CLSA Webinar Series

Disability-Associated Multimorbidity Including Mental Health Conditions: A Cross-sectional Analysis of Canadian Population-Based Data

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12 pm to 1 pm ET | March 28, 2019

Depression is a common mental health disorder and results in more years of life lost to disability than any other illness. Multimorbidity, the coexistence of two or more conditions, is a global health burden linked with a greater risk of death, disability and hospitalization. Mental disorders such as depression that co-exist with other physical conditions may be the "perfect storm" in relation to disability. Recent studies show that associations of physical health with disability are stronger when mental disorders are present.

This webinar will focus on the analysis of data from 50,000 participants in the Canadian Longitudinal Study on Aging, exploring how mental disorders coexisting with other chronic conditions shape disability. Disability rates and the odds of disability are compared for people with and without mental disorders, while controlling for the level of multimorbidity and other socio-demographic factors.

**Register online at:
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Further instructions will be sent by email.

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