Community ambulation is an important aspect of social participation and quality of life for older adults. Being able to walk outside of one’s home enables an individual to attend social, leisure and work activities and contribute to daily physical activity. Community ambulation has been associated with good general health perception, however, many older adults do not walk outdoors frequently. This presentation will review the importance of community ambulation and describe some of the results of identifying factors that are associated with the frequency of community ambulation, using data from the Canadian Longitudinal Study on Aging. We will discuss the differences and similarities between the results for adults aged 45+, those with stroke, and those with osteoarthritis. Implications for future research as well as for community and rehabilitation programs will be discussed.

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