

CLSA Webinar Series



Characteristics of Caregivers and Care receivers in the Canadian Longitudinal Study on Aging (CLSA)

Debra Sheets, PhD, University of Victoria

12 pm to 1 pm ET | February 19, 2019

Caregiving has become a common role for Canadian families as the numbers of older adults with comorbidity, disability and frailty who need help with daily activities (e.g. meal preparation, transportation) continues to grow. The CLSA is the first longitudinal study to collect data on Canadian caregivers and care receivers. It offers a unique opportunity to examine patterns of caregiving and care receiving (e.g., who provides care, what types of care, and more).

This presentation examines patterns of caregiving and care receiving by sociodemographic characteristics, self-reported health, and type of care given/received (e.g. IADL/ADL, chronic conditions). In addition, descriptive statistics explore the relationship of caregiving and care receiving with quality of life indicators (e.g., social activities and life satisfaction).

All results are based on a subsample of CLSA participants who report providing care, receiving care, or being both caregivers and care receivers.

Register online at:
bit.ly/clsawebinars

Webinars will be broadcast using WebEx.
Further instructions will be sent by email.



Canadian Longitudinal Study on Aging
Étude longitudinale canadienne sur le vieillissement

www.clsa-elcv.ca

