

CLSA Webinar Series



Grip Strength as an Indicator for the Assessment of Health Equity Among Older Adults

Dr. Yukiko Asada, Dalhousie University

12 to 1 p.m. ET | April 24, 2018

Grip strength is touted as an objective, easily measured indicator of health in aging populations. A successfully aging population has both a good overall health and a fair distribution of health (health equity). In this study, presented by Dr. Yukiko Asada, the research team investigates the usefulness of grip strength in the assessment of health equity among older adults.

Using baseline data from the CLSA comprehensive sample of adults aged 45-85 years (N=26,562), the team quantifies the magnitude of inequality in grip strength among older adults using the Gini coefficient, and examines what factors explain inequality in grip strength using sex-stratified regression and regression-based inequality decomposition. The team emphasizes the importance of clarifying what grip strength is measuring and which factors associated with grip strength should be considered unfair.

Register online at <http://bit.ly/clsawebinars>



Canadian Longitudinal Study on Aging
Étude longitudinale canadienne sur le vieillissement

Webinars will be broadcast using WebEx
Further instructions will be sent by email

www.clsa-elcv.ca

