

CLSA Webinar Series



Using the CLSA to understand the role of mobility testing in fall risk assessment for community dwelling older adults

Dr. Marla Beauchamp, PhD, PT, McMaster University

Dr. Ayse Kuspinar, PhD, PT, McMaster University

12 pm to 1 pm ET | November 28, 2019

This webinar will provide an evidence-based synthesis of the role of balance and mobility testing for fall risk assessment in older adults. An overview of clinical practice guidelines for fall prevention in older adults will be provided along with a brief synthesis of evidence to date on the most commonly used tests for first-level screening. Using data from the Canadian Longitudinal Study on Aging, we will present new results on the accuracy of commonly used mobility tests for fall risk screening.

Dr. Marla Beauchamp is a physical therapist and assistant professor in the School of Rehabilitation Science at McMaster University. Her research focuses on rehabilitative strategies to enhance mobility among older adults and those with chronic disease.

Dr. Ayse Kuspinar is a physiotherapist and assistant professor in the School of Rehabilitation Science at McMaster University. Her research focuses on the monitoring of health outcomes that are important to people with chronic diseases and older adults, the development of new tools using modern measurement methods, and reliability/validity testing of existing tools.

Webinars will be broadcast using WebEx.
Further instructions will be sent by email.

Register online at:
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Canadian Longitudinal Study on Aging
Étude longitudinale canadienne sur le vieillissement

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