis received her medical degree from McMaster University and completed her residency training in Obstetrics and Gynecology at the University of Toronto followed by a fellowship in Menopause and Mature Women's Health. Her clinical interests include menopause, premature ovarian insufficiency and vulvar diseases. Her research interests include the interactions between menopause and obesity, metabolic syndrome and cardiovascular risks. Dr. Shea received her medical degree from the University of Ottawa and completed her residency training in Obstetrics and Gynecology at the University of Toronto. Following this, she completed a fellowship in Menopause and Reproductive Mental Health.
Her research is focused on mental health during reproductive life transitions.

Webinars will be broadcast using WebEx.
Further instructions will be sent by email.

Register online at: bit.ly/clsawebinars

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Canadian Longitudinal Study on Aging
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