

C̦anadian Longitudinal Study on Aging Étude longitudinale canadienne sur le vieillissement

# In-Home Questionnaire (Follow Up 1) 

v1.4, 2018 May 25

## Examples of variable names as shown in the datasets.



## Table of Contents

Page
Socio-Demographic Characteristics (SDC) ..... 5
Gender Identity (GED) ..... 7
Home Ownership (OWN) ..... 8
Education (ED) ..... 10
Smoking (SMK) ..... 11
Alcohol Use (ALC) ..... 16
General Health (GEN) ..... 20
Subjective Cognitive Decline (SCD) ..... 23
Physical Activities (PA2) ..... 24
Nutrition: Short Diet Questionnaire (NUT) ..... 38
Women's Health (WHO) ..... 60
Basic Activities of Daily Living (ADL) ..... 66
Instrumental Activities of Daily Living (IAL) ..... 72
Cognition (COG) ..... 78
Life Space Index (LSI). ..... 96
Satisfaction with Life Scale (SLS) ..... 100
Loneliness Scale (LON) ..... 106
Care Receiving 1/ Formal Care (CR1) ..... 106
Care Receiving 2/ Informal Care (CR2) ..... 111
Care Giving (CAG) ..... 118
Injuries (INJ) ..... 122
Falls (FAL) ..... 127
Retirement Status (RET) ..... 131
Pre-Retirement Labour Force Participation (LFP) ..... 133
Labour Force (LBF) ..... 136
Work Limitations Questionnaire (WLQ) ..... 139
Retirement Planning (RPL) - abbreviated version ..... 140
Income (INC) ..... 141
Medications (MEDI) ..... 145
Health Care Utilization (HCU) ..... 146
Unmet Health Care Needs (MET) ..... 150
Psychological Distress (K10) ..... 151
Personality Traits (PER) ..... 157
Transportation, Mobility, Migration (TRA) ..... 168
Built Environments (ENV) ..... 178
Social Inequality (SEQ) ..... 180
Wealth (WEA) ..... 181
Online Social Networking (INT) ..... 186
Childhood Maltreatment and Health across the Lifespan (CEX) ..... 191
Meta Memory (MEM) ..... 196
Preventative Health Behaviours (PHB) ..... 203

## Socio-Demographic Characteristics (SDC)

| SDC_01 | SDC_RELGCP_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Compared to three years ago, would you say that you are...? |  |  |
| INTERVIEWER INSTRUCTIONS: IF THE PARTICIPANT WAS NEVER RELIGIOUS "EQUALLY" WOULD <br> APPLY |  |  |
| MORE_RELIGIOU | 01 | More religious and/or spiritual |
| NO_CHANGE | 02 | Equally as religious and/or spiritual |
| LESS_RELIGIOU | 03 | Less religious and/or spiritual |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SDC_02 | SDC_RELGFQ_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| In the past 12 months, how often did you engage in religious or spiritual activities (including prayer, meditation) <br> taking place at home or in any other location? |  |  |
| INTERVIEWER INSTRUCTIONS: IF THE PARTICIPANT WAS NEVER RELIGIOUS "NOT AT ALL" WOULD <br> APPLY |  |  |
| ONCE_DAY | 01 | At least once a day |
| ONCE_WEEK | 02 | At least once a week |
| ONCE_MONTH | 03 | At least once a month |
| THREE_TIMES_YEAR | 04 | At least 3 times a year |
| ONCE_TWICE_YEAR | 05 | Once or twice a year |
| NOT_AT_ALL | 06 | Not at all |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SDC_03 | SDC_MRTL_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| What is your current marital/partner status? |  |  |
| INTERVIEWER INSTRUCTIONS: WE NEED TO CONFIM / UPDATE MARITAL STATUS BECAUSE SOME <br> QUESTIONS IN THE SURVEY ARE ASKED DEPENDING ON MARITAL / PARTNER STATUS |  |  |
| SINGLE | 01 | Single, never married or never lived with a partner |
| COMMON_LAW | 02 | Married/living with a partner in a common-law relationship |
| WIDOWED | 03 | Widowed |
| DIVORCED | 04 | Divorced |
| SEPARATED | 05 | Separated |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SDC_04 | SDC_ORTN_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| Do you consider yourself to be: Heterosexual? Homosexual? Bisexual? |  |  |
| BY CORRECCTLY ADDRESSING SEX, GENDER IDENTITY AND SEXUAL ORIENTATION WE HAVE AN <br> OPPORTUNITY TO EXAMINE THEIR IMPACT ON AGING AND HEALTH. |  |  |
| HETEROSEXUAL | 01 | Heterosexual? (sexual relations with people of the opposite sex) |
| HOMOSEXUAL | 02 | Homosexual, that is lesbian or gay? (sexual relations with people of <br> your own sex) |
| BISEXUAL | 03 | Bisexual? (sexual relations with people of both sexes) |
| NOT_ABOVE | 04 | Does not identify as any of the above responses |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

SDC_END

## Gender Identity (GED)

| Overview | By gender identity, we mean the inner sense that you have of yourself as being male or <br> female. Gender identity can be different from your identified sex at birth or your sexual <br> orientation, and it can change over time. |
| :--- | :--- |


| GED_01 | SDC_CURRSEX_COF1 |  |  |
| :---: | :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |  |
| What is your current gender identity? |  |  |  |
| BY CORRECTLY ADDRESSING SEX, GENDER IDENTITY AND SEXUAL ORIENTATION WE HAVE AN OPPORTUNITY TO EXAMINE THEIR IMPACT ON AGING AND HEALTH. |  |  |  |
| MALE |  | 01 | Male |
| FEMALE |  | 02 | Female |
| TRANSMAN |  | 03 | Transgender Man/Transman |
| TRANSWOMAN |  | 04 | Transgender Woman/Trans |
| GENDERQUEER |  | 05 | Genderqueer |
| OTHER |  | 97 | Other |
| DK_NA |  | 98 | [DO NOT READ] Don't know |
| REFUSED |  | 99 | [DO NOT READ] Refused |
| GED_01a | SDC_CURRSEX_OTSP_COF1 |  |  |
| [ASK IF SDC_CURRSEX_COF1 = OTHER] |  |  |  |
| Other (please specify: ___) |  |  |  |
| SDC_CUR | X_OTSP1_COF |  | [OPEN TEXT VARIABLE] |


| GED_02 | SDC_BTHSEX_COF1 |
| :--- | :--- |
| [ALWAYS ASK] |  |
| What was your sex at birth? |  |
| INTERVIEWER INSTRUCTIONS: "SEX" REFERS TO THE BIOLOGICAL AND PHYSIOLOGICAL |  |
| CHARACTERISTICS THAT DEFINE MEN AND WOMEN. "GENDER" REFERS TO THE SOCIALLY |  |
| CONSTRUCTED ROLES, BEHAVIOURS, ACTIVITIES, AND ATTRIBUTES THAT A GIVEN SOCIETY |  |
| CONSIDERS APPROPRIATE FOR MEN AND WOMEN. THE INFORMATION WE ARE COLLECTING IS |  |
| REGARDING THE PERSON'S SEX AT BIRTH. |  |
| MALE | 01 |
| FEMALE | 02 |
| Male |  |
| DK_NA | 08 |
| REFUSED | 09 |

GED_END

## Home Ownership (OWN)

| Overview |
| :--- |
|  |
|  |
|  |
|  |

In this module, respondents are asked to provide information about their home ownership status, the value of their home, and the value of their mortgage.

It is important to capture information on home ownership, as quality of life for older persons is influenced by their assets and debts, not just income, and home ownership is a major asset for many. The information in this module, combined with information from the income module, will help researchers to understand the general financial situation of older Canadians and to assess its impact on their health.

The next questions are about your current home.


| OWN_2 | OWN_OWN_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF OWN_DWLG_COF1\#INSTITUTION] |  |  |
| Do you (or your spouse/partner) own or rent your dwelling? |  |  |
| CODE ONLY ONE RESPONSE | 01 | Own |
| OWN | 02 | Rent |
| RENT | 97 | Other |
| OTHER | 98 | [DO NOT READ] Don't know/No answer |
| DK_NA | 99 | [DO NOT READ] Refused |
| REFUSED | OWN_2a <br> OWN_OWN_OTSP_COF1 <br> [ASK IF OWN_DWLG_COF1 = OTHER] <br> Other (please specify:__) <br> OWN_OWN_OTSP1_COF1 |  |


| OWN_3 | OWN_MRTG_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF OWN_OWN_COF1 = OWN] |  |  |
| Is this with a mortgage or is your mortgage paid off completely? |  |  |
| INTERVIEWER INSTRUCTION: IF THE DWELLING NEVER HAD A MORTGAGE OR WAS RECEIVED |  |  |
| AS A GIFT OR AN INHERITANCE, SELECT 'PAID OFF COMPLETELY' |  |  |
| WITH_MORTGAGE | 01 | With mortgage |
| PAID_OFF | 02 | Paid off completely |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## Education (ED)

| Overview | The purpose of this section is to collect education data about our population. |
| :--- | :--- |


| ED_1 | ED_OTED_COF1 |  |
| :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |
| Since your initial interview; Have you received any other education that could be counted towards a degree, certificate, or diploma from an educational institution? |  |  |
| INTERVIEWER INSTRUCTION: WE HAVE ALREADY COLLECTED THEIR EDUCATION HISTORY, WHAT WE ARE LOOKING FOR IS ANY ADDITIONAL EDUCATION SINCE BASELINE. |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## ED_END

## Smoking (SMK)

| Overview | This module includes a series of questions about current smoking habits. Questions are asked <br> about frequency of smoking, number of cigarettes smoked in a day. <br> Because tobacco use is one of the leading causes of illness and death in Canada, it is important <br> to examine this issue among Canadians as they age. |
| :--- | :--- |
| Information from this module is important for understanding the health consequences of smoking <br> as people age. <br> Note: This module covers smoking cigarettes. Pipe and cigar smoking should not be included in <br> this module. |  |


| SMK_1 | SMK_CURRCG_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| At the present time, do you smoke cigarettes daily, occasionally or not at all? |  |  |
| READ LIST IF NECESSARY; CODE ONLY ONE RESPONSE |  |  |
| DAILY_PAST_30_DAYS | 01 | Daily (at least one cigarette every day for the past 30 days) |
| OCCASIONALLY | 02 | Occasionally (at least one cigarette in the past 30 days, but not every <br> day) |
| NOT_AT_ALL | 03 | Not at all (you did not smoke at all in the past 30 days) |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |



| SMK_3 | SMK_LST30_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF SMK_CURRCG_COF1 = OCCASIONALLY] |  |  |
| On how many of the last 30 days did you smoke at least one cigarette? |  |  |
| READ LIST IF NECESSARY; CODE ONLY ONE RESPONSE |  |  |
| 1_5_DAYS | 01 | 1-5 days |
| 6_10_DAYS | 02 | 6-10 days |
| 11_20_DAYS | 03 | 11-20 days |
| 21_29_DAYS | 04 | 21-29 days |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SMK_4 | SMK_NB30_COF1 |  |  |
| :---: | :---: | :---: | :---: |
| [ASK IF SMK_CURRCG_COF1 = OCCASIONALLY] |  |  |  |
| On the days that you smoked, how many cigarettes did you usually smoke? |  |  |  |
| READ LIST IF NECESSARY; CODE ONLY ONE RESPONSE |  |  |  |
| 1_5_CIGARETTES |  | 01 | 1-5 cigarettes |
| 6_10_CIGARETTES |  | 02 | 6-10 cigarettes |
| 11_15_CIGARETTES |  | 03 | 11-15 cigarettes |
| 16_20_CIGARETTES |  | 04 | 16-20 cigarettes |
| 21_25_CIGARETTES |  | 05 | 21-25 cigarettes |
| 26_OR_MORE_CIGARETTES |  | 06 | 26 or more cigar |
| DK_NA |  | 08 | [DO NOT READ |
| REFUSED |  | 09 | [DO NOT READ |
| SMK_4a | SMK_NB30_NB_COF1 |  |  |
| [ASK IF SMK_4 = 26_OR_MORE_CIGARETTES] |  |  |  |
| if 26 + how many |  |  |  |
| SMK_NB30_NB_COF1 |  |  | Record \# |


| SMK_5 | SMK_OTOCC_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| Do you currently use any other types of tobacco products? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SMK_6 | SMK_OTCURR_COF1 |  |  |
| :---: | :---: | :---: | :---: |
| [ASK IF SMK_OTOCC_COF1=YES] |  |  |  |
| What other types of tobacco products do you currently use? |  |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED (EXCEPT IF 98 OR 99 ARE SELECTED), CODE ALL THAT APPLY |  |  |  |
| SMK_OTCURR_CG_COF1 |  | 01 | Cigars |
| SMK_OTCURR_SM_COF1 |  | 02 | Small cigars (cigarillos) |
| SMK_OTCURR_PI_COF1 |  | 03 | Tobacco pipes |
| SMK_OTCURR_CH_COF1 |  | 04 | Chewing tobacco or snuff |
| SMK_OTCURR_PT_COF1 |  | 05 | Nicotine patches |
| SMK_OTCURR_GU_COF1 |  | 06 | Nicotine gum |
| SMK_OTCURR_BE_COF1 |  | 07 | Betel nut |
| SMK_OTCURR_PN_COF1 |  | 08 | Paan |
| SMK_OTCURR_SH_COF1 |  | 09 | Sheesha |
| SMK_OTCURR_OT_COF1 |  | 97 | Other |
| SMK_OTCURR_DK_NA_COF1 |  | 98 | [DO NOT READ] Don't know |
| SMK_OTCURR_REFUSED_COF1 |  | 99 | [DO NOT READ] Refused |
| SMK_6a | SMK_OTCURR_OTSP_COF1 |  |  |
| [ASK IF SMK_OTCURR_COF1 = OTHER] |  |  |  |
| Other (please specify: ___ |  |  |  |
| SMK_OTCURR_OTSP1_COF1 |  |  | PEN TEXT VARIABLE] |


| SMK_7 | SMK_HOME_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| At home, how often are you usually exposed to other people's tobacco smoke inside your home? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| DAILY | 01 | Everyday |
| ALMOST_EVERYDAY | 02 | Almost every day |
| AT_LEAST_ONCE_WEEK | 03 | At least once a week |
| AT_LEAST_ONCE_MONTH | 04 | At least once a month |
| LESS_THAN_ONCE_MONTH | 05 | Less than once a month |
| NEVER | 06 | Never |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SMK_8 | SMK_ACTV_COF1 |
| :--- | :--- |

## [ALWAYS ASK]

During leisure activities outside of your home, how often are you usually exposed to other people's tobacco smoke?

## READ LIST, CODE ONLY ONE RESPONSE

| DAILY | 01 | Everyday |
| :--- | ---: | :--- |
| ALMOST_EVERYDAY | 02 | Almost every day |
| AT_LEAST_ONCE_WEEK | 03 | At least once a week |
| AT_LEAST_ONCE_MONTH | 04 | At least once a month |
| LESS_THAN_ONCE_MONTH | 05 | Less than once a month |
| NEVER | 06 | Never |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SMK_9 | SMK_ECIGAR_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Have you ever tried an electronic cigarette, also known as an e-cigarette? |  |  |
| E-cigarette is a device used to simulate the experience of smoking, having a cartridge with a heater <br> that vaporizes liquid nicotine instead of burning tobacco. <br> YES 01 | Yes |  |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SMK_10 | SMK_LSTECIGAR_CO1 |  |
| :--- | :--- | :--- |
| [ASK IF SMK_ECIGAR_COF1 $=$ YES] |  |  |
| The last time you used an e-cigarette, did it contain nicotine? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| UNCERTAIN | 03 | Don't know |
| REFUSED | 09 | [DO NOT READ] Refused |

## SMK_END

## Alcohol Use (ALC)

| Overview |
| :--- |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |

This module includes questions about how often the respondent drinks alcohol and the frequency of drinking heavily (defined as 5 drinks or more). Alcohol includes red or white wine, beer, spirit or liquor, and other kinds of alcohol including sake, cider, sparkling wine, rose, etc.

Consumption of alcohol has a number of implications for health. Excessive drinking is related to a number of diseases and social and mental health problems. Drinking is also an important cause of accidents and injuries. However, under some conditions moderate alcohol consumption might reduce risk of heart disease.

This module will be used to understand patterns of alcohol consumption and the health implications for older Canadians, including the relationship between alcohol consumption and chronic conditions.

Now, some questions about alcohol consumption. Alcohol includes red or white wine, beer, spirits or liquor, and other kinds of alcohol including sake, cider, sparkling wine, rose, etc.

| ALC_1 | ALC_EVER_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
|  |  |  |
| Have you ever drank alcohol? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## ALC_2 ALC_FREQ_COF1

[ASK IF ALC_EVER_COF1 = YES]
About how often during the past 12 months did you drink alcohol?
READ LIST, CODE ONLY ONE RESPONSE

| ALMOST_EVERY_DAY | 01 | Almost every day (incl. 6 times a week) |
| :--- | ---: | :--- |
| 4_5_TIMES_WEEK | 02 | 4-5 times a week |
| 2_3_TIMES_WEEK | 03 | 2-3 times a week |
| ONCE_WEEK | 04 | Once a week |
| 2_3_TIMES_MONTH | 05 | 2-3 times a month |
| ABOUT_ONCE_MONTH | 06 | About once a month |
| LESS_ONCE_MONTH | 07 | Less than once a month |
| NEVER | 96 | Never |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |

## ALC_3 ALC_WD_NB_COF1

[ASK IF ALC_EVER_COF1 = YES]
In a typical week during the past 12 months, how many drinks of each of the following do you drink from Sundays through Thursdays?
INTERVIEWER INSTRUCTION: PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER

REMIND PARTICIPANTS OF TIMING (I.E., PAST 12 MONTHS ON WEEKDAYS) AS REQUIRED FOR THOSE PARTICIPANTS WHO INDICATED ONLY "MONTHLY CONSUMPTION" ASK "ON THE DAYS THAT YOU DID DRINK"

A DRINK MEANS ONE GLASS OF WINE OR A WINE COOLER (142 ML, 5 OUNCES), ONE BOTTLE OR CAN OF BEER OR A GLASS OF DRAFT ( $341 \mathrm{ML}, 12$ OUNCES), ONE STRAIGHT OR MIXED DRINK WITH $11 / 2$ OUNCES OF LIQUOR
> Example if Sally Joe consumes two beers on Monday and consumes two beers on Thursday the total amount of alcohol consumed would be four NOT two

| ALC_RDWD_NB_COF1 | Red wine | (number) MASK: $\mathbf{M I N}=\mathbf{0 0}, \mathbf{M A X}=\mathbf{9 0}$ |
| :--- | :--- | ---: |
| ALC_WHWD_NB_COF1 | White wine | (number) MASK: $\mathbf{M I N}=\mathbf{0 0}, \mathbf{M A X}=\mathbf{9 0}$ |
| ALC_BRWD_NB_COF1 | Beer | (number) MASK: $\mathbf{M I N}=\mathbf{0 0 ,} \mathbf{M A X = 9 0}$ |
| ALC_LQWD_NB_COF1 | Liquor | (number) MASK: $\mathbf{M I N}=\mathbf{0 0}, \mathbf{M A X}=\mathbf{9 0}$ |
| ALC_OTWD_NB_COF1 | Other alcohol | (number) MASK: $\mathbf{M I N}=\mathbf{0 0}, \mathbf{M A X}=\mathbf{9 0}$ |

```
ALC_4 ALC_WE_NB_COF1
```

```
[ASK IF ALC_EVER_COF1 = YES]
```

```
[ASK IF ALC_EVER_COF1 = YES]
```

In a typical week during the past 12 months, how many drinks of each of the following do you drink on Fridays and Saturdays?

## INTERVIEWER INSTRUCTION: PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER

REMIND PARTICIPANTS OF TIMING (I.E., PAST 12 MONTHS ON WEEKENDS) AS REQUIRED FOR THOSE PARTICIPANTS WHO INDICATED ONLY "MONTHLY CONSUMPTION" ASK "ON THE DAYS THAT YOU DID DRINK"

A DRINK MEANS ONE GLASS OF WINE OR A WINE COOLER (142 ML, 5 OUNCES), ONE BOTTLE OR CAN OF BEER OR A GLASS OF DRAFT ( $341 \mathrm{ML}, 12$ OUNCES), ONE STRAIGHT OR MIXED DRINK WITH $11 / 2$ OUNCES OF LIQUOR
> Example if Sally Joe consumes two beers on Friday and consumes two beers on Saturday the total amount of alcohol consumed would be four NOT two

| ALC_RDWE_NB_COF1 | Red wine | (number) MASK: MIN=00, MAX=90 |
| :--- | :--- | ---: |
| ALC_WHWE_NB_COF1 | White wine | (number) MASK: MIN=00, MAX=90 |
| ALC_BRWE_NB_COF1 | Beer | (number) MASK: MIN=00, MAX=90 |
| ALC_LQWE_NB_COF1 | Liquor | (number) MASK: MIN=00, MAX=90 |
| ALC_OTWE_NB_COF1 | Other alcohol | (number) MASK: MIN=00, MAX=90 |


| ALC 5 | ALC_MLFQ_COF1 |  |  |
| :---: | :---: | :---: | :---: |
| [ASK IF ALC_EVER_COF1 = YES AND SEX = MALE] |  |  |  |
| About how often during the past 12 months would you say you had five or more drinks at the same sitting or occasion? |  |  |  |
| A DRINK MEANS ONE GLASS OF WINE OR A WINE COOLER (142 ML, 5 OUNCES), ONE BOTTLE OR CAN OF BEER OR A GLASS OF DRAFT ( $341 \mathrm{ML}, 12$ OUNCES), ONE STRAIGHT OR MIXED DRINK WITH $11 / 2$ OUNCES OF LIQUOR |  |  |  |
| ALMOST_EVERY_DAY |  | 01 | Almost every day (incl. 6 times a week) |
| 4_5_TIMES_WEEK |  | 02 | 4-5 times a week |
| 2_3_TIMES_WEEK |  | 03 | 2-3 times a week |
| ONCE_WEEK |  | 04 | Once a week |
| 2_3_TIMES_MONTH |  | 05 | 2-3 times a month |
| ABOUT_ONCE_MONTH |  | 06 | About once a month |
| LESS_ONCE_MONTH |  | 07 | Less than once a month |
| NEVER |  | 96 | Never |
| DK_NA |  | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED |  | 99 | [DO NOT READ] Refused |



| ALC_7 | ALC_HVST_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF ALC_EVER_COF1 $=$ YES] |  |  |
| How does your current consumption of alcohol compare to your heaviest period of drinking? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| SAME | 01 | About the same |
| LESS_HEAVIEST_PERIOD | 02 | Less than the heaviest period of drinking |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## ALC_END

## General Health (GEN)

| Overview | The general health module is used to collect data on self-perceived health, self- <br> perceived mental health, self-perceived stress and sense of belonging to the local <br> community. |
| :--- | :--- |
| Researchers are interested in these topics because they are good basic measures of <br> health status. They can also be used to predict other aspects of the respondent's health. <br> For example, respondents who describe their health as fair or poor are more likely to <br> have long-term health problems, to suffer from depression and to be heavy users of the <br> health care system. |  |

Next I am going to ask you some general questions about your health. By health, we mean not only the absence of disease or injury but also physical, mental, and social well-being.

| GEN_1 | GEN_HLTH_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| In general, would you say your health is excellent, very good, good, fair, or poor? |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| EXCELLENT | 01 | Excellent |
| VERY_GOOD | 02 | Very good |
| GOOD | 03 | Good |
| FAIR | 04 | Fair |
| POOR | 05 | Poor |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| GEN_2 | GEN_MNTL_COF1 |  |  |
| :--- | :--- | :--- | :---: |
| [ALWAYS ASK] |  |  |  |
| In general, would you say your mental health is excellent, very good, good, fair, or poor? |  |  |  |
| CODE ONLY ONE RESPONSE |  |  |  |
| EXCELLENT | 01 | Excellent |  |
| VERY_GOOD | 02 | Very good |  |
| GOOD | 03 | Good |  |
| FAIR | 04 | Fair |  |
| POOR | 05 | Poor |  |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |  |
| REFUSED | 09 | [DO NOT READ] Refused |  |


| GEN_3 | GEN_HLAG_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| I have talked with many adults and learned something from each of them about what they think promotes <br> healthy aging. What do you think makes people live long and keep well? |  |  |
| INTERVIEWER INSTRUCTIONS: RECORD PARTICIPANTS RESPONSE VERBATIM <br> FOR "DON'T KNOW / NO ANSWER" RECORD "98" FOR "REFUSED" RECORD "99" IN TEXT BOX |  |  |
| GEN_HLAG_TEXT_COF1 |  |  |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| GEN_4 | GEN_OWNAG_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| In terms of your own healthy aging, would you say it is excellent, very good, good, fair, or poor? |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| EXCELLENT | 01 | Excellent |
| VERY_GOOD | 02 | Very good |
| GOOD | 03 | Good |
| FAIR | 04 | Fair |
| POOR | 05 | Poor |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| GEN_5 | GEN_BRD_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| About how much time do you spend playing board games, cards, crossword puzzles, jigsaw puzzles, or <br> Sudoku? |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| EVERY_DAY | 01 | Every day |
| SEVERAL_TIMES_WEEK | 02 | Several times a week |
| SEVERAL_TIMES_MONTH | 03 | Several times a month |
| SEVERAL_TIMES_YEAR | 04 | Several times a year |
| ONCE_YEAR_OR_LESS | 05 | Once a year or less |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| GEN_6 | GEN_MUSC_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| About how much time do you spend playing a musical instrument or singing in a choir. |  |  |
|  |  |  |
| CODE ONLY ONE RESPONSE | 01 | Every day |
| EVERY_DAY | 02 | Several times a week |
| SEVERAL_TIMES_WEEK | 03 | Several times a month |
| SEVERAL_TIMES_MONTH | 04 | Several times a year |
| SEVERAL_TIMES_YEAR | 05 | Once a year or less |
| ONCE_YEAR_OR_LESS | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |

## GEN_END

## Subjective Cognitive Decline (SCD)

| Overview | The questions in this module ask participants about perceived changes in their <br> memory and whether this is of concern to them. These questions will be asked of all <br> participants. |
| :--- | :--- |
| Research suggests that these concerns might be an early indicator of a brain <br> disorder even when the person does well on testing. It is important to mention, <br> though, there are many other potential causes (for example, aging, personality traits, <br> effects of medical conditions and their treatment) for these changes, and many <br> people with them do not have evidence of a brain disorder and are not at risk of <br> progressing to more serious thinking problems. |  |
| With the information collected, we will be trying to determine when these concerns <br> represent the early stages of a brain disorder, what factors like age and personality <br> are associated with them, and what influences the likelihood of these changes <br> becoming worse over time. |  |


| PCM_1 | GEN_MEMO_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Do you feel like your memory is becoming worse? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PCM_2 | GEN_WORY_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF GEN_MEMO_COF1 = YES] |  |  |
| Does this worry you? |  |  |
| INTERVIEWER INSTRUCTION: READ LIST, CODE ONLY ONE RESPONSE |  |  |
| STRONGLY_AGREE | 01 | Strongly agree |
| AGREE | 02 | Agree |
| UNDECIDED | 03 | Undecided |
| DISAGREE | 04 | Disagree |
| STRONGLY_DISAGREE | 05 | Strongly disagree |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |
| PCM_END |  |  |

## Physical Activities (PA2)

This module is a modification of the Physical Activity Scale for the Elderly (PASE)© 1991 New England Research Institutes (NERI), 9 Galen Street, Watertown, MA 02472. The Canadian Longitudinal Study on Aging is licensed to administer the PASE, and received permission from the NERI.

| Overview | The questions in this module are drawn from the Physical Activity Scale of the Elderly <br> (PASE) and ask about light, moderate and strenuous activities, and exercise, in the past <br> 7 days. Questions also ask about household, work, and volunteer activities in the past 7 <br> days. <br> Importance of module: Answers to this module may be used to assess participants' <br> level of physical activity. Higher levels of activity are associated with better health. |
| :--- | :--- |

Now l'd like to ask you about your level of physical activity. The following questions are about leisure activities, household activities, and work and volunteer activities done over the past 7 days. Some of these questions may not apply to you but we need to ask the same questions of everyone.

| PA2_1 | PA2_SIT_COF1 |
| :--- | :--- |

## [ALWAYS ASK]

Over the past 7 days, how often did you participate in sitting activities such as reading, watching TV, computer activities or doing handicrafts? Would you say...

## READ LIST; CODE ONLY ONE RESPONSE

| NEVER | 01 | Never |
| :--- | ---: | :--- |
| SELDOM | 02 | Seldom (1 to 2 days) |
| SOMETIMES | 03 | Sometimes (3 to 4 days) |
| OFTEN | 04 | Often (5 to 7 days) |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PA2_2 | PA2_SIT2_COF1 |
| :--- | :--- |
| [ASK IF PA2_SIT_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |

What were these activities?
DO NOT READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL THAT APPLY

| PA2_SIT_BIN_COF1 | 01 | Bingo, cards or other games |
| :--- | ---: | :--- |
| PA2_SIT_COM_COF1 | 02 | Computer activities |
| PA2_SIT_CRO_COF1 | 03 | Crosswords, puzzles, etc. |
| PA2_SIT_HAN_COF1 | 04 | Handicrafts |
| PA2_SIT_LIS_COF1 | 05 | Listening to radio/music |
| PA2_SIT_MUS_COF1 | 06 | Playing musical instruments |
| PA2_SIT_REA_COF1 | 07 | Reading |
| PA2_SIT_VIS_COF1 | 08 | Visiting with others |
| PA2_SIT_TV_COF1 | 09 | Watching TV |
| PA2_SIT_OT_COF1 | 97 | Other |
| PA2_SIT_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| PA2_SIT_REFUSED_COF1 | 99 | [DO NOT READ] Refused |
| PA2_2a | PA2_SIT_OTSP_COF1 |  |
| [ASK IF PA2_SIT2_COF1 = PA2_SIT_OT_COF1] |  |  |
| Other (please specify: |  |  |
| PA2_SIT_OTSP1_COF1 |  |  |


| PA2_3 | PA2_SITHR_SIT_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PA2_SIT_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |  |
| On average, how many hours per day did you engage in these sitting activities? |  |  |
| READ LIST; CODE ONLY ONE RESPONSE |  |  |
| LESS_30_MIN | 01 | less than 30 minutes |
| 30_MIN_1_HR | 02 | 30 minutes but less than 1 hour |
| 1_2_HR | 03 | 1 hour but less than 2 hours |
| 2_4_HR | 04 | 2 hours but less than 4 hours |
| MORE_4_HR | 05 | 4 hours or more |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PA2_4 | PA2_WALK_COF1 |
| :--- | :--- |

## [ALWAYS ASK]

Over the past 7 days, how often did you take a walk outside your home or yard for any reason? For example, for pleasure or exercise, walking to work, walking the dog, etc.

## READ LIST; CODE ONLY ONE RESPONSE

| NEVER | 01 | Never |
| :--- | ---: | :--- |
| SELDOM | 02 | Seldom (1 to 2 days) |
| SOMETIMES | 03 | Sometimes (3 to 4 days) |
| OFTEN | 04 | Often (5 to 7 days) |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## PA2_5 PA2_WALKHR_COF1

## [ASK IF PA2_WALK_COF1 = NEVER, DK_NA OR REFUSED]

On average, how many hours per day did you spend walking?
READ LIST; CODE ONLY ONE RESPONSE

| LESS_30_MIN | 01 | less than 30 minutes |
| :--- | ---: | :--- |
| 30_MIN_1_HR | 02 | 30 minutes but less than 1 hour |
| 1_2_HR | 03 | 1 hour but less than 2 hours |
| 2_4_HR | 04 | 2 hours but less than 4 hours |
| MORE_4_HR | 05 | 4 hours or more |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PA2_6 | PA2_LSPRT_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  | Over the past 7 days, how often did you engage in light sports or recreational activities such as bowling, golf <br> with a cart, shuffleboard, badminton, fishing or other similar activities? |
| INTERVIEWER INSTRUCTION: LIGHT SPORTS OR RECREATIONAL ACTIVITIES REFER TO ACTIVITIES <br> WHERE YOU CAN EASILY HAVE A CONVERSATION WHILE ENGAGED IN THE ACTIVITY. WALKING <br> SHOULD BE RECORDED IN THE PREVIOUS QUESTION. READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| SELDOM | 02 | Seldom (1 to 2 days) |
| SOMETIMES | 03 | Sometimes (3 to 4 days) |
| OFTEN | 04 | Often (5 to 7 days) |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |



| PA2_8 | PA2_LSPRTHR_COF1 |
| :--- | :--- |
| [ASK IF PA2_LSPRT_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |

On average, how many hours per day did you engage in these light sports or recreational activities?
READ LIST; CODE ONLY ONE RESPONSE

| LESS_30_MIN | 01 | less than 30 minutes |
| :--- | :--- | :--- |
| $30 \_M I N \_1 \_H R$ | 02 | 30 minutes but less than 1 hour |
| $1 \_2 \_H R$ | 03 | 1 hour but less than 2 hours |
| $2 \_4 \_H R$ | 04 | 2 hours but less than 4 hours |
| MORE_4_HR | 05 | 4 hours or more |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PA2_9 | PA2_MSPRT_COF1 |  |
| :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |
| Over the past 7 days, how often did you engage in moderate sports or recreational activities such as ballroom dancing, hunting, skating, golf without a cart, softball or other similar activities? |  |  |
| INTERVIEWER INSTRUCTION: MODERATE SPORTS OR RECREATIONAL ACTIVITIES REFER TO ACTIVITIES WHERE THERE IS A SMALL INCREASE IN BREATHING WHILE ENGAGING IN THE ACTIVITY. DO NOT INCLUDE GARDENING AND LAWN WORK. READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| SELDOM | 02 | Seldom (1 to 2 days) |
| SOMETIMES | 03 | Sometimes (3 to 4 days) |
| OFTEN | 04 | Often (5 to 7 days) |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PA2_10 | PA2_MSPRT2_COF1 |
| :--- | :--- |

## [ASK IF PA2_MSPRT_COF1 $\ddagger$ N NEVER, DK_NA OR REFUSED]

What were these activities?

## DO NOT READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL THAT APPLY

| PA2_MSPRT_BAR_COF1 | 01 | Barn chores |
| :--- | ---: | :--- |
| PA2_MSPRT_DAN_COF1 | 02 | Dancing (ballroom, ballet, disco) |
| PA2_MSPRT_FEN_COF1 | 03 | Fencing |
| PA2_MSPRT_FOO_COF1 | 04 | Football |
| PA2_MSPRT_GOL_COF1 | 05 | Golf (without a cart) |
| PA2_MSPRT_HOR_COF1 | 06 | Horseback riding |
| PA2_MSPRT_HUN_COF1 | 07 | Hunting |
| PA2_MSPRT_PIL_COF1 | 08 | Pilates or tai chi |
| PA2_MSPRT_SCU_COF1 | 09 | Scuba diving or snorkelling |
| PA2_MSPRT_SKA_COF1 | 10 | Skating (ice, roller) |
| PA2_MSPRT_SLE_COF1 | 11 | Sledding/snowmobiling |
| PA2_MSPRT_SOF_COF1 | 12 | Softball/baseball/cricket |
| PA2_MSPRT_SUR_COF1 | 13 | Surfing/snowboarding |
| PA2_MSPRT_TEN_COF1 | 14 | Tennis (doubles) |
| PA2_MSPRT_TRM_COF1 | 15 | Trampoline |
| PA2_MSPRT_VOL_COF1 | 16 | Volleyball |
| PA2_MSPRT_OT_COF1 | 97 | Other |
| PA2_MSPRT_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| PA2_MSPRT_REFUSED_COF1 | 99 | [DO NOT READ] Refused |
| PA2_10a | PA2_MSPRT_OTSP_COF1 |  |
| [ASK IF PA2_MSPRT2_COF1 = PA2_MSPRT_OT_cOF1] |  |  |
| Other (please specify: |  |  |
| PA2_MSPRT_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |


| PA2_11 | PA2_MSPRTHR_COF1 |
| :--- | :--- |
| [ASK IF PA2_MSPRT_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |

On average, how many hours per day did you engage in these moderate sports or recreational activities?
INTERVIEWER INSTRUCTION: READ LIST; CODE ONLY ONE RESPONSE

| LESS_30_MIN | 01 | less than 30 minutes |
| :--- | ---: | :--- |
| 30_MIN_1_HR | 02 | 30 minutes but less than 1 hour |
| 1_2_HR | 03 | 1 hour but less than 2 hours |
| 2_4_HR | 04 | 2 hours but less than 4 hours |
| MORE_4_HR | 05 | 4 hours or more |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PA2_12 | PA2_SSPRT_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Over the past 7 days, how often did you engage in strenuous sports or recreational activities such as jogging, <br> swimming, snowshoeing, cycling, aerobics, skiing, or other similar activities? |  |  |
| INTERVIEWER INSTRUCTION: STRENUOUS SPORTS OR RECREATIONAL ACTIVITIES REFER TO <br> ACTIVITIES WHERE HAVING A CONVERSATION IS VERY DIFFICULT. <br> READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| SELDOM | 02 | Seldom (1 to 2 days) |
| SOMETIMES | 03 | Sometimes (3 to 4 days) |
| OFTEN | 04 | Often (5 to 7 days) |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PA2_13 | PA2_SSPRT2_COF1 |
| :--- | :--- |
| [ASK IF PA2_SSPRT_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |
| What were these activities? |  |
| INTERVIEWER INSTRUCTION: DO NOT READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL <br> THAT APPLY |  |


| PA2_SSPRT_AER_COF1 | 01 | Aerobic dance or water aerobics |
| :--- | ---: | :--- |
| PA2_SSPRT_BAC_COF1 | 02 | Backpacking |
| PA2_SSPRT_BAS_COF1 | 03 | Basketball |
| PA2_SSPRT_BIC_COF1 | 04 | Bicycling/exercise bike |
| PA2_SSPRT_BOA_COF1 | 05 | Board sailing |
| PA2_SSPRT_HAN_COF1 | 06 | Handball/paddleball |
| PA2_SSPRT_HIK_COF1 | 07 | Hiking |
| PA2_SSPRT_HOC_COF1 | 08 | Hockey (ice or field) |
| PA2_SSPRT_JOG_COF1 | 09 | Jogging |
| PA2_SSPRT_LAC_COF1 | 10 | Lacrosse |
| PA2_SSPRT_MOU_COF1 | 11 | Mountain climbing, running |
| PA2_SSPRT_RAC_COF1 | 12 | Racquetball |
| PA2_SSPRT_ROP_COF1 | 13 | Rope skipping |
| PA2_SSPRT_ROW_COF1 | 14 | Rowing/canoeing for competition |
| PA2_SSPRT_RWM_COF1 | 15 | Rowing machine |
| PA2_SSPRT_SKI_COF1 | 16 | Skiing (cross country, downhill, water) |
| PA2_SSPRT_SNO_COF1 | 17 | Snowshoeing |
| PA2_SSPRT_SOC_COF1 | 18 | Soccer |
| PA2_SSPRT_SQU_COF1 | 19 | Squash |
| PA2_SSPRT_STA_COF1 | 20 | Stair climbing |
| PA2_SSPRT_SWI_COF1 | 21 | Swimming (with laps) |
| PA2_SSPRT_TEN_COF1 | 22 | Tennis (single) |
| PA2_SSPRT_OT_COF1 | 97 | Other |
| PA2_SSPRT_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| PA2_SSPRT_REFUSED_COF1 | 99 | [DO NOT READ] Refused |
| PA2_13a | PA2_SSPRT_OTSP_COF1 |  |
| [ASK IF PA2_SSPRT2_COF1 = PA2_SSPRT_OT_cOF1] |  |  |
| Other (please specify: |  |  |
| PA2_SSPRT_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |


| PA2_14 | PA2_SSPRTHR_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PA2_SSPRT_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |  |
| On average, how many hours per day did you engage in these strenuous sports or recreational activities? |  |  |
| READ LIST; CODE ONLY ONE RESPONSE |  |  |
| LESS_30_MIN | 01 | less than 30 minutes |
| 30_MIN_1_HR | 02 | 30 minutes but less than 1 hour |
| 1_2_HR | 03 | 1 hour but less than 2 hours |
| 2_4_HR | 04 | 2 hours but less than 4 hours |
| MORE_4_HR | 05 | 4 hours or more |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PA2_15 | PA2_EXER_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| Over the past 7 days, how often did you do any exercises specifically to increase muscle strength and <br> endurance, such as lifting weights or push-ups, etc.? |  |  |
| INTERVIEWER INSTRUCTION: EXAMPLES INCLUDE HAND WEIGHTS, PHYSICAL THERAPY WITH <br> WEIGHTS, CALLISTHENICS, SIT-UPS, AND WEIGHT LIFTING. <br> READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| SELDOM | 02 | Seldom (1 to 2 days) |
| SOMETIMES | 03 | Sometimes (3 to 4 days) |
| OFTEN | 04 | Often (5 to 7 days) |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PA2_16 | PA2_EXER2_COF1 |
| :--- | :--- |
| [ASK IF PA2_EXER_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |
| What were these exercises? |  |
| DO NOT READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL THAT APPLY |  |
| PA2_EXER_CAL_COF1 | 01 |
| PA2_EXER_PUS_COF1 | 02 |
| PA2_EXER_SIT_COF1 | 03 |
| Push-ups |  |
| PA2_EXER_WEI_COF1 | 04 |
| PA2_EXER_OT_COF1 | 97 |
| PA2_EXER_DK_NA_COF1 | 98 |
| PARht lifting and hand weights |  |
| [DO NOT READ] Don't know / No answer |  |
| PA2_16a | PA2_EXER_REFUSED_COF1 |
| [ASK_OTSP_COF1 |  |
| [DO NOT READ] Refused |  |
| Other (please specify: |  |
| PA2_EXER_OTSP1_COF1 |  |


| PA2_17 | PA2_EXERHR_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF PA2_EXER_COF1 $\neq$ N NEVER, DK_NA OR REFUSED] |  |  |
| On average, how many hours per day did you engage in exercises to increase muscle strength and <br> endurance? |  |  |
| READ LIST; CODE ONLY ONE RESPONSE |  |  |
| LESS_30_MIN | 01 | less than 30 minutes |
| 30_MIN_1_HR | 02 | 30 minutes but less than 1 hour |
| 1_2_HR | 03 | 1 hour but less than 2 hours |
| 2_4_HR | 04 | 2 hours but less than 4 hours |
| MORE_4_HR | 05 | 4 hours or more |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PA2_18- |  |
| :--- | :--- |
| PA2_23 | PA2_HWRK_COF1 |

[ALWAYS ASK]
During the past 7 days, did you engage in any of the following activities?

|  |  | YES | NO | DK <br> NA | RF |
| :--- | :--- | :--- | :--- | :--- | :--- |
| PA2_LTHSWK_COF1 | light housework, such as dusting or washing <br> dishes |  |  |  |  |
| PA2_HVYHSWK_COF1 | heavy housework or chores such as vacuuming, <br> scrubbing floors, washing windows or carrying <br> wood |  |  |  |  |
| PA2_HMREPAIR_COF1 | home repairs like painting, wallpapering, electrical <br> work, etc. |  |  |  |  |
| PA2_HVYODA_COF1 | lawn work or yard care, including snow or leaf <br> removal, wood chopping, etc. (excluding outdoor <br> gardening) |  |  |  |  |
| PA2_LTODA_COF1 | outdoor gardening, sweeping the balcony or the <br> stairs |  |  |  |  |
| PA2_CRPRSN_COF1 | caring for another person, such as children, a <br> dependent spouse or other adult |  |  |  |  |


| PA2_24 | PA2_WRK_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| During the past 7 days, did you work for pay or as a volunteer? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PA2_25 | PA2_WRKHRS_NB_COF1 |
| :--- | :--- |
| [ASK IF PA2_WRK_COF1 $=$ YES] |  |
| During the past 7 days, how many hours did you work for pay or as a volunteer? |  |
| INTERVIEWER INSTRUCTION: IF THE PARTICIPANT IS UNSURE OF THE EXACT NUMBER OF HOURS, <br> PLEASE REQUEST BEST POSSIBLE ESTIMATE |  |
| PA2_WRKHRS_NB_COF1 |  |
| DK_NA | ENTER EXACT AMOUNT, MASK: MIN=001, MAX=168 |
| REFUSED | 998 |
| [DO NOT READ] Don't know/No answer |  |

## PA2_26 PA2_WRKPA_COF1

[ASK IF PA2_WRK_COF1 = YES]
Which of the following categories best describes the amount of physical activity required on your job or as a volunteer?
INTERVIEWER NOTE: 50 LBS. IS APPROXIMATELY 23 KG. READ CATEGORIES, CODE ONLY ONE
RESPONSE

| SITTING | 01 | mainly sitting with slight arm movements (such as office worker or bus <br> driver) |
| :--- | ---: | :--- |
| STANDING_WALKING | 02 | sitting and standing with some walking (such as cashier or light tool <br> and machinery worker) |
| LIGHT_MANUAL | 03 | walking with some handling of materials generally weighing less than <br> 50 lbs (such as postal worker, waitress or construction worker) |
| HEAVY_MANUAL | 04 | waking and heavy manual work often requiring handling of materials <br> weighing over 50 lbs (such as lumberjack, stone mason, farm or <br> general labourer) |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## PA2_27 PA2_REPRTN_COF1

## [ALWAYS ASK]

We just talked about your activities during the last 7 days. Taking them all together, would you say they represent the level of your routine activity over the last 12 months?

## INTERVIEWER INSTRUCTION: READ LIST, CODE ONLY ONE RESPONSE

| STRONGLY_AGREE | 01 | Strongly agree |
| :--- | :--- | :--- |
| AGREE | 02 | Agree |
| NEITHER_AGREE_DISAGREE | 03 | Neither agree nor disagree |
| DISAGREE | 04 | Disagree |
| STRONGLY_DISAGREE | 05 | Strongly disagree |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PA2_28 | PA2_PALVL_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF PA2_REPRTN_COF1 = DISAGREE OR STRONGLY_DISAGREE] |  |  |
| During the past 7 days, would you say that your physical activity level was... |  |  |
| INTERVIEWER INSTRUCTION: READ LIST, CODE ONLY ONE RESPONSE |  |  |
| LOT_LOWER | 01 | a lot lower than usual |
| LITTLE_LOWER | 02 | a little lower than usual |
| LITTLE_HIGHER | 03 | a little higher than usual |
| LOT_HIGHER | 04 | a lot higher than usual |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PA2_29 | PA2_PARTPA_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| In the past 12 months, have you felt like you wanted to participate more in physical activities? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## PA2_30 PA2_PRVPA_COF1

```
[ASK IF PA2_PARTPA_COF1 = YES]
```

What prevented you from doing physical activities/more physical activities?
INTERVIEWER INSTRUCTION: DO NOT READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL
THAT APPLY

| PA2_PRVPA_COS_COF1 | 01 | Cost |
| :--- | ---: | :--- |
| PA2_PRVPA_TRM_COF1 | 02 | Transportation problems |
| PA2_PRVPA_ACT_COF1 | 03 | Activities not available in the area |
| PA2_PRVPA_LOC_COF1 | 04 | Location not physically accessible |
| PA2_PRVPA_FAR_COF1 | 05 | Location is too far |
| PA2_PRVPA_HEA_COF1 | 06 | Health condition limitation |
| PA2_PRVPA_ILL_COF1 | 07 | Illness/injury |
| PA2_PRVPA_FEA_COF1 | 08 | Fear of injury |
| PA2_PRVPA_TIM_COF1 | 09 | Lack of time |
| PA2_PRVPA_ENG_COF1 | 10 | Lack of energy |
| PA2_PRVPA_MOT_COF1 | 11 | Lack of motivation |
| PA2_PRVPA_SKI_COF1 | 12 | Lack of skills or knowledge |
| PA2_PRVPA_OT_COF1 | 97 | Other |
| PA2_PRVPA_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| PA2_PRVPA_REFUSED_COF1 | 99 | [DO NOT READ] Refused |
| PA2_30a | PA2_PRVPA_OTSP_COF1 |  |
| [ASK IF PA2_PRVPA_COF1 $=$ PA2_PRVPA_OT_COF1] |  |  |
| Other (please specify: |  |  |
| PA2_PRVPA_OTSP1_COF1 |  |  |

## PA2_END

## Nutrition: Short Diet Questionnaire (NUT)

| Overview | The Short Diet Questionnaire is used to collect data on the habitual intake of foods and <br> beverages over the past 12 months. We are also interested in finding out if you are <br> currently following any specific dietary regimen. |
| :--- | :--- |
| Researchers are interested in your diet because nutrition is known to play an important <br> role in health aging. For example, vitamin D and calcium are important for maintaining <br> healthy bones - while the intake of trans-unsaturated fatty acids is known to negatively <br> impact cholesterol levels. |  |

The next questions are about the foods you usually eat or drink. Think about all the foods you eat, both meals and snacks, at home and away from home Think about the number of times you ate each food per month, per week or per day. If you never eat a food or ate it less than once per month, then answer 'never or rarely'.

| NUT_1 | NUT_FBR_COF1 |  |
| :--- | :--- | :---: |
| [ALWAYS ASK] |  |  |
| How often do you usually eat high fibre breakfast cereals (All Bran, 100\% Bran, Bran Flakes, muesli...) for <br> example twice a day, three times a week, once a month? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 |  |
| DK_NA | 98 |  |
| REFUSED | [DO NOT READ] Don't know / No answer |  |
| NUT_1a | [99 |  |
| [DO NOT READ] Refused |  |  |
| [ASK IF NUT_FBR_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_FBR_DAY_COF1 | 01 |  |
| NUT_FBR_WK_COF1 | 02 |  |
| NUT_FBR_MT_COF1 | Per day |  |


| NUT_2 | NUT_BRD_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How often do you usually eat whole wheat breads, bran breads, multigrain breads, rye breads (sliced, crusty, <br> hamburger bun, hot dog bun, bagel, pita...)? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 | Never or rarely |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |
| NUT_2a | NUT_BRD_COF1 |  |
| [ASK IF NUT_BRD_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_BRD_DAY_COF1 | 01 | Per day |
| NUT_BRD_WK_COF1 | 02 | Per week |
| NUT_BRD_MT_COF1 | 03 | Per month |


| NUT_3 | NUT_MEAT_COF1 |
| :--- | :--- |

## [ALWAYS ASK]

How often do you usually eat beef, pork (ground, hamburgers, roast beef, steak, cubed...)?

## INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY"

| RECORD NUMBER |  |  |
| :--- | ---: | :--- |
| NEVER | 96 | Never or rarely |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |
| NUT_3a | NUT_MEAT_COF1 |  |
| [ASK IF NUT_MEAT_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_MEAT_DAY_COF1 | 01 | Per day |
| NUT_MEAT_WK_COF1 | 02 | Per week |
| NUT_MEAT_MT_COF1 | 03 | Per month |



| NUT_5 | NUT_CHCK_COF1 |  |
| :--- | :--- | :---: |
| [ALWAYS ASK] |  |  |
| How often do you usually eat chicken, turkey? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 |  |
| DK_NA | Never or rarely |  |
| REFUSED | 99 |  |
| [DO NOT READ] Don't know / No answer |  |  |
| [DO NOT READ] Refused |  |  |
| [ASK IF NUT_CHCK_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_CHCK_DAY_COF1 | 01 |  |
| NUT_CHCK_WK_COF1 | 02 |  |
| NUT_CHCK_MT_COF1 | Per day |  |


| NUT_6 NUT_FIS | NUT_FISH_COF1 |  |
| :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |
| How often do you usually eat salmon, trout, sardines, herring, tuna, mackerel (fresh, frozen or canned)? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 | Never or ra |
| DK_NA | 98 | [DO NOT R |
| REFUSED | 99 | [DO NOT R |
| NUT_6a | NUT_F | H_COF1 |
| [ASK IF NUT_FISH_COF1 f NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_FISH_DAY_COF1 | 01 | Per day |
| NUT_FISH_WK_COF1 | 02 | Per week |
| NUT_FISH_MT_COF1 | 03 | Per month |


| NUT_7 NUT_SAS | NUT_SASG_COF1 |  |
| :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |
| How often do you usually eat sausages, hot dogs, ham, smoked meat, bacon...? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 | Never or ra |
| DK_NA | 98 | [DO NOT R |
| REFUSED | 99 | [DO NOT R |
| NUT_7a | NUT_SASG_COF1 |  |
| [ASK IF NUT_SASG_COF1 $\ddagger$ NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_SASG_DAY_COF1 | 01 | Per day |
| NUT_SASG_WK_COF1 | 02 | Per week |
| NUT_SASG_MT_COF1 | 03 | Per month |


| NUT_8 | NUT_PATE_COF1 |
| :--- | :--- |
| [ALWAYS ASK] |  |
| How often do you usually eat pâtés, cretons, terrines...? |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |
| RECORD NUMBER |  |
| NEVER | 96 |
| DK_NA | Never or rarely |
| REFUSED | 98 |
| [DO NOT READ] Don't know / No answer |  |
| NUT_8a | [DO NOT READ] Refused |
| [ASK IF NUT_PATE_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |
| RECORD UNIT OF MEASUREMENT: |  |
| NUT_PATE_DAY_COF1 | 01 |
| NUT_PATE_WK_COF1 | Per day |
| NUT_PATE_MT_COF1 | 02 |


| NUT_9 | NUT_SAUC_COF1 |
| :--- | :--- |
| [ALWAYS ASK] |  |

How often do you usually eat sauces and gravies (brown, white, BBQ)?

## INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY"

| RECORD NUMBER |  |  |
| :--- | ---: | :--- |
| NEVER | 96 | Never or rarely |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |
| NUT_9a | NUT_SAUC_COF1 |  |
| [ASK IF NUT_SAUC_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_SAUC_DAY_COF1 | 01 | Per day |
| NUT_SAUC_WK_COF1 | 02 | Per week |
| NUT_SAUC_MT_COF1 | 03 | Per month |

INTERVIEWER: REPEAT IF NECESSARY: Think about the number of times you ate each food per month, per week or per day. If you never eat a food or ate it less than once per month, then answer 'never or rarely’.


| NUT_11 | NUT_EGGS_COF1 |  |  |  |
| :--- | :--- | :--- | :---: | :---: |
| [ALWAYS ASK] |  |  |  |  |
| How often do you usually eat all egg dishes except omega 3 eggs (eggs, omelette, quiche...)? |  |  |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |  |  |
| RECORD NUMBER |  |  |  |  |
| NEVER | 96 | Never or rarely |  |  |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |  |  |
| REFUSED | 99 | [DO NOT READ] Refused |  |  |
| NUT_11a | NUT_EGGS_COF1 |  |  |  |
| [ASK IF NUT_EGGS_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |  |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |  |  |
| NUT_EGGS_DAY_COF1 | 01 | Per day |  |  |
| NUT_EGGS_WK_COF1 | 02 | Per week |  |  |
| NUT_EGGS_MT_COF1 | 03 | Per month |  |  |




| NUT_14 NUT_FRU | NUT_FRUT_COF1 |  |
| :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |
| How often do you usually eat fruit (fresh, frozen, canned)? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 | Never or ra |
| DK_NA | 98 | [DO NOT R |
| REFUSED | 99 | [DO NOT R |
| NUT_14a | NUT_FRUT_COF1 |  |
| [ASK IF NUT_FRUT_COF1 $\ddagger$ NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_FRUT_DAY_COF1 | 01 | Per day |
| NUT_FRUT_WK_COF1 | 02 | Per week |
| NUT_FRUT_MT_COF1 | 03 | Per month |


| NUT_15 NUT_GRE | NUT_GREEN_COF1 |  |
| :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |
| How often do you usually eat green salad (lettuce, with or without other ingredients)? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 | Never or ra |
| DK_NA | 98 | [DO NOT R |
| REFUSED | 99 | [DO NOT R |
| NUT_15a | NUT_GREEN_COF1 |  |
| [ASK IF NUT_GREEN_COF1 f NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_GREEN_DAY_COF1 | 01 | Per day |
| NUT_GREEN_WK_COF1 | 02 | Per week |
| NUT_GREEN_MT_COF1 | 03 | Per month |



| NUT_17 | NUT_FRIE_COF1 |  |  |
| :---: | :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |  |
| How often do you usually eat french fries or pan-fried potatoes, poutine? |  |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |  |
| RECORD NUMBER |  |  |  |
| NEVER |  | 96 | Never or ra |
| DK_NA |  | 98 | [DO NOT |
| REFUSED |  | 99 | [DO NOT |
| NUT_17a |  | NUT_FRIE_COF1 |  |
| [ASK IF NUT_FRIE_COF1 f NEVER, DK_NA OR REFUSED] |  |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |  |
| NUT_FRIE_DAY_COF1 |  | 01 | Per day |
| NUT_FRIE_WK_COF1 |  | 02 | Per week |
| NUT_FRIE_MT_COF1 |  | 03 | Per month |



| NUT_19 NUT_VGO | NUT_VGOT_COF1 |  |
| :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |
| How often do you usually eat other vegetables (except carrots, potatoes or salad)? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 | Never or ra |
| DK_NA | 98 | [DO NOT |
| REFUSED | 99 | [DO NOT |
| NUT_19a | NUT_VGOT_COF1 |  |
| [ASK IF NUT_VGOT_COF1 = NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_VGOT_DAY_COF1 | 01 | Per day |
| NUT_VGOT_WK_COF1 | 02 | Per week |
| NUT_VGOT_MT_COF1 | 03 | Per month |

INTERVIEWER: REPEAT IF NECESSARY: Think about the number of times you ate each food per month, per week or per day. If you never eat a food or ate it less than once per month, then answer 'never or rarely'.

| NUT_20 | NUT_LWCS_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| How often do you usually eat all low-fat cheeses? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 | Never or rarely |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |
| NUT_20a | NUT_LWCS_COF1 |  |
| [ASK IF NUT_LWCS_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_LWCS_DAY_COF1 | 01 | Per day |
| NUT_LWCS_WK_COF1 | 02 | Per week |
| NUT_LWSC_MT_COF1 | 03 | Per month |


| NUT_21 | NUT_CHSE_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| How often do you usually eat all regular cheeses? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 | Never or rarely |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |
| NUT_21a | NUT_CHSE_COF1 |  |
| [ASK IF NUT_CHSE_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_CHSE_DAY_COF1 | 01 | Per day |
| NUT_CHSE_WK_COF1 | 02 | Per week |
| NUT_CHSE_MT_COF1 | 03 | Per month |



| NUT_23 NUT_YOG | NUT_YOGR_COF1 |  |
| :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |
| How often do you usually eat yogurt (regular)? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 | Never or ra |
| DK_NA | 98 | [DO NOT R |
| REFUSED | 99 | [DO NOT |
| NUT_23a | NUT_YOGR_COF1 |  |
| [ASK IF NUT_YOGR_COF1 $=$ NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_YOGR_DAY_COF1 | 01 | Per day |
| NUT_YOGR_WK_COF1 | 02 | Per week |
| NUT_YOGR_MT_COF1 | 03 | Per month |


| NUT_24 | NUT_CALC_COF1 |  |  |
| :---: | :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |  |
| How often do you usually eat calcium-fortified foods (soy pudding...)? |  |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |  |
| RECORD NUMBER |  |  |  |
| NEVER |  | 96 | Never or ra |
| DK_NA |  | 98 | [DO NOT |
| REFUSED |  | 99 | [DO NOT |
| NUT_24a |  | NUT_CALC_COF1 |  |
| [ASK IF NUT_CALC_COF1 $\ddagger$ NEVER, DK_NA OR REFUSED] |  |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |  |
| NUT_CALC_DAY_COF1 |  | 01 | Per day |
| NUT_CALC_WK_COF1 |  | 02 | Per week |
| NUT_CALC_MT_COF1 |  | 03 | Per month |


| NUT_25 | NUT_DAIR_COF1 |
| :--- | :--- |
| [ALWAYS ASK] |  |

How often do you usually eat ice cream, ice milk, frozen yogurt, milk-based desserts (puddings...)?

## INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY"

| RECORD NUMBER |  |  |
| :--- | ---: | :--- |
| NEVER | 96 | Never or rarely |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |
| NUT_25a | NUT_DAIR_COF1 |  |
| [ASK IF NUT_DAIR_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_DAIR_DAY_COF1 | 01 | Per day |
| NUT_DAIR_WK_COF1 | 02 | Per week |
| NUT_DAIR_MT_COF1 | 03 | Per month |




| NUT_28 | NUT_CHOC_COF1 |  |  |
| :--- | :--- | :--- | :---: |
| [ALWAYS ASK] |  |  |  |
| How often do you usually eat chocolate (either candy or bars)? |  |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |  |
| RECORD NUMBER |  |  |  |
| NEVER | 96 | Never or rarely |  |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |  |
| REFUSED | 99 | [DO NOT READ] Refused |  |
| NUT_28a | NUT_CHOC_COF1 |  |  |
| [ASK IF NUT_CHOC_COF1 $\neq$ NEVER, DK_NA OR REFUSED] |  |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |  |
| NUT_CHOC_DAY_COF1 | 01 | Per day |  |
| NUT_CHOC_WK_COF1 | 02 | Per week |  |
| NUT_CHOC_MT_COF1 | 03 | Per month |  |


| NUT_29 NUT_BTT | NUT_BTTR_COF1 |  |
| :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |
| How often do you usually eat butter or regular margarine on bread or on cooked vegetables only? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 | Never or ra |
| DK_NA | 98 | [DO NOT R |
| REFUSED | 99 | [DO NOT R |
| NUT_29a | NUT_BTTR_COF1 |  |
| [ASK IF NUT_BTTR_COF1 $=$ NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_BTTR_DAY_COF1 | 01 | Per day |
| NUT_BTTR_WK_COF1 | 02 | Per week |
| NUT_BTTR_MT_COF1 | 03 | Per month |

INTERVIEWER: REPEAT IF NECESSARY: Think about the number of times you ate each food per month, per week or per day. If you never eat a food or ate it less than once per month, then answer 'never or rarely'.





| NUT_34 NUT_WHML | NUT_WHML_COF1 |  |
| :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |
| How often do you usually drink whole milk $3.25 \%$ m.f.? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 | Never or ra |
| DK_NA | 98 | [DO NOT |
| REFUSED | 99 | [DO NOT |
| NUT_34a | NUT_WHML_COF1 |  |
| [ASK IF NUT_WHML_COF1 = NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_WHML_DAY_COF1 | 01 | Per day |
| NUT_WHML_WK_COF1 | 02 | Per week |
| NUT_WHML_MT_COF1 | 03 | Per month |


| NUT_35 NUT_LFM | NUT_LFML_COF1 |  |
| :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |
| How often do you usually drink $2 \%$, $1 \%$, skim milk? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 | Never or ra |
| DK_NA | 98 | [DO NOT R |
| REFUSED | 99 | [DO NOT R |
| NUT_35a | NUT_LFML_COF1 |  |
| [ASK IF NUT_LFML_COF1 $=$ NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_LFML_DAY_COF1 | 01 | Per day |
| NUT_LFML_WK_COF1 | 02 | Per week |
| NUT_LFML_MT_COF1 | 03 | Per month |


| NUT_36 NUT_CAD | NUT_CADR_COF1 |  |
| :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |
| How often do you usually drink other calcium-fortified beverages (soy drink...)? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 | Never or ra |
| DK_NA | 98 | [DO NOT R |
| REFUSED | 99 | [DO NOT R |
| NUT_36a | NUT_CADR_COF1 |  |
| [ASK IF NUT_CADR_COF1 $=$ NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_CADR_DAY_COF1 | 01 | Per day |
| NUT_CADR_WK_COF1 | 02 | Per week |
| NUT_CADR_MT_COF1 | 03 | Per month |



| NUT_38 NUT_PKF | NUT_PKFD_COF1 |  |
| :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |
| How often do you usually eat already packaged foods or meals, such as soups, frozen meals or others? |  |  |
| INTERVIEWER INSTRUCTION: IF "NEVER" RECORD AS "NEVER OR RARELY" |  |  |
| RECORD NUMBER |  |  |
| NEVER | 96 | Never or ra |
| DK_NA | 98 | [DO NOT R |
| REFUSED | 99 | [DO NOT |
| NUT_38a | NUT_PKFD_COF1 |  |
| [ASK IF NUT_PKFD_COF1 $\ddagger$ NEVER, DK_NA OR REFUSED] |  |  |
| RECORD UNIT OF MEASUREMENT: |  |  |
| NUT_PKFD_DAY_COF1 | 01 | Per day |
| NUT_PKFD_WK_COF1 | 02 | Per week |
| NUT_PKFD_MT_COF1 | 03 | Per month |


| NUT_39 | NUT_LSALT_COF1 |
| :--- | :--- |

## [ALWAYS ASK]

Do you usually choose low salt or salt-free nuts, seeds, and peanut butter?

## INTERVIEWER INSTRUCTION:

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| NUT_40 | NUT_TAST_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Do you have problems tasting foods? Such as impaired taste for sweet or salty foods or having an unusual <br> sweet, salty, sour or bitter taste in the mouth? |  |  |
| INTERVIEWER INSTRUCTION: |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| NUT_41 | NUT_SMEL_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Do you have problems with the sense of smell? Such as decreased perception or smelling non-appropriate <br> odours? |  |  |
| INTERVIEWER INSTRUCTION: |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| NUT_42 | NUT_SPDIET_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| Are you currently following a specific diet? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| NUT_42a | NUT_DTYP_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF NUT_SPDIET_COF1=YES] |  |  |
| What type of diet? |  |  |
| INTERVIEWER INSTRUCTIONS: READ LIST, MULTIPLE RESPONSES ALLOWED (EXCEPT IF 98 OR 99 <br> ARE SELECTED), CODE ALL THAT APPLY |  |  |
| NUT_DTYP_VEG_COF1 | 01 | Vegetarian diet |
| NUT_DTYP_VAG_COF1 | 02 | Vegan diet |
| NUT_DTYP_MAC_COF1 | 03 | Macrobiotic diet |
| NUT_DTYP_GLU_COF1 | 04 | Gluten free diet |
| NUT_DTYP_MED_COF1 | 05 | Mediterranean diet |
| NUT_DTYP_RAW_COF1 | 06 | Raw food diet |
| NUT_DTYP_DSH_COF1 | 07 | DASH diet (Dietary pattern to prevent and control high blood <br> pressure) |
| NUT_DTYP_PAL_COF1 | 08 | Paleo diet |
| NUT_DTYP_WTL_COF1 | 09 | Weight loss diet |
| NUT_DTYP_OT_COF1 | 97 | Other |
| NUT_DTYP_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| NUT_DTYP_REFUSED_COF1 | 99 | [DO NOT READ] Refused |
| NUT_42b | NUT_DTYP_OTSP_COF1 |  |
| [ASK IF NUT_DTYP_COF1=NUT_DTYP_OT_COF1] |  |  |
| Other (please specify: |  |  |
| NUT_DTYP_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |


| NUT_42c | NUT_DTIM_COF1 |
| :--- | :--- |
| [ASK IF NUT_SPDIET_COF1=YES] |  |
| If yes, for how long? Specify weeks, months or years |  |
| INTERVIEWERS INSTRUCTION: PROBE FOR BEST ESTIMATE IF REQUIRED |  |
| WEEKS | - |
| MONTHS | Weeks |
| YEARS | - |

[^0]
## Women's Health (WHO)

| Overview | The women's health module is used to collect data related to reproductive factors, <br> menopause and hormone replacement therapy. |
| :--- | :--- |
| Researchers are interested in these topics because they are known to affect the risk of <br> certain diseases and health outcomes. For example, reproductive factors are known to <br> influence hormone-related cancers like those of the breast and ovary - and the chance of <br> developing osteoporosis (loss of bone mass) increases as women reach menopause. |  |


| WHO_1 | WHO_CONCP_COF1 |
| :--- | :--- |

## [ASK IF SEX=FEMALE]

Have you ever used any hormonal contraceptives for any reason? Hormonal contraceptives include birth control pills, implants, patches, injections and rings or intra-uterine devices that release female hormones.
NOTE: This question is referring to HORMONAL contraception ONLY.

## EXAMPLES OF BOTH HORMONAL AND NON-HORMONAL CONTRACEPTIVES LISTED BELOW:

Intra-uterine devices (IUD) that release hormones:

- Any IUD releasing levonorgestrel - including:
o Mirena ${ }^{\circledR}$
- Skyla ®
- Jaydess ®

IUDs that do NOT release hormones:

- Any Copper containing IUDs
- Any inert IUDs (containing no bioactive components)

Other contraceptives that do NOT release hormones:

- Diaphragm
- Cervical caps
- Female condoms
- Male condoms
- Vaginal spermicides

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| WHO_2 | WHO_CON_STRT_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF WHO_CONCP_COF1=YES] |  |  |
| How old were you when you started using hormonal contraceptives? |  |  |
| CON_AGE |  | RECORD AGE, MASK: MIN=00, MAX=CURRENT AGE |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |


| WHO_3 | WHO_CONTT_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF WHO_CON_STRT_COF1 $=$ DK_NA OR REFUSED] |  |  |
| In total, how many years or months did you use or have you been using hormonal contraceptives? Add up all <br> the time that you used contraceptives even if you started and stopped several times. |  |  |
| WHO_CONTT_MT_COF1 |  | MONTHS |
| WHO_CONTT_YR_COF1 |  | YEARS |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |


| WHO_4 | WHO_PREG_NB_COF1 |
| :--- | ---: |
| [ASK IF SEX=FEMALE] |  |
| How many times have you been pregnant, including live births, stillbirths, spontaneous miscarriage or <br> therapeutic abortions? |  |
| NUMBER |  |
| NONE | 96 |
| DK_NA | Never been pregnant |
| REFUSED | 98 |
| [DO NOT READ] Don't know / No answer |  |
| IF WHO_PREG_NB_COF1 $=$ DK_NA | [DR NOT READ] Refused |


| WHO_5 | WHO_PREG_FRST_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF WHO_PREG_NB_COF1 $\neq 0$, NONE/NEVER, DK_NA OR REFUSED] |  |  |
| How old were you when you first became pregnant? |  |  |
| PREG_AGE |  | RECORD AGE, MASK: MIN=00, MAX=CURRENT AGE |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |


| WHO_6 | WHO_PREG_LIVE_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF WHO_PREG_NB_COF1 $\neq 0$, NONE/NEVER, DK_NA OR REFUSED] |  |  |
| How many children have you given birth to, considering live births only? |  |  |
| LIVE_BIRTHS |  |  |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |


| WHO_7 | WHO_PREG_LAST_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF WHO_PREG_NB_COF1 $\neq \mathbf{0 , 1}, \mathbf{1 ,}$ NONE/NEVER, DK_NA OR REFUSED] |  |  |
| How old were you when you last became pregnant? |  |  |
| PREG_LAST | - | (MASK: MIN=PREG_AGE, MAX=CURRENT AGE) |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |

The next questions are about symptoms associated with menopause.

| WHO_8 | WHO_MENOP_COF1 |  |
| :--- | ---: | :--- |
| [ASK SEX=FEMALE AND WHO_MENOP_COM=NO AT BASELINE] |  |  |
| Have you gone through menopause, meaning that your menstrual periods stopped for at least one year and <br> did not restart? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| HYSTERECTOMY | 03 | [DO NOT READ] Had a hysterectomy |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| WHO_9 | WHO_MPAG_AG_COF1 |
| :--- | ---: |
| [ASK IF WHO_MENOP_COF1=YES] |  |
| How old were you when your menstrual periods stopped for at least one year and did not re-start? <br> INTERVIEWER INSTRUCTION: PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT <br> AGE <br> WHO_MPAG_AG_COF1 <br> DK_NA <br> REFUSED | RECORD AGE, MASK: MIN=00, MAX=CURRENT AGE |


| WHO_10 | WHO_HRT_COF1 |  |
| :--- | :--- | :--- |
| [ASK SEX=FEMALE AND WHO_HRT_COM=NO] |  |  |
| Have you ever used any hormone replacement therapy, sometimes called HRT, for any reason? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| WHO_11 | WHO_TYPE_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF WHO_HRT_COF1=YES] |  |  |
| Which type of hormone replacement therapy have you used the most? |  |  |
| ESTROGEN_PROGESTERONE | 01 | Both Estrogen and Progesterone |
| ESTROGEN | 02 | Estrogen (e.g. Premarin, Estrace) |
| PROGESTERONE | 03 | Progesterone (e.g. Prometrium, Provera) |
| ESTROGEN_GEL | 04 | Estrogen gel or cream applied to the skin (e.g. Estraderm, Estrogel) |
| DEVICE_PROGESTERONE | 05 | Intra-uterine device with progesterone |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| WHO_12 | WHO_HRTAG_AG_COF1 |  |
| :--- | :--- | :---: |
| [ASK IF WHO_HRT_COF1=YES] |  |  |
| How old were you when you started using hormone replacement therapy? |  |  |
| INTERVIEWER INSTRUCTION: PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT <br> AGE |  |  |
| WHO_HRTAG_AG_COF1 |  |  |
| DK_NA | 98 |  |
| REFUSED | [DO NOT READ] Don't know / No answer |  |


| WHO_13 | WHO_HRTCURR_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF WHO_HRT_COF1=YES] |  |  |
| Are you still taking hormone replacement therapy? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| WHO_14 | WHO_HRTSTIL_COF1 |  |
| :--- | ---: | :--- |
| [ASK SEX=FEMALE AND WHO_HRT_COM=YES AT BASELINE] |  |  |
| During your last interview you stated you had used hormone replacement therapy. Are you still taking this <br> therapy? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| WHO_15 WHO_HRTDR_COF1 |  |  |
| :--- | ---: | :--- |
| [ASK SEX=FEMALE AND WHO_HRTCURR_COF1=NO OR WHO_HRTSTIL_COF1=NO] |  |  |
| In total, for how long did you use or have you been using hormone replacement therapy? |  |  |
| INTERVIEWER INSTRUCTION: PROBE FOR BEST ESTIMATE IF PARTICIPANT IS UNSURE OF THE <br> TOTAL TIME |  |  |
| WHO_HRTDR_WK_COF1 | - | WEEKS |
| WHO_HRTDR_MT_COF1 |  | MONTHS |
| WHO_HRTDR_YR_COF1 |  | YEARS |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |

## WHO_END

## Basic Activities of Daily Living (ADL)

This module is a modification of the Activities of Daily Living questions of the OARS Multidimensional Assessment Questionnaire© developed by Dr. Gerda G. Fillenbaum (Duke University Medical Center). The Canadian Longitudinal Study on Aging received permission from Dr. Fillenbaum (instrument developer) for the use of this instrument.

| Overview | The Activities of Daily Living (ADL) scale assesses respondents' ability to perform basic <br> daily activities. Activities of daily living are the tasks considered vital to live independently <br> in the community. |
| :--- | :--- |
| The respondent is asked whether help is needed when feeding and dressing oneself, <br> taking care of their appearance, walking around, getting in and out of bed, bathing, and <br> whether they have incontinence problems. These basic daily activities can be difficult to <br> perform for people with mobility restrictions or limitations. |  |
| Information on activities of daily living will help provide insights into limitations that <br> Canadians may face in day to day living, as well as how these limitations change as <br> people age. It is a measure related to the need for caregivers and home care services. |  |

Now l'd like to ask you about some basic activities of daily living. Remember, these are activities that can be done without help, with some help, or which you are unable to do.

| ADL_1 | ADL_ABLDR_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Can you dress and undress yourself without help (including picking out clothes and putting on socks and <br> shoes)? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ADL_2 | ADL_HPDR_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF ADL_ABLDR_COF1 $\boldsymbol{=}$ NO] |  |  |
| Can you dress and undress yourself with some help? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## ADL_3 $\quad$ ADL_UNDR_COF1

[ASK IF ADL_HPDR_COF1 = NO]
Are you completely unable to dress and undress yourself?

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ADL_4 | ADL_ABLFD_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| Can you eat without help (i.e., you are able to feed yourself completely)? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ADL_5 | ADL_HPFD_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF ADL_ABLFD_COF1 $\boldsymbol{=}$ NO] |  |  |
| Can you eat with some help (i.e., you need help with cutting your food, etc.)? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ADL_6 | ADL_UNFD_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF ADL_HPFD_COF1 $=$ NO] |  |  |
| Are you completely unable to feed yourself? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## ADL_7 ADL_ABLAP_COF1

## [ALWAYS ASK]

Can you take care of your own appearance without help, for example, combing your hair, shaving (if male)?

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ADL_8 | ADL_HPAP_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF ADL_ABLAP_COF1 $=$ NO] |  |  |
| Can you take care of your own appearance with some help? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ADL_9 | ADL_UNAP_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF ADL_HPAP_COF1 $=$ NO] |  |  |
| Are you completely unable to take care of your own appearance? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ADL_10 | ADL_ABLWK_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| Can you walk without help? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ADL_11 | ADL_HPWK_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF ADL_ABLWK_COF1 $=$ NO] |  |  |
| Can you walk with some help from a person, or with the use of a walker or crutches, etc.? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ADL_12 | ADL_UNWK_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF ADL_HPWK_COF1 $=$ NO] |  |  |
| Are you completely unable to walk? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

ADL_13 ADL_ABLBD_COF1

## [ALWAYS ASK]

Can you get in and out of bed without any help or aids?

| YES | 01 | Yes |
| :--- | :--- | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ADL_14 | ADL_HPBD_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF ADL_ABLBD_COF1 $=$ NO] |  |  |
| Can you get in and out of bed with some help (either from a person or with the aid of some device)? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## ADL_15 ADL_UNBD_COF1

[ASK IF ADL_HPBD_COF1 = NO]

| Are you totally dependent on someone else to lift you in and out of bed? |  |  |
| :--- | ---: | :--- |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ADL_16 | ADL_ABLBT_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| Can you take a bath or shower without help? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ADL_17 | ADL_HPBT_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF ADL_ABLBT_COF1 $=$ NO] |  |  |
| Can you take a bath or shower with some help (i.e., you need help from someone getting in and out of the tub <br> or you need special attachments on the tub)? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

ADL_18 ADL_UNBT_COF1
[ASK IF ADL_HPBT_COF1 = NO]
Are you completely unable to take a bath and a shower by yourself?

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ADL_19 | ADL_BATH_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Do you ever have trouble getting to the bathroom in time? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ADL_20 | ADL_INCNT_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF ADL_BATH_COF1 $=$ YES] |  |  |
| How often do you wet or soil yourself (either day or night)? Would you say... |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| 0_1_TIME_WEEK | 01 | Never or less than once a week |
| 1_2_TIME_WEEK | 02 | Once or twice a week |
| 3_MORE_TIMES_WEEK | 03 | Three times a week or more |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

ADL_END

## Instrumental Activities of Daily Living (IAL)

This module is a modification of the Activities of Daily Living questions of the OARS Multidimensional Assessment Questionnaire© developed by Dr. Gerda G. Fillenbaum (Duke University Medical Center). The Canadian Longitudinal Study on Aging received permission from Dr. Fillenbaum (instrument developer) for the use of this instrument.

|  | The Instrumental Activities of Daily Living (IADL) scale assesses respondents' ability to <br> independently perform a series of daily activities. |
| :--- | :--- |
| Overview | The respondent is asked whether or not help is needed when using the telephone, <br> traveling, shopping, cooking, doing housework, taking medicine and handling money. <br> Information on instrumental activities of daily living will help provide insights into <br> limitations that Canadians may face in day to day living, as well as how these limitations <br> change as people age. It is a measure related to the need for caregivers and home care <br> services. |
| This module is a companion to the ADL module. |  |

Now l'd like to ask you about some activities of daily living, activities that can be done without help, with some help or which you are unable to do. You may feel that some of these questions do not apply to you, but it is important that we ask the same questions of everyone.

| IAL_1 | IAL_ABLTEL_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| Can you use the telephone without help, including looking up numbers and dialling? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## IAL_2 IAL_HPTEL_COF1

## [ASK IF IAL_ABLTEL_COF1 = NO]

Can you use the telephone with some help (i.e., you can answer the phone or dial the operator in an emergency, but need a special phone or help in getting the number or dialling)?

| YES | 01 | Yes |
| :--- | :--- | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## IAL_3 <br> IAL_UNTEL_COF1

[ASK IF IAL_HPTEL_COF1 = NO]
Are you completely unable to use the telephone?

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| IAL_4 | IAL_ABLTRV_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| Can you get to places out of walking distance without help (i.e., you drive your own car, or travel alone on <br> buses, or taxis)? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| IAL_5 | IAL_HPTRV_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF IAL_ABLTRV_COF1 = NO] |  |  |
| Can you get to places out of walking distance with some help (i.e., you need someone to help you or go with <br> you when travelling)? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| IAL_6 | IAL_UNTRV_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF IAL_HPTRV_COF1 $=$ NO] |  |  |
| Are you unable to travel unless emergency arrangements are made for a specialized vehicle, like an <br> ambulance? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## IAL_7 $\quad$ IAL_ABLGRO_COF1

## [ALWAYS ASK]

Can you go shopping for groceries or clothes without help (taking care of all shopping needs yourself)?

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| IAL_8 | IAL_HPGRO_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF IAL_ABLGRO_COF1 = NO] |  |  |
| Can you go shopping for groceries or clothes with some help (i.e., you need someone to go with you on all <br> shopping trips)? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| IAL_9 | IAL_UNGRO_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF IAL_HPGRO_COF1 $=$ NO] |  |  |
| Are you completely unable to do any shopping? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| IAL_10 | IAL_ABLML_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| Can you prepare your own meals without help (i.e., you plan and cook full meals yourself)? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## IAL_11 <br> IAL_HPML_COF1

[ASK IF IAL_ABLML_COF1 = NO]
Can you prepare your own meals with some help (i.e., you can prepare some things but are unable to cook full meals yourself)?

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| IAL_12 | IAL_UNML_COF1 |
| :--- | :--- |

[ASK IF IAL_HPML_COF1 = NO]
Are you completely unable to prepare any meals?

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| IAL_13 | IAL_ABLWRK_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Can you do your housework without help (i.e., you can clean floors, etc.)? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| IAL_14 | IAL_HPWRK_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF IAL_ABLWRK_COF1 = NO] |  |  |
| Can you do your housework with some help (i.e., you can do light housework but need help with heavy work)? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## IAL_15 <br> IAL_UNWRK_COF1

[ASK IF IAL_HPWRK_COF1 = NO]
Are you completely unable to do any housework?

| YES | 01 | Yes |
| :--- | :--- | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

```
IAL_16
IAL_ABLMED_COF1
```


## [ALWAYS ASK]

Can you take your own medicine without help (in the right doses at the right time)?

| YES | 01 | Yes |
| :--- | :--- | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## IAL_17 IAL_HPMED_COF1

[ASK IF IAL_ABLMED_COF1 = NO]
Can you take your own medicine with some help (i.e., you are able to take medicine if someone prepares it for you or reminds you to take it)?

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

```
IAL_18
IAL_UNMED_COF1
```

[ASK IF IAL_HPMED_COF1 = NO]
Are you completely unable to take your medicine?

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| IAL_19 | IAL_ABLMO_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Can you handle your own money without help (i.e., you write cheques, pay bills, etc.)? |  |  |
| DO NOT READ LIST, CODE ONLY ONE RESPONSE |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| IAL_20 | IAL_HPMO_COF1 |
| :--- | :--- | :--- |
| [ASK IF IAL_ABLMO_COF1 $=$ NO] |  |$|$| Can you handle your own money with some help (i.e., you manage day-to-day buying but need help with <br> managing your chequebook or paying your bills)? |  |  |
| :--- | :--- | :--- |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| IAL_21 | IAL_UNMO_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF IAL_HPMO_COF1 $=$ NO] |  |  |
| Are you completely unable to handle your money? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

[^1]
## Cognition (COG)

Rey Auditory Verbal Learning Test: This test is adapted from André Rey, "L'examen psychologique dans les cas d'encéphalopathie traumatique," Archives de psychologie 28:21, 1941. Recently the procedure has been described and discussed in more detail and with some modifications in André Rey, "L'examen clinique en psychologie," (Paris:
Presses Universitaires, 1958), pp. 141-193. PSYCHOLOGICAL APPRAISAL OF CHILDREN WITH CEREBRAL DEFECTS by Edith Meyer Taylor, pp. 423-428.
The Mental Alternation Test (MAT)® is modeled on the Trail making test. The MAT was developed by Dr. Evelyn Teng (University of Southern California), who gave the Canadian Longitudinal Study on Aging permission to use the test.

| Overview | INTERVIEWER NOTES: REMINDER TO USE THE SCRIPT PRECISELY AS <br> PROVIDED AND TO ADHERE TO THE PRESCRIBED TIME ALLOWANCES IN THE <br> FOLLOWING COGNITION MODULES. |
| :--- | :--- |

Now, I am going to ask you to complete some tasks related to memory and concentration. Some of these tasks might seem difficult and some might seem easy, but that's the way it is supposed to be. We don't expect you to get them all right; we are asking everyone to do these tasks.

| COG_A | COG_REC_COF1 |
| :--- | :--- |

## [ALWAYS ASK]

To help us capture this information accurately, we would like your permission to make an audio recording of your responses. This recording will only be used by authorized CLSA employees to code and verify your responses. It is subject to all of the same confidentiality provisions as all other data collected as part of the CLSA. Do you consent to be recorded?

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

[IF COG_REC_COF1 $=$ YES SKIP TO END OF MODULE]

| COG_1 | COG_RDY_COF1 |
| :--- | :--- | [ASK IF COG_REC_COF1 = YES]

It is very important that you are not disturbed during these tasks. Only you can complete these tasks, without help from anyone else or the use of an aid, which includes pen and paper.
To begin, a recorded voice will ask you a question that you will need to answer. Please listen carefully. Are you ready to listen to the recording?

| YES | 01 | Yes |
| :--- | :--- | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

[^2]| COG_2 | COG_RDYRPT_COF1 |
| :--- | :--- |
| [ASK IF COG_RDY_COF1 = NO or DK_NA] |  |
| INTERVIEWER INSTRUCTION: IF THE PARTICIPANT DID NOT UNDERSTAND, REPEAT THE <br> INSTRUCTIONS. |  |
| A recorded voice will ask you a question that you will need to answer. Please listen carefully. Are you <br> ready to listen to the recording? |  |
| INTERVIEWER NOTES: IF THERE IS TECHNICAL DIFFICULTY AND THE PARTICIPANT CAN'T BE <br> RECORDED SKIP TO COG_END |  |
| YES | 01 |
| NO Yes |  |
| DK_NA | 02 |
| REFUSED | 08 |
| [Do NOT READ] Don't know / No answer |  |
| [IFCOG_RDYRPT_COF1 = REFUSED OR DON'T KNOW/NO ANSWER SKIP TO COG_ANML_COF1, IF |  |
| COG_RDYRPT_COF1 = YES SKIP TO COG_BGN_COF1] |  |


| COG_2a | COG_RDYIMP_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF COG_RDYRPT_COF1 = NO] |  |  |
| INTERVIEWER: Were there any factors that may have impaired the respondent's performance on the test? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| [IF COG_RDYIMP_COF1 $=$ NO SKIP TO COG_ANML_COF1] |  |  |


| COG_2b | COG_RDYCTR_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF COG_RDYIMP_COF1 = YES] |  |  |
| INTERVIEWER: What were the factors? |  |  |
| MULTIPLE RESPONSES ALLOWED (EXCEPT IF 98 OR 99 ARE SELECTED), CODE ALL THAT APPLY |  |  |
| COG_RDYCTR_LG_COF1 | 01 | Had difficulty understanding English/French |
| COG_RDYCTR_PH_COF1 | 02 | Physical impairment, such as difficulty hearing |
| COG_RDYCTR_DI_COF1 | 03 | Distraction or noisy environment |
| COG_RDYCTR_IM_COF1 | 04 | Impaired concentration/memory problems |
| COG_RDYCTR_AID_COF1 | 05 | Used an aid |
| COG_RDYCTR_TE_COF1 | 06 | Technical difficulties with the laptop |
| COG_RDYCTR_OT_COF1 | 97 | Other |
| [IF COG_RDYCTR_COF1 $\neq$ COG_RDYCTR_OT_COF1 SKIP TO COG_ANML_COF1] |  |  |


| COG_2c | COG_RDYFCTR_OTSP_COF1 |
| :--- | :--- |
| [ASK IF COG_RDYFCTR_COF1 $=$ COG_RDYFCTR_OT_COF1] |  |
| Other (please specify: | ) |
| COG_RDYFCTR_OTSP1_COF1 | [OPEN TEXT VARIABLE] |
| [SKIP TO COG_ANML_COF1] |  |


| COG_3 | COG_BGN_COF1 |
| :--- | :--- |
| [ASK IF COG_RDY_COF1 or COG_RDYRPT_COF1 = YES] |  |
| I will begin the recording now. |  |
| INTERVIEWER TO INDICATE IF THE PARTICIPANT CLEARLY HEARD THE RECORDING, DK/RF NOT <br> ALLOWED |  |
| YES | 01 |
| NO | 02 |


| COG_4 | COG_HRD_COF1 |  |
| :---: | :---: | :---: |
| [ASK IF COG_BGN_COF1 = NO] |  |  |
| ADJUST VOLUME AND SAY: I have adjusted the volume. I will replay the recording for you now. |  |  |
| INTERVIEWER TO INDICATE IF THE PARTICIPANT CLEARLY HEARD THE RECORDING, DK/RF NOT ALLOWED |  |  |
| YES | 01 | Yes, clearly heard recording |
| NO | 02 | No, did not clearly hear recording |
| [IF COG_HRD_COF1 = YES SKIP TO COG_WRD_COF1] |  |  |


| COG_4a | COG_HRDIMP_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF COG_HRD_COF1 $=$ NO] |  |  |
| INTERVIEWER: Were there any factors that may have impaired the respondent's performance on the test? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| [IF COG_HRDIMP_COF1 $=$ NO SKIP TO COG_ANML_COF1] |  |  |


| COG_4b COG_ | COG_HRDFCTR_COF1 |  |
| :---: | :---: | :---: |
| [ASK IF COG_HRDIMP_COF1 = YES] |  |  |
| INTERVIEWER: What were the factors? |  |  |
| MULTIPLE RESPONSES ALLOWED (EXCEPT IF 98 OR 99 ARE SELECTED), CODE ALL THAT APPLY |  |  |
| COG_HRDFCTR_LG_COF1 | 01 | Had difficulty understanding English/French |
| COG_HRDFCTR_PH_COF1 | 02 | Physical impairment, such as difficulty hearing |
| COG_HRDFCTR_DI_COF1 | 03 | Distraction or noisy environment |
| COG_HRDFCTR_IM_COF1 | 04 | Impaired concentration/memory problems |
| COG_HRDFCTR_AID_COF1 | 05 | Used an aid |
| COG_HRDFCTR_TE_COF1 | 06 | Technical difficulties with the laptop |
| COG_HRDFCTR_OT_COF1 | 97 | Other |
| COG_HRDFCTR_DK_NA_COF1 | 98 | [DO NOT READ] Don't know/No answer |
| COG_HRDFCTR_REFUSED_COF1 | 99 | [DO NOT READ] Refused |
| [IF COG_HRDFCTR_COF1 = COG_HRDFCTR_OT_COF1 SKIP TO COG_ANML_COF1] |  |  |


| COG_4c | COG_HRDFCTR_OTSP_COF1 |
| :--- | :--- |
| [ASK IF COG_HRDFCTR_COF1 $=$ COG_HRDFCTR_OT_COF1] |  |
| Other (please specify: $\quad$ C $)$ |  |
| COG_HRDFCTR_OTSP1_COF1 | [OPEN TEXT VARIABLE] |
| [SKIP TO COG_ANML_COF1] |  |


| COG_5 | COG_WRD_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF COG_BGN_COF1 or COG_HRD_COF1 = YES] |  |  |
| The first task will start with a recorded voice that will read you a list of words. We have purposely made the <br> list long so it will be difficult for anyone to recall all of the words. Most people recall just a few words. Please <br> listen carefully, as the list of words cannot be repeated. When the list of words is finished, I will ask you to <br> recall aloud as many of the words as you can, in any order. May I start the recording? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |
| INTERVIEWER NOTES: <br> NOT RECITE THE WORDS |  |  |
| IIF COG_WRRD_COF1 = REFUSED THE PF WORTICIPSANT AND SKIP TO COG_ANML_COF1. |  |  |
| COG_WRDLST_COFF1] |  |  |


| COG_6 | COG_WRDRPT_COF1 |
| :--- | :--- |
| [ASK IF COG_WRD_COF1 = NO or DK_NA] |  |
| INTERVIEWER: IF THE PARTICIPANT DID NOT UNDERSTAND, REPEAT THE INSTRUCTIONS: |  |
| The first task will start with a recorded voice that will read you a list of words. We have purposely made the <br> list long so it will be difficult for anyone to recall all of the words. Most people recall just a few words. Please <br> listen carefully, as the list of words cannot be repeated. When the list of words is finished, I will ask you to <br> recall aloud as many of the words as you can, in any order. May l start the recording? |  |
| YES | 01 |
| NO Yes |  |
| DK_NA | 02 |
| REFUSED | 08 |
| [DO NOT READ] Don't know/No answer |  |
| [IF COG_WRDRPT_COF1 = REFUSED OR DON'T KNOW/NO ANSWER SKIP TO COG_ANML_COF1, IF <br> COG_WRDRPT_COF1 = YES SKIP TO COG_WRDLST_COF1] |  |


| COG_6a | COG_WRDIMP_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF COG_WRDRPT_COF1 = NO] |  |  |
| INTERVIEWER: Were there any factors that may have impaired the respondent's performance on the test? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| [IF COG_WRDIMP_COF1 $=$ NO SKIP TO COG_ANML_COF1] |  |  |


| COG_6b | COG_WRDCTR_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF COG_WRDIMP_COF1 $=$ YES] |  |  |
| INTERVIEWER: What were the factors? |  |  |
|  |  |  |
| MULTIPLE RESPONSES ALLOWED (EXCEPT IF 98 OR 99 ARE SELECTED). CODE ALL THAT APPLY |  |  |
| COG_WRDCTR_LG_COF1 | 01 | Had difficulty understanding English/French |
| COG_WRDCTR_PH_COF1 | 02 | Physical impairment, such as difficulty hearing |
| COG_WRDCTR_DI_COF1 | 03 | Distraction or noisy environment |
| COG_WRDCTR_IM_COF1 | 04 | Impaired concentration/memory problems |
| COG_WRDCTR_AID_COF1 | 05 | Used an aid |
| COG_WRDCTR_TE_COF1 | 06 | Technical difficulties with the laptop |
| COG_WRDCTR_OT_COF1 | 97 | Other |
| [IF COG_WRDCTR_COF1 $\neq$ COG_WRDCTR_OT_COF1 SKIP TO COG_ANML_COF1] |  |  |


| COG_6c | COG_WRDFCTR_OTSP_COF1 |
| :--- | :--- |
| [ASK IF COG_WRDCTR_COF1 $=$ COG_WRDCTR_OT_COF1] |  |
| Other (please specify: |  |
| COG_WRDFCTR_OTSP1_COF1 | [OPEN TEXT VARIABLE] |
| [SKIP TO COG_ANML_COF1] |  |



[^3]| COG_7a | COG_WRDLST_OTSP_COF1 |
| :--- | :--- |
| [ASK IF COG_WRDLST_COF1 $=$ COG_WRDLST_OT_COF1] |  |
| Other (please specify: | ) |
| COG_WRDLST_OTSP1_COF1 | [OPEN TEXT VARIABLE] |


| COG_7b | COG_WRDLST_COMMT_COF1 |
| :--- | :--- |
| [ASK IF COG_RDY_COF1 = YES or COG_RDYRPT_COF1 = YES ] |  |
| COG_WRDLST_COMMT_COF1 | Comments: (If there is no comment enter "NA") |
| Thank you. This task is finished. |  |
| RECORDING INSTRUCTIONS: END RECORDING |  |


| COG_9 | COG_ANML_COF1 |
| :--- | :--- |
| [ASK IF COG_REC_COF1 $=$ YES] |  |

For the next few tasks, we are going to ask you to name some items, as well as count numbers and letters aloud.
INTERVIEWER NOTES: The following tasks should be performed in either French or English, not both.
Now, I would like you to name as many different animals as you can think of. You have one minute to do this. When you are ready to begin, I will start. Are you ready to begin?

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

[IF COG_ANML_COF1 = YES SKIP TO COG_ANMLLIST_COF1, IF COG_ANML_COF1 = REFUSED SKIP TO COG_CNT_COF1]

| COG_10 | COG_ANML_RPT_COF1 |
| :--- | :--- |
| [ASK IF COG_ANML_COF1 $=$ NO or DK_NA] |  |

## IF THE PARTICIPANT DID NOT UNDERSTAND, REPEAT THE INSTRUCTIONS.

Now, I would like you to name as many different animals as you can think of. You have one minute to do this. When you are ready to begin, I will start. Are you ready to begin?

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

[IF COG_ANML_COF1 = YES SKIP TO COG_ANMLLIST_COF1, IF COG_ANML_COF1 = REFUSED OR DON'T KNOW/NO ANSWER SKIP TO COG_CNT_COF1]

| COG_10a | COG_ANMLIMP_COF1 |
| :--- | :--- |
| [ASK IF COG_ANML_RPT_COF1 $=$ NO] |  |
| INTERVIEWER: Were there any factors that may have impaired the respondent's performance on the test? |  |
| YES | 01 |
| Yes |  |
| NO | 02 | No $\quad$| [IF COG_ANML_COF1 $=$ NO SKIP TO COG_CNT_COF1] |
| :--- |


| COG_10b | COG_ANMLFCTR_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF COG_ANMLIMP_COF1 = YES] |  |  |
| INTERVIEWER: What were the factors? MULTIPLE RESPONSES ALLOWED (EXCEPT IF 98 OR 99 ARE |  |  |
| SELECTED), CODE ALL THAT APPLY |  |  |
| COG_ANMLFCTR_LG_COF1 | 01 | Had difficulty understanding English/French |
| COG_ANMLFCTR_PH_COF1 | 02 | Physical impairment, such as difficulty hearing |
| COG_ANMLFCTR_DI_COF1 | 03 | Distraction or noisy environment |
| COG_ANMLFCTR_IM_COF1 | 04 | Impaired concentration/memory problems |
| COG_ANMLFCTR_AID_COF1 | 05 | Used an aid |
| COG_ANMLFCTR_TE_COF1 | 06 | Technical difficulties with the laptop |
| COG_ANMLFCTR_OT_COF1 | 97 | Other |
| [IF COG_ANMLFCTR_COF1 $\neq$ COG_ANMLFCTR_OT_COF1 SKIP TO COG_CNT_COF1] |  |  |


| COG_10c | COG_ANMLFCTR_OTSP_COF1 |
| :--- | :--- |
| [ASK IF COG_ANMLFCTR_COF1 $=$ COG_ANMLFCTR_OT_COF1] |  |
| Other (please specify: |  |
| COG_ANMLFCTR_OTSP1_COF1 | [OPEN TEXT VARIABLE] |
| [SKIP TO COG_CNT_COF1] |  |


| COG_11 | COG_ANMLLIST_COF1 |
| :--- | :--- |
| [ASK IF COG_ANML_COF1 OR COG_ANML_RPT_COF1 = YES] |  |
| RECORDING INSTRUCTIONS: BEGIN RECORDING |  |
| Please begin. |  |
| TIMER INSTRUCTIONS: PARTICIPANT HAS 60 SECONDS. TIMER SHOULD NOT BE RESET |  |
| OR PAUSED, UNLESS THERE ARE TECHNICAL DIFFICULTIES. A BEEP WILL SOUND |  |
| WHEN THE TIMER COMPLETES, DO NOT STOP THE TIMER BEFORE THE BEEP. |  |
| INTERVIEWER INSTRUCTIONS: IF THE PARTICIPANT IS SILENT FOR 15 SECONDS OR STOPS |  |
| BEFORE THE END OF THE TIMER, ENCOURAGE HIM/HER BY SAYING, "Can you think of any more |  |
| animals?" |  |
| DO NOT INTERRUPT THE PARTICIPANT IF HE/SHE IS PROVIDING APPROPRIATE ANSWERS. |  |
| ONLY IF THE PARTICIPANT ASKS FOR CLARIFICATION ON WHAT CATEGORIES OF ANIMALS ARE |  |
| ALLOWED OR ASKS IF A SPECIFIC CATEGORY(IES) COUNT (i.e.: BIRDS, FISH, INSECTS) MAY YOU |  |
| PROVIDE CLARIFICATION. DO NOT HELP THE PARTICIPANT. |  |
| COG_ANMLLIST_COMMT_COF1 | Comments: (If there is none, enter "NA") |
| Thank you. This task is finished. |  |
| RECORDING INSTRUCTIONS: END RECORDING |  |


| COG_12 | COG_CNT_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF COG_REC_COF1 $=$ YES] |  |  |
| Now, I would like you to count from 1 to 20, from 1, 2, 3, 4 and so on. Are you ready to begin? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

[IF COG_CNT_COF1 = YES SKIP TO COG_CNTTIME_RECYN_COF1, IF COG_CNT_COF1 = REFUSED SKIP TO COG_WRDLST2_COF1]

| COG_13 | COG_CNTRPT_COF1 |
| :--- | :--- |
| [ASK IF COG_CNT_COF1 $=$ NO or DK_NA] |  |

IF THE PARTICIPANT DID NOT UNDERSTAND, REPEAT THE QUESTION.
Now, I would like you to count from 1 to 20 , from 1, 2, 3,4 and so on. Are you ready to begin?

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

[^4]| COG_13a | COG_CNTIMP_COF1 |
| :--- | ---: |
| [ASK IF COG_CNTRPT_COF1 $=$ NO] |  |
| INTERVIEWER: Were there any factors that may have impaired the respondent's performance on the test? |  |
| YES | 01 | Yes, | NO | 02 | No |
| :--- | ---: | :--- |
| [IF COG_CNTIMP_COF1 $=$ NO SKIP TO COG_WRDLST2_COF1] |  |  |


| COG_13b | COG_CNTLST_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF COG_CNTIMP_COF1 = YES] |  |  |
| INTERVIEWER: What were the factors? |  |  |
| MULTIPLE RESPONSES ALLOWED (EXCEPT IF 98 OR 99 ARE SELECTED), CODE ALL THAT APPLY |  |  |
| COG_CNTLST_LG_COF1 | 01 | Had difficulty understanding English/French |
| COG_CNTLST_PH_COF1 | 02 | Physical impairment, such as difficulty hearing |
| COG_CNTLST_DI_COF1 | 03 | Distraction or noisy environment |
| COG_CNTLST_IM_COF1 | 04 | Impaired concentration/memory problems |
| COG_CNTLST_AID_COF1 | 05 | Used an aid |
| COG_CNTLST_TE_COF1 | 06 | Technical difficulties with the laptop |
| COG_CNTLST_OT_COF1 | 97 | Other |
| [IF COG_CNTLST_COF1 $\neq$ COG_CNTLST_OT_COF1 SKIP TO COG_WRDLST2_COF1] |  |  |


| COG_13c | COG_CNTLST_OTSP_COF1 |
| :--- | :--- |
| [ASK IF COG_CNTLST_COF1 $\boldsymbol{=}$ COG_CNTLST_OT_COF1] |  |
| Other (please specify: | ) |
| COG_CNTLST_OTSP1_COF1 | [OPEN TEXT VARIABLE] |
| [SKIP TO COG_WRDLST2_COF1] |  |


| COG_14 | COG_CNTTME_RECORD_COF1 |
| :--- | :--- |
| [ASK IF COG_CNT_COF1 OR COG_CNTRPT_COF1 = YES] |  |
| RECORDING INSTRUCTIONS: BEGIN RECORDING |  |
| Please begin. |  |
| TIMER INSTRUCTIONS: STOP RECORDING IMMEDIATELY WHEN THE PARTICIPANT HAS <br> SUCCESSFULLY COUNTED FROM 1 TO 20 OR THE TIME REACHES 30 SECONDS, WHICHEVER <br> COMES FIRST. <br> ONCE STARTED, THIS QUESTION CANNOT BE RE-ENTERED. THE TIMER SHOULD NOT BE PAUSED <br> OR RESET, UNLESS THERE ARE TECHNICAL DIFFICULTIES. DK/RF NOT ALLOWED |  |
| INTERVIEWER NOTES: MUST BE COMPLETED IN ENGLISH OR FRENCH, NOT BOTH |  |
| COG_CNTTME_RECYN_COF1 |  |
| Was the participant able to successfully count from 1-20? |  |
| INTERVIEWER NOTES: SMALL ERRORS ARE ALLOWED |  |
| YES | 01 |
| NO Yes |  |
| COG_CNTTIME_COMMT_COF1 | Comments: (If there is none enter "NA") |
| [IF COG_CNTTME_RECYN_COF1 = NO SKIP TO COG_WRDLST2_COF1] |  |


| COG_14a | COG_CNTTME_NB_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF COG_CNTTME_RECYN_COF1 = YES] |  |  |
| COG_CNTTME_NB_COF1 | - | Record exact time in seconds: MASK: MIN=01, MAX=30 |
| Thank you. This task is finished. |  |  |
| RECORDING INSTRUCTIONS: END RECORDING |  |  |


| COG_16 | COG_ALP_COF1 |  |
| :---: | :---: | :---: |
| [ASK IF COG_REC_COF1 = YES AND COG_CNTTIME_RECYN_COF1 = YES] |  |  |
| Now, I would like you to say the alphabet, from A, B, C, D and so on. Are you ready to begin? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT |
| REFUSED | 09 | [DO NOT |
| [IF COG_ALP_COF1 = YES SKIP TO COG_ALTTIME_REC_COF1, IF COG_ALP_COF1 = REFUSED SKIP TO COG_WRDLST2_COF1] |  |  |


| COG_17 | COG_ALPRPT_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF COG_ALP_COF1 = NO or DK_NA] |  |  |
| IF THE PARTICIPANT DID NOT UNDERSTAND, REPEAT THE QUESTION. |  |  |
| Now, I would like you to say the alphabet, from A, B, C, D and so on. Are you ready to begin? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |
| IIF COG_ALPRPT_COF1 $=$ YES SKIP TO COG_ALPTME_REC_COF1, IF COG_ALPRPT_COF1 $=$ <br> REFUSED OR DON'T KNOW/NO ANSWER SKIP TO COG_WRDLST2_COF1] |  |  |


| COG_17a | COG_ALPFCTR_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF COG_ALPRPT_COF1 $=$ NO] |  |  |
| INTERVIEWER: Were there any factors that may have impaired the respondent's performance on the test? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| [IF COG_ALPFCTR_COF1 $=$ NO SKIP TO COG_WRDLST2_COF1] |  |  |


| COG_17b | COG_ALPLST_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF COG_ALPFCTR_COF1 = YES] |  |  |
| INTERVIEWER: What were the factors? <br> MULTIPLE RESPONSES ALLOWED (EXCEPT IF 98 OR 99 ARE SELECTED), CODE ALL THAT APPLY <br> COG_ALPLST_LG_COF1 001 | Had difficulty understanding English/French |  |
| COG_ALPLST_PH_COF1 | 02 | Physical impairment, such as difficulty hearing |
| COG_ALPLST_DI_COF1 | 03 | Distraction or noisy environment |
| COG_ALPLST_IM_COF1 | 04 | Impaired concentration/memory problems |
| COG_ALPLST_AID_COF1 | 05 | Used an aid |
| COG_ALPLST_TE_COF1 | 06 | Technical difficulties with the laptop |
| COG_ALPLST_OT_COF1 | 97 | Other |
| [IF COG_ALPLST_COF1 $\neq$ COG_ALPLST_OT_COF1 SKIP TO COG_WRDLST2_COF1] |  |  |


| COG_17c | COG_ALPLST_OTSP_COF1 |
| :--- | :--- |
| [ASK IF COG_ALPLST_COF1 $=$ COG_ALPLST_OT_COF1] |  |
| Other (please specify: $\quad$ ) |  |
| COG_ALPLST_OTSP1_COF1 | [OPEN TEXT VARIABLE] |
| [SKIP TO COG_WRDLST2_COF1] |  |


| COG_18 | COG_ALPTME_RECORD_COF1 |
| :--- | :--- |
| [ASK IF COG_ALP_COF1 = YES OR COG_ALPRPT_COF1 = YES AND COG_CNTTME_RECYN_COF1 = <br> YES] |  |
| RECORDING INSTRUCTIONS: BEGIN RECORDING |  |
| Please begin. |  |
| TIMER INSTRUCTIONS: STOP RECORDING IMMEDIATELY WHEN THE PARTICIPANT HAS <br> SUCCESSFULLY RECITED FROM A TO Z OR THE TIME REACHES 30 SECONDS, WHICHEVER COMES <br> FIRST. ONCE STARTED, THIS QUESTION CANNOT BE RE-ENTERED AND THE TIMER SHOULD NOT <br> BE PAUSED OR RESET, UNLESS THERE ARE TECHNICAL DIFFICULTIES. DK/RF NOT ALLOWED. |  |
| INTERVIEWER NOTES: MUST BE COMPLETED IN ENGLISH OR FRENCH, NOT BOTH |  |
| COG_ALPTME_RECYN_COF1 |  |
| Was the participant able to successfully recite the alphabet? |  |
| INTERVIEWER NOTES: SMALL ERRORS ARE ALLOWED |  |
| YES |  |
| NO | 01 |
| [IF COG_ALPTME_RECYN_COF1 $=$ NO SKIP TO COG_WRDLST2_COF1] |  |
| COG_ALPTME_COMMT_COF1 | Comments: (If there is none enter "NA") |


| COG_18a | COG_ALPTME_REC_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF COG_ALPTME_RECYN_COF1 $=$ YES] |  |  |
| COG_ALPTME_NB_COF1 | $\ldots$ | Record exact time in seconds: MASK: MIN=01, MAX=30 |
| Thank you. This task is finished. |  |  |
| RECORDING INSTRUCTIONS: END RECORDING |  |  |


| COG_19 | COG_ALT_COF1 |  |
| :---: | :---: | :---: |
| [ASK IF COG_REC_COF1 = YES and COG_CNTTME_RECYN_COF1 = YES and COG_ALPTME_RECYN_COF1 = YES] |  |  |
| Now, I would like you to alternate consecutive numbers, beginning with number 1, with the alphabet, beginning with the letter $A$, such as $1-A, 2-B, 3-C, 4-D$, and so on. Are you ready to begin? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT |
| REFUSED | 09 | [DO NOT |
| [IF COG_ALT_COF1 = YES SKIP TO COG_ALTTME_REC_COF1, IF COG_ALT_COF1 = REFUSED SKIP TO COG_WRDLST2_COF1] |  |  |


| COG_20 | COG_ALTRPT_COF1 |
| :--- | :--- |
| [ASK IF COG_ALT_COF1 = DK_NA OR NO] |  |
| IF THE PARTICIPANT DID NOT UNDERSTAND, REPEAT THE QUESTION. |  |
| Now, I would like you to alternate consecutive numbers, beginning with number 1, with the alphabet, <br> beginning with the letter A, such as 1-A, 2-B, 3-C, 4-D, and so on. Are you ready to begin? |  |
| YES | 01 |
| NO | 02 |
| DK_NA | No |
| REFUSED | 08 |
| [DO NOT READ] Don't know/No answer |  |
| [IF COG_ALPRPT_COF1 = YES SKIP TO COG_ALTTIME_REC_COF1, IF COG_ALPRPT_COF1 = |  |
| REFUSED OR DK_NA SKIP TO COG_WRDLST2_COF1] |  |


| COG_20a | COG_ALTFCT_COF1 |
| :--- | :---: |
| [ASK IF COG_ALPRPT_COF1 = DK_NA OR NO] |  |

INTERVIEWER: Were there any factors that may have impaired the respondent's performance on the test?

| YES | 01 | Yes |
| :--- | :--- | :--- |
| NO | 02 | No |

[^5]| COG_20b | COG_ALTLST_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF COG_ALTFCT_COF1 = YES] |  |  |
| INTERVIEWER: What were the factors? <br> MULTIPLE RESPONSES ALLOWED (EXCEPT IF 98 OR 99 ARE SELECTED), CODE ALL THAT APPLY <br> COG_ALTLST_LG_COF1$r 01$ | Had difficulty understanding English/French |  |
| COG_ALTLST_PH_COF1 | 02 | Physical impairment, such as difficulty hearing |
| COG_ALTLST_DI_COF1 | 03 | Distraction or noisy environment |
| COG_ALTLST_IM_COF1 | 04 | Impaired concentration/memory problems |
| COG_ALTLST_AID_COF1 | 05 | Used an aid |
| COG_ALTLST_TE_COF1 | 06 | Technical difficulties with the laptop |
| COG_ALTLST_OT_COF1 | 97 | Other |
| [IF COG_ALTLST_COF1 $\boldsymbol{\text { \& COG_ALTLST_OT_COF1 SKIP TO COG_WRDLST2_COF1] }}$ |  |  |


| COG_20c | COG_ALTLST_OTSP_COF1 |
| :--- | :--- |
| [ASK IF COG_ALTLST_COF1 $=$ COG_ALTLST_OT_COF1] |  |
| Other (please specify: | ) |
| COG_ALTLST_OTSP1_COF1 | [OPEN TEXT VARIABLE] |
| [SKIP TO COG_WRDLST2_COF1] |  |


| COG_21 | COG_ALTTME_REC_COF1 |
| :--- | :--- |
| [ASK IF COG_ALT_COF1 OR COG_ALTRPT_COF1 = YES AND COG_CNTTME_RECYN_COF1 AND |  |
| COG_ALPTME_RECYN_COF1 = YES] |  |


| COG_22 | COG_WRDLST2_COF1 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| [ASK IF COG_WRDLSTREC_COF1 IS NOT NULL] |  |  |  |  |  |  |  |
| A little while ago, a recorded voice read you a list of words and you repeated the ones you could remember. Please tell me any of the words that you can remember now. |  |  |  |  |  |  |  |
| RECORDING INSTRUCTIONS: BEGIN RECORDING |  |  |  |  |  |  |  |
| RECORD ALL WORDS THAT PARTICIPANT CORRECTLY RECALLS. <br> TIMER INSTRUCTIONS: PARTICIPANT HAS 60 SECONDS. TIMER SHOULD NOT BE RESET OR PAUSED, UNLESS THERE ARE TECHNICAL DIFFICULTIES. A BEEP WILL SOUND WHEN THE TIMER COMPLETES. DO NOT STOP THE TIMER BEFORE THE BEEP. |  |  |  |  |  |  |  |
| INTERVIEWER NOTES: IF THE PARTICIPANT STARTS WITH LISTING OF THE ANIMALS THEY PREVIOUSLY NAMED, INTERRUPT THEM AND REPEAT THE INSTRUCTIONS. |  |  |  |  |  |  |  |
|  |  |  |  | Yes | No | Variant | Approved Variant Words |
| COG_WR | 2_DRUM_COF1 | Drum | 01 |  |  |  | Dum or drub |
| COG_WR | 2_CURT_COF1 | Curtain | 02 |  |  |  | certain |
| COG_WR | 2_BELL_COF1 | Bell | 03 |  |  |  | ball |
| COG_WR | 2_COFF_COF1 | Coffee | 04 |  |  |  | NA |
| COG_WR | T2_SCHL_COF1 | School | 05 |  |  |  | Cool |
| COG_WR | T2_PRNT_COF1 | Parent | 06 |  |  |  | NA |
| COG_WR | T2_MOON_COF1 | Moon | 07 |  |  |  | NA |
| COG_WR | T2_GARD_COF1 | Garden | 08 |  |  |  | NA |
| COG_WR | T2_HAT_COF1 | Hat | 09 |  |  |  | NA |
| COG_WR | T2_FARM_COF1 | Farmer | 10 |  |  |  | Armor, former |
| COG_WR | T2_NOSE_COF1 | Nose | 11 |  |  |  | NA |
| COG_WR | T2_TURK_COF1 | Turkey | 12 |  |  |  | NA |
| COG_WR | T2_COLR_COF1 | Colour | 13 |  |  |  | Collar |
| COG_WR | T2_HOUS_COF1 | House | 14 |  |  |  | NA |
| COG_WR | T2_RIVR_COF1 | River | 15 |  |  |  | NA |
| COG_WR | T2_NONE_COF1 | None/No words were correctly recalled | 96 |  |  |  | NA |
| COG_WR | T2_OT_COF1 | OTHER words stated not on the above list | 97 |  |  |  |  |
| COG_WRDLST2_REFUSED_COF1 |  |  | 99 | [DO NOT READ] Refused |  |  |  |
| [IF COG_WRDLST2_COF1 = COG_WRDLST2_OT_COF1 OR COG_WRDLST2_REFUSED_COF1 SKIP TO COG_WRDLST_COMMT_COF1] |  |  |  |  |  |  |  |

* Please see the citation at the beginning of the Cognition module in this questionnaire.

| COG_22a | COG_WRDLST2_OTSP_COF1 |
| :--- | :--- |
| [ASK IF COG_WRDLST2_OTSP_COF1 = COG_WRDLST2_OT_COF1] |  |
| Other (please specify: | ) |
| COG_WRDLST2_OTSP1_COF1 | [OPEN TEXT VARIABLE] |
| Thank you. This is the end of the recording session. |  |
| RECORDING INSTRUCTIONS: END RECORDING |  |


| COG_22b | COG_WRDLST2_COMMT_COF1 |
| :--- | :--- |
| Comments: (If there is none enter "NA") |  |

## Life Space Index (LSI)

This module uses the University of Alabama at Birmingham (UAB) Study of Aging Life-Space Assessment (LSA).
Peel, C., Baker, P. S., Roth, D. L., Brown, C. J., Bodner, E. V., \& Allman, R. M. (2005). Assessing mobility in older adults: the UAB Study of Aging Life-Space Assessment. Physical therapy, 85(10), 1008-1019.

|  | The questions in this module aim to describe the range of movement through the <br> environment covered during daily functioning. They incorporate where a person goes, <br> the frequency of going there, and the need for assistance. <br> Information gathered in this questionnaire will serve as a measure of functional status, <br> and a marker of environmental complexity and active lifestyle. It encompasses the effect <br> of biomedical, psychological, socioeconomic, environmental, and social support factors <br> on mobility. |
| :--- | :--- |

The following questions refer to your activities just within the past month.

| LSI_1 - LSI_5 |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| [ALWAYS ASK] |  | Yes | No | DK/ <br> NA | RF |  |
| INTERVIEWER INSTRUCTION: A YES / NO / DK_NA / REFUSED RESPONSE IS REQUIRED FOR EACH <br> QUESTION IN THE TABLE |  |  |  |  |  |  |
| LSI_1 | LSI_ROOM_COF1 | During the past four weeks, have you been to <br> other rooms of your home besides the room <br> where you sleep? |  |  |  |  |
| LSI_2 | LSI_OUT_COF1 | During the past four weeks, have you been to <br> an area outside your home such as your porch, <br> deck or patio, hallway (of an apartment <br> building) or garage, in your own yard or <br> driveway? |  |  |  |  |
| LSI_3 | LSI_NGHB_COF1 | During the past four weeks, have you been to <br> places in your neighbourhood, other than your <br> own yard or apartment building? |  |  |  |  |
| LSI_4 | LSI_TOWN_COF1 | During the past four weeks, have you been to <br> places outside your neighbourhood, but within <br> your town? |  |  |  |  |
| LSI_5 | LSI_FAR_COF1 | During the past four weeks, have you been to <br> places outside your town? |  |  |  |  |


| LSI_6 | LSI_RMFQ_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF LSI_ROOM_COF1 $=$ YES] |  |  |
| How often did you get to other rooms of your home besides the room where you sleep? |  |  |
| LESS_ONCE_WEEK | 01 | Less than once per week |
| 1_3_TIMES_WEEK | 02 | 1 to 3 times per week |
| 4_6_TIMES_WEEK | 03 | 4 to 6 times per week |
| DAILY | 04 | Daily |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LSI_7 | LSI_OUTFQ_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF LSI_OUT_COF1 $=$ YES] |  |  |
| How often did you get to an area outside your home such as your porch, deck or patio, hallway (of an <br> apartment building) or garage, in your own yard or driveway? |  |  |
| LESS_ONCE_WEEK | 01 | Less than once per week |
| 1_3_TIMES_WEEK | 02 | 1 to 3 times per week |
| 4_6_TIMES_WEEK | 03 | 4 to 6 times per week |
| DAILY | 04 | Daily |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LSI_8 | LSI_NGHBFQ_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF LSI_NGHB_COF1 $\boldsymbol{=}$ YES] |  |  |
| How often did you get to places in your neighbourhood, other than your own yard or apartment building? |  |  |
| LESS_ONCE_WEEK | 01 | Less than once per week |
| 1_3_TIMES_WEEK | 02 | 1 to 3 times per week |
| 4___TIMES_WEEK | 03 | 4 to 6 times per week |
| DAILY | 04 | Daily |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LSI_9 | LSI_TWNFQ_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF LSI_TWN_COF1 $=$ YES] |  |  |
|  |  |  |
| How often did you get to places outside your neighbourhood, but within your town? |  |  |
| LESS_ONCE_WEEK | 01 | Less than once per week |
| 1_3_TIMES_WEEK | 02 | 1 to 3 times per week |
| 4_6_TIMES_WEEK | 03 | 4 to 6 times per week |
| DAILY | 04 | Daily |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LSI_10 | LSI_FARFQ_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF LSI_FAR_COF1 $\boldsymbol{=}$ YES] |  |  |
|  |  |  |
| How often did you get to places outside your town? |  |  |
| LESS_ONCE_WEEK | 01 | Less than once per week |
| 1_3_TIMES_WEEK | 02 | 1 to 3 times per week |
| 4_6_TIMES_WEEK | 03 | 4 to 6 times per week |
| DAILY | 04 | Daily |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LSI_11 | LSI_RMAID_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF LSI_ROOM_COF1 $=$ YES] |  |  |
| Did you use aids or equipment, or need help from another person to get to other rooms of your home <br> besides the room where you sleep? |  |  |
| PERSONAL_ASSISTANCE | 01 | Yes, personal assistance |
| EQUIPMENT_ONLY | 02 | Yes, equipment only |
| NO | 03 | No |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LSI_12 | LSI_OUTAID_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF LSI_OUT_COF1 = YES] |  |  |
| Did you use aids or equipment, or need help from another person to get to an area outside your home such <br> as your porch, deck or patio, hallway (of an apartment building) or garage, in our own yard or driveway? |  |  |
| PERSONAL_ASSISTANCE | 01 | Yes, personal assistance |
| EQUIPMENT_ONLY | 02 | Yes, equipment only |
| NO | 03 | No |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LSI_13 | LSI_NGHBAID_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF LSI_NGHB_COF1 $=$ YES] |  |  |
| Did you use aids or equipment, or need help from another person to get to places in your neighbourhood, <br> other than your own yard or apartment building? |  |  |
| PERSONAL_ASSISTANCE | 01 | Yes, personal assistance |
| EQUIPMENT_ONLY | 02 | Yes, equipment only |
| NO | 03 | No |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## LSI_14 $\quad$ LSI_TWNAID_COF1 <br> [ASK IF LSI_TWN_COF1 = YES]

Did you use aids or equipment, or need help from another person to get to places outside your neighbourhood, but within your town?

| PERSONAL_ASSISTANCE | 01 | Yes, personal assistance |
| :--- | ---: | :--- |
| EQUIPMENT_ONLY | 02 | Yes, equipment only |
| NO | 03 | No |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LSI_15 | LSI_FARAID_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF LSI_FAR_COF1 $=$ YES] |  |  |
| Did you use aids or equipment, or need help from another person to get to places outside your town? |  |  |
| PERSONAL_ASSISTANCE | 01 | Yes, personal assistance |
| EQUIPMENT_ONLY | 02 | Yes, equipment only |
| NO | 03 | No |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## LSI_END

## Satisfaction with Life Scale (SLS)

| Overview | This module asks respondents how satisfied they are with their life overall. Researchers <br> are interested in the connection between satisfaction with life and overall physical and <br> mental health and well-being. The degree to which a person is satisfied with life may be <br> related to social support, work or activities, and may be negatively affected by major <br> losses. |
| :--- | :--- |

Now a series of statements that people might use to describe their satisfaction with their lives. Please tell me if you disagree or agree with each statement.

| SLS_1 | SLS_LIFE_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| In most ways, my life is close to my ideal. |  |  |
| READ LIST IF NECESSARY, CODE ONLY ONE RESPONSE |  |  |
| DISAGREE | 01 | Disagree |
| NEITHER_AGREE_DISAGREE | 02 | Neither agree nor disagree |
| AGREE | 03 | Agree |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SLS_2 | SLS_LIFENEG_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF SLS_LIFE_COF1 = DISAGREE] |  |  |
| Would you say you... |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| SLIGHTLY_DISAGREE | 01 | Slightly disagree |
| DISAGREE | 02 | Disagree |
| STRONGLY_DISAGREE | 03 | Strongly disagree |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SLS_3 | SLS_LIFEPOS_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF SLS_LIFE_COF1 $\boldsymbol{\text { a AGREE] }}$ |  |  |
| Would you say you... |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| SLIGHTLY_AGREE | 01 | Slightly agree |
| AGREE | 02 | Agree |
| STRONGLY_AGREE | 03 | Strongly agree |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SLS_4 | SLS_COND_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| The conditions of my life are excellent. |  |  |
|  |  |  |
| READ LIST IF NECESSARY, CODE ONLY ONE RESPONSE |  |  |
| DISAGREE | 01 | Disagree |
| NEITHER_AGREE_DISAGREE | 02 | Neither agree nor disagree |
| AGREE | 03 | Agree |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SLS_5 | SLS_CONDNEG_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF SLS_COND_COF1 $~=~ D I S A G R E E] ~$ |  |  |
| Would you say you... |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| SLIGHTLY_DISAGREE | 01 | Slightly disagree |
| DISAGREE | 02 | Disagree |
| STRONGLY_DISAGREE | 03 | Strongly disagree |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SLS_6 | SLS_CONDPOS_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF SLS_COND_COF1 = AGREE] |  |  |
| Would you say you... |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| SLIGHTLY_AGREE | 01 | Slightly agree |
| AGREE | 02 | Agree |
| STRONGLY_AGREE | 03 | Strongly agree |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SLS_7 | SLS_SATS_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| I am satisfied with my life. |  |  |
| READ LIST IF NECESSARY, CODE ONLY ONE RESPONSE |  |  |
| DISAGREE | 01 | Disagree |
| NEITHER_AGREE_DISAGREE | 02 | Neither agree nor disagree |
| AGREE | 03 | Agree |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SLS_8 | SLS_SATSNEG_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF SLS_SATS_COF1 = DISAGREE] |  |  |
| Would you say you... |  |  |
|  |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| SLIGHTLY_DISAGREE | 01 | Slightly disagree |
| DISAGREE | 02 | Disagree |
| STRONGLY_DISAGREE | 03 | Strongly disagree |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SLS_9 | SLS_SATSPOS_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF SLS_SATS_COF1 $=$ AGREE] |  |  |
| Would you say you... |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| SLIGHTLY_AGREE | 01 | Slightly agree |
| AGREE | 02 | Agree |
| STRONGLY_AGREE | 03 | Strongly agree |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SLS_10 | SLS_IMP_COF1 |
| :--- | :--- |

## [ALWAYS ASK]

So far, I have gotten the important things I want in life.

| READ LIST IF NECESSARY, CODE ONLY ONE RESPONSE |  |  |
| :--- | ---: | :--- |
| DISAGREE | 01 | Disagree |
| NEITHER_AGREE_DISAGREE | 02 | Neither agree nor disagree |
| AGREE | 03 | Agree |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SLS_11 | SLS_IMPNEG_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF SLS_IMP_COF1 $\boldsymbol{=}$ DISAGREE] |  |  |
| Would you say you... |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| SLIGHTLY_DISAGREE | 01 | Slightly disagree |
| DISAGREE | 02 | Disagree |
| STRONGLY_DISAGREE | 03 | Strongly disagree |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SLS_12 | SLS_IMPPOS_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF SLS_IMP_COF1 $=$ AGREE] |  |  |
| Would you say you... |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| SLIGHTLY_AGREE | 01 | Slightly agree |
| AGREE | 02 | Agree |
| STRONGLY_AGREE | 03 | Strongly agree |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SLS_13 | SLS_OVER_COF1 |
| :--- | :--- |

## [ALWAYS ASK]

If I could live my life over, I would change almost nothing.

| READ LIST IF NECESSARY, CODE ONLY ONE RESPONSE |  |  |
| :--- | ---: | :--- |
| DISAGREE | 01 | Disagree |
| NEITHER_AGREE_DISAGREE | 02 | Neither agree nor disagree |
| AGREE | 03 | Agree |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SLS_14 | SLS_OVERNEG_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF SLS_OVER_COF1 $\boldsymbol{~}$ DISAGREE] |  |  |
| Would you say you... |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| SLIGHTLY_DISAGREE | 01 | Slightly disagree |
| DISAGREE | 02 | Disagree |
| STRONGLY_DISAGREE | 03 | Strongly disagree |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| SLS_15 | SLS_OVERPOS_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF SLS_OVER_COF1 $\boldsymbol{=}$ AGREE] |  |  |
| Would you say you... | R |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| SLIGHTLY_AGREE | 01 | Slightly agree |
| AGREE | 02 | Agree |
| STRONGLY_AGREE | 03 | Strongly agree |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## SLS_END

## Loneliness Scale (LON)

| Overview | Loneliness is a prevalent and complex phenomenon that has a substantial impact on <br> many aspects of the lives of middle-aged and older adults. The concept of loneliness is <br> often described as the subjective counterpart to social isolation. While social isolation <br> can be measured objectively by capturing the quantity and quality of social network <br> characteristics (included in the CLSA), loneliness needs to be measured subjectively by <br> questioning perceptions and feelings with regards to social relationships and social <br> activity. |
| :--- | :--- |

The next questions are about how you feel about different aspects of your life. For each one, tell me how often you feel that way.

## LON_01 LONE_OFTN_COF1 <br> [ALWAYS ASK]

How often do you feel that you lack companionship?
CODE ONLY ONE RESPONSE

| HARDLY_EVER | 01 | Hardly ever |
| :--- | ---: | :--- |
| SOME_TIME | 02 | Some of the time |
| OFTEN | 03 | Often |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LON_02 | LONE_LEFT_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| How often do you feel left out? |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| HARDLY_EVER | 01 | Hardly ever |
| SOME_TIME | 02 | Some of the time |
| OFTEN | 03 | Often |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LON_03 | LONE_ISOL_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| How often do you feel isolated from others? |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| HARDLY_EVER | 01 | Hardly ever |
| SOME_TIME | 02 | Some of the time |
| OFTEN | 03 | Often |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## LON_END

## Care Receiving 1/ Formal Care (CR1)

| Overview | This is the first of two modules that address care received at home during the past 12 <br> months. This first module asks respondents whether they received home care services <br> provided by professionals due to a health problem that affects their daily activities. The <br> second module asks about assistance from family, friends, and neighbours. |
| :--- | :--- |
| In this module, respondents are asked to report assistance provided by paid workers or |  |
| organizations for various activities, such as medical care, personal care, housework, |  |
| transportation, etc. Respondents are also asked about home care they needed but did |  |
| not receive. |  |
| Formal home care is considered to be an important part of health care reform. Both the |  |
| health care system and the care recipient may benefit if some types of care are provided |  |
| in the home instead of in a hospital or institution. |  |

Now some questions on home care services you may have received because of a health condition or limitation that affects your daily activities. These services include health care, homemaker, or other support services received at home. Please include only services provided by professionals or paid workers. Exclude assistance from family, friends or neighbours.

| CR1_1 | CR1_PRO_COF1 |  |  |
| :---: | :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |  |
| During the past 12 months, did you receive short-term or long-term professional assistance at home, because of a health condition or limitation that affects your daily life, for any of the following activities? |  |  |  |
| INTERVIEWER NOTE: BY PROFESSIONAL ASSISTANCE, WE MEAN HELP FROM PAID WORKERS OR VOLUNTEER ORGANIZATIONS. INCLUDE ASSISTANCE RECEIVED BECAUSE OF PHYSICAL, MENTAL, OR COGNITIVE HEALTH PROBLEMS OR LIMITATIONS. <br> READ LIST, MULTIPLE RESPONSES ALLOWED (EXCEPT IF 96, 98 OR 99 ARE SELECTED), CODE ALL THAT APPLY |  |  |  |
| CR1_PRO_PR_COF1 |  | 01 | Personal care, such as bathing, dressing, toileting, hair care, or care of nails |
| CR1_PRO_MD_COF1 |  | 02 | Medical treatments, such as changing bandages, taking medications, or other medical procedure |
| CR1_PRO_MG_COF1 |  | 03 | Scheduling or coordinating care-related tasks, such as making appointments or hiring professional help |
| CR1_PRO_ML_COF1 |  | 04 | Meal preparation, meal clean-up, house cleaning, laundry or sewing |
| CR1_PRO_AC_COF1 |  | 05 | House maintenance or outdoor work |
| CR1_PRO_TR_COF1 |  | 06 | Transportation to do shopping or errands, or to get to medical appointments, or social events |
| CR1_PRO_PT_COF1 |  | 07 | Physical therapy |
| CR1_PRO_TA_COF1 |  | 08 | Training and adaptation |
| CR1_PRO_NONE_COF1 |  | 96 | None |
| CR1_PRO_OT_COF1 |  | 97 | Other |
| CR1_PRO_DK_NA_COF1 |  | 98 | [DO NOT READ] Don't know/No answer |
| CR1_PRO_REFUSED_COF1 |  | 99 | [DO NOT READ] Refused |


| CR1_1a | CR1_PRO_OTSP_COF1 |
| :--- | :--- |
| [ASK IF CR1_PRO_COF1 $\boldsymbol{=}$ CR1_PRO_OT_COF1] |  |
| Other (please specify: |  |
| CR1_PRO_OTSP1_COF1 | [OPEN TEXT VARIABLE] |


| CR1_1b | CR1_IMPT_COF1 |
| :--- | :--- |
| [ASK IF CR1_PRO_COF1 = MORE THAN ONE RESPONSE OPTION] |  |
| Which one of the professional services that you mentioned is most important to you? |  |
| INTERVIEWER NOTE: IF PARTICIPANT SELECTS TWO OR MORE EQUALLY, ASK HIM/HER TO <br> SELECT THE ONE THEY CONSIDER TO BE THE MOST IMPORTANT <br> READ LIST IF NECESSARY, CODE ONLY ONE RESPONSE |  |
| PROGRAMMING NOTE: ONLY BRING FORWARD RESPONSE OPTIONS SELECTED IN CR1_PRO_COF1 |  |
| CR1_IMPT_PR_COF1 | 01 | | Personal care, such as bathing, dressing, toileting, hair care, or |
| :--- |
| care of nails |


| CR1_2 | CR1_MOST_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF CR1_PRO_COF1 = MORE THAN ONE RESPONSE OPTION] |  |  |
| For which type of activity did you receive the most assistance? |  |  |
| INTERVIEWER NOTE: IF PARTICIPANT SELECTS TWO OR MORE EQUALLY, ASK HIM/HER TO <br> SELECT THE ONE THEY CONSIDER TO BE THE MOST IMPORTANT <br> READ LIST IF NECESSARY, CODE ONLY ONE RESPONSE |  |  |
| PROGRAMMING NOTE: ONLY BRING FORWARD RESPONSE OPTIONS SELECTED IN CR1_PRO_COF1 |  |  |
| CR1_MOST_PR_COF1 | 01 | Personal care, such as bathing, dressing, toileting, hair care, or <br> care of nails |
| CR1_MOST_MD_COF1 | 02 | Medical treatments, such as changing bandages, taking <br> medications, or other medical procedure |
| CR1_MOST_MG_COF1 | 03 | Scheduling or coordinating care-related tasks, such as making <br> appointments or hiring professional help |
| CR1_MOST_ML_COF1 | 04 | Meal preparation, meal clean-up, house cleaning, laundry or sewing |
| CR1_MOST_AC_COF1 | 05 | House maintenance or outdoor work |
| CR1_MOST_TR_COF1 | 06 | Transportation to do shopping or errands, or to get to medical <br> appointments, or social events |
| CR1_MOST_PT_COF1 | 07 | Physical therapy |
| CR1_MOST_TA_COF1 | 08 | Training \& adaptation |
| CR1_MOST_OTSP1_COF1 | 97 | Other |


| CR1_3 | CR1_PAY_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF CR1_PRO_COF1 $\neq$ NONE, DK_NA OR REFUSED] |  |  |
| Did you (or someone else in your family) pay directly for some or all of the help that you received? |  |  |
| READ LIST IF NECESSARY, CODE ONLY ONE RESPONSE |  |  |
| PAID_ALL_COST | 01 | Yes, we paid all of the cost |
| PAID_PART_COST | 02 | Yes, we paid part of the cost |
| NO_COST_INVOLVED | 03 | No, there was no cost involved (e.g., provided by a volunteer or <br> included in provincial health care plan) |
| DIDNT_PAY_COST | 04 | No, we didn't pay any of the cost that was involved |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| CR1_3a | CR1_PAY_COST1_COF1 |
| :--- | :--- |
| [ASK IF CR1_PAY_COF1 = PAID_ALL_COST OR PAID_PART_COST] |  |
| What was the average out of pocket cost per month over the past 12 months? |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT COSTS |  |
| CR1_PAY_COST_COF1 | $\$$ |
| DK_NA | 9998 |
| REFUSED | [DO NOT READ] Don't know/No answer |


| CR1_4 | CR1_FRQ_NB_COF1 |  |
| :--- | :--- | :---: |
| [ASK IF CR1_PRO_COF1 $\neq$ NONE, DK_NA OR REFUSED] |  |  |
| During the past 12 months, about how many weeks did this person/organization help you? |  |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER OF WEEKS |  |  |
| CR1_FRQ_NB_COF1 | (MASK: MIN=01, MAX=52) |  |
| DK_NA | 98 |  |
| REFUSED | [DO NOT READ] Don't know/No answer |  |


| CR1_5 | CR1_HOUR_NB_COF1 |  |
| :--- | :--- | :---: |
| [ASK IF CR1_PRO_COF1 $\neq$ NONE, DK_NA OR REFUSED] |  |  |
| About how many hours per week, on average, did this person/organization provide you with such help? |  |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER OF HOURS |  |  |
| CR1_HOUR_NB_COF1 | (MASK: MIN=001, MAX=168) |  |
| DK_NA | 998 |  |
| REFUSED | [DO NOT READ] Don't know/No answer |  |

CR1_END

## Care Receiving 2/ Informal Care (CR2)

| Overview | This module asks respondents whether they received home care services during the <br> past 12 months. This module is about assistance provided by family members, friends or <br> neighbours (informal caregivers) due to a health problem that affects their daily activities. <br> Respondents are asked to report assistance provided for various activities, such as <br> medical care, personal care, housework, transportation, etc. |
| :--- | :--- |
| The module covers a number of topics related to informal home care including the <br> identity of the person providing assistance, the duration and level of intensity of the care <br> received. |  |

The following questions are about different types of assistance that you may have received because of a health condition or limitation that affects your daily activities. Please include only assistance from family, friends, or neighbours. Exclude assistance from paid workers or volunteer organizations.

| CR2_1 |
| :--- |
| [ALWAYS ASK] |
| During the past 12 months, did you receive short-term or long-term assistance from family, friends, or <br> neighbours because of a health condition or limitation that affects your daily life, for any of the following <br> activities? |
| INTERVIEWER NOTE: INCLUDE ONLY ASSISTANCE RECEIVED BECAUSE OF PHYSICAL, MENTAL, <br> OR COGNITIVE HEALTH PROBLEMS <br> READ LIST, MULTIPLE RESPONSES ALLOWED (EXCEPT IF 96, 98 OR 99 ARE SELECTED), CODE <br> ALL THAT APPLY |
| CR2_FAM_PR_COF1 |$r 01$| Personal care, such as bathing, dressing, toileting, hair care, or |
| :--- |
| care of nails |


| CR2_1a | CR2_FAM_OTSP_COF1 |
| :--- | :--- |
| [ASK IF CR2_FAM_COF1 $\boldsymbol{=}$ CR2_FAM_OT_COF1] |  |
| Other (please specify: | ) |
| CR2_FAM_OTSP1_COF1 | [OPEN TEXT VARIABLE] |


| CR2_2 | CR2_NMBR_COF1 |
| :--- | :--- |
| [ASK IF CR2_FAM_COF1 \# CR2_FAM_NONE_COF1, CR2_FAM_DK_NA_COF1 OR |  |
| CR2_FAM_REFUSED_COF1] |  |


| CR2_3 | CR2_WKALL_COF1 |
| :--- | ---: |
| [ASK IF CR2_FAM_COF1 $\neq$ CR2_FAM_NONE_COF1, CR2_FAM_DK_NA_COF1 OR <br> CR2_FAM_REFUSED_COF1] |  |
| During the past 12 months, about how many weeks did this person/these people provide you with such <br> assistance? Include assistance from all family members, friends, and neighbours in your estimate. |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER OF WEEKS |  |
| CR2_WKALL_NB_COF1 | (MASK: MIN=01, MAX=52) |
| DK_NA | 98 |
| [DO NOT READ] Don't know/No answer |  |
| REFUSED | 99 |
| [DO NOT READ] Refused |  |


| CR2_4 | CR2_HOUR_COF1 |  |
| :--- | :--- | :---: |
| [ASK IF CR2_FAM_COF1 $\neq$ CR2_FAM_NONE_COF1, CR2_FAM_DK_NA_COF1 OR |  |  |
| CR2_FAM_REFUSED_COF1] |  |  |
| About how many hours per week, on average, did this person/these people provide you with assistance? |  |  |
| Include assistance from all family members, friends, and neighbours in your estimate. |  |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER |  |  |
| CR2_HOUR_NB_COF1 | (MASK: MIN=001, MAX=168) |  |
| DK_NA | 998 |  |
| [DO NOT READ] Don't know/No answer |  |  |
| REFUSED | 999 |  |
| [DO NOT READ] Refused |  |  |


| CR2_5 | CR2_MOST_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF CR2_FAM_COF1 = MORE THAN ONE RESPONSE OPTION] |  |  |
| For which type of activity did you receive the most assistance? |  |  |
| INTERVIEWER NOTE: <br> SELECT THE ONE THEY CONSICIPANT SELECTS TWO OR MORE EQUALLY, ASK HIM/HER TO <br> READ LIST IF NECESSARY, CODE ONLY ONE RESPONSE |  |  |
| PROGRAMMING NOTE: ONLY BRING FORWARD RESPONSE OPTIONS SELECTED IN CR2_FAM_COF1 |  |  |
| CR2_MOST_PR_COF1 | 01 | Personal care, such as bathing, dressing, toileting, hair care, or <br> care of nails |
| CR2_MOST_MD_COF1 | 02 | Medical treatments, such as changing bandages, taking <br> medications, or other medical procedure |
| CR2_MOST_MG_COF1 | 03 | Scheduling or coordinating care-related tasks, such as making <br> appointments or hiring professional help |
| CR2_MOST_ML_COF1 | 04 | Meal preparation, meal clean-up, house cleaning, laundry or sewing |
| CR2_MOST_AC_COF1 | 05 | House maintenance or outdoor work |
| CR2_MOST_TR_COF1 | 06 | Transportation to do shopping or errands, or to get to medical <br> appointments, or social events |
| CR2_MOST_PT_COF1 | 07 | Physical therapy |
| CR2_MOST_TA_COF1 | 08 | Training \& adaptation |
| CR2_MOST_OTSP_COF1 | 97 | Other |


| CR2_6 | CR2_PERS_COF1 |
| :--- | :--- |
| [ASK IF CR2_FAM_COF1 $\neq$ CR2_FAM_NONE_COF1, CR2_FAM_DK_NA_COF1 OR |  |
| CR2_FAM_REFUSED_COF1] |  |
| We are interested in finding out a little bit more about the person who has dedicated the most time and |  |
| resources to helping you with [RECALL RESPONSE FROM CR2_MOST_COF1; IF |  |
| CR2_MOST_COF1WAS SKIPPED, RECALL RESPONSE FROM CR2_FAM_COF1]. |  |
| Is this person from whom you received the most assistance... |  |
| READ LIST IF NECESSARY, CODE ONLY ONE RESPONSE |  |
| LIVING_IN_HOUSEHOLD | 01 |
| LIVING_OUTSIDE_HOUSEHOLD | 02 |
| Living in your household |  |
| REFUSED | 09 |


| CR2_6a | CR2_PERS_FAR_COF1 |  |
| :--- | :--- | :---: |
| [ASK IF CR2_PERS_COF1 = LIVING_OUTSIDE_HOUSEHOLD] |  |  |
| How far is this person from you in hours or minutes driving? |  |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER |  |  |
| HOURS | Hours |  |
| MINUTES | Minutes |  |
| DK_NA | 998 |  |
| REFUSED | [DO NOT READ] Don't know/No answer |  |


| CR2_7 | CR2_GNDR_COF1 |  |
| :---: | :---: | :---: |
| [ASK IF CR2_FAM_COF1 $\ddagger$ CR2_FAM_NONE_COF1, CR2_FAM_DK_NA_COF1 OR CR2_FAM_REFUSED_COF1] |  |  |
| Is the person who provided the most assistance male or female? |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| MALE | 01 | Male |
| FEMALE | 02 | Female |
| REFUSED | 09 | [DO NOT READ] Refused |


| CR2_8 | CR2_NAME_SP_COF1 |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| [ASK IF CR2_FAM_COF1 $\neq$ CR2_FAM_NONE_COF1, CR2_FAM_DK_NA_COF1 OR |  |  |  |  |
| CR2_FAM_REFUSED_COF1] |  |  |  |  |
| What is the first name of this person? |  |  |  |  |
| CR2_NAME_SP_COF1 |  |  |  |  |
| REFUSED | 999 |  |  |  |


| CR2_9 | CR2_AGE_NB_COF1 |  |
| :--- | :--- | :---: |
| [ASK IF CR2_FAM_COF1 $\neq$ CR2_FAM_NONE_COF1, CR2_FAM_DK_NA_COF1 OR <br> CR2_FAM_REFUSED_COF1] |  |  |
| How old is this person? |  |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER |  |  |
| CR2_AGE_NB_COF1 |  |  |
| REFUSED | 999 |  |



| CR2_11 CR | CR2_DUR_COF1 |  |
| :---: | :---: | :---: |
| [ASK IF CR2_FAM_COF1 $\ddagger$ CR2_FAM_NONE_COF1, CR2_FAM_DK_NA_COF1 OR CR2_FAM_REFUSED_COF1] |  |  |
| How long have you been receiving assistance from this person? |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| LESS_6_MONTHS | 01 | Less than 6 months |
| 6_12_MONTHS | 02 | 6 months up to 12 months (1 year) |
| 13_36_MONTHS | 03 | More than 12 months (1 year) and up to 36 months (3 years) |
| 37_60_MONTHS | 04 | More than 36 months (3 years) and up to 60 months (5 years) |
| MORE_5_YEARS | 05 | More than 5 years |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| CR2_12 | CR2_WKMST_NB_COF1 |
| :--- | :--- |
| [ASK IF CR2_FAM_COF1 $=$ CR2_FAM_NONE_COF1, CR2_FAM_DK_NA_COF1 OR <br> CR2_FAM_REFUSED_COF1] |  |
| During the past 12 months, about how many weeks did you receive assistance from this person? |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER OF WEEKS |  |
| CR2_WKMST_NB_COF1 | (MASK: MIN=01, MAX=52) |
| DK_NA | 98 |
| REFUSED | 99 |


| CR2_13 | CR2_HRWK_NB_COF1 |
| :--- | :--- |
| [ASK IF CR2_FAM_COF1 $=$ CR2_FAM_NONE_COF1, CR2_FAM_DK_NA_COF1 OR <br> CR2_FAM_REFUSED_COF1] |  |
| About how many hours per week on average did this person spend assisting you? |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER OF HOURS |  |
| CR2_HRWK_NB_COF1 | (MASK: MIN=001, MAX=168) |
| DK_NA | 998 |
| REFUSED | [DO NOT READ] Don't know/No answer |


| CR2_14 | CR2_DEVC_COF1 |
| :--- | :--- |
| [ALWAYS ASK] |  |
| During the past 12 months, have you used any of the following assistive devices? |  |
| INTERVIEWER INSTRUCTION: READ LIST, MULTIPLE RESPONSES ALLOWED (EXCEPT IF 96, 98 OR <br> 99 ARE SELECTED), CODE ALL THAT APPLY |  |


| CR2_DEVC_CN_COF1 | 01 | Crutches, cane or walking stick |
| :--- | ---: | :--- |
| CR2_DEVC_WC_COF1 | 02 | Wheelchair |
| CR2_DEVC_SC_COF1 | 03 | Motorized scooter |
| CR2_DEVC_WK_COF1 | 04 | Walker |
| CR2_DEVC_LG_COF1 | 05 | leck, back or leg braces or supportive devices |
| CR2_DEVC_HD_COF1 | 06 | Hand or arm brace |
| CR2_DEVC_BR_COF1 | 07 | Grab bars |
| CR2_DEVC_BT_COF1 | 08 | lathroom aids |
| CR2_DEVC_LT_COF1 | 09 | Bath or bed lifts or other lifting devices |
| CR2_DEVC_GR_COF1 | 10 | Grasping tools or reach extenders |
| CR2_DEVC_UT_COF1 | 11 | Special eating utensils |
| CR2_DEVC_AL_COF1 | 12 | Personal alarm |
| CR2_DEVC_NONE_COF1 | 96 | [DO NOT READ] None |
| CR2_DEVC_OT_COF1 | 97 | Other |
| CR2_DEVC_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| CR2_DEVC_REFUSED_COF1 | 99 | [DO NOT READ] Refused |


| CR2_14a | CR2_DEVC_OTSP_COF1 |
| :--- | :--- |
| [ASK IF CR2_DEVC_COF1 $\boldsymbol{=}$ OTHER] |  |
| Other (please specify: | ) |
| CR2_DEVC_OTSP1_COF1 | [OPEN TEXT VARIABLE] |

CR2_END

## Care Giving (CAG)

| Overview | This module asks respondents whether they provided assistance to others because of a <br> health condition or limitation during the past 12 months. <br> The module covers a number of topics related to assisting others, including the types of <br> assistance provided, total number of people a respondent provided with assistance, <br> information about the person the caregiver helps the most, the impact of providing <br> assistance on work and health, and positive and negative aspects of providing <br> assistance. <br> Information gathered in this module will be useful in providing information about <br> caregiving as well as the characteristics of informal caregiving situations. |
| :--- | :--- |

The following questions are about the types of assistance you may have provided to other people because of a health condition or limitation. Please only include assistance you provided to family members, friends and other people living both inside and outside your household. Exclude any assistance you provided as part of a volunteer organization or paid job.

| CAG_1 |  |  |
| :--- | :--- | :--- |
| CALWAYS ASK] |  |  |
| During the past 12 months, have you provided any of the following types of assistance to another person <br> because of a health condition or limitation? |  |  |
| INTERVIEWER NOTE: INCLUDE ASSISTANCE PROVIDED BECAUSE OF PHYSICAL, MENTAL, OR <br> COGNITIVE HEALTH PROBLEMS OR LIMITATIONS BECAUSE OF AGING. <br> READ LIST, MULTIPLE RESPONSES ALLOWED (EXCEPT IF 96, 98 OR 99 ARE SELECTED), CODE <br> ALL THAT APPLY |  |  |
| CAG_HLT_PR_COF1 | 01 | Personal care, such as bathing, dressing, toileting, hair care, or <br> care of nails |
| CAG_HLT_MD_COF1 | 02 | Medical treatments, such as changing bandages, taking <br> medications, or other medical procedure |
| CAG_HLT_MG_COF1 | 03 | Scheduling or coordinating care-related tasks, such as making <br> appointments or hiring professional help |
| CAG_HLT_ML_COF1 | 04 | Meal preparation, meal clean-up, house cleaning, laundry or sewing |
| CAG_HLT_AC_COF1 | 05 | House maintenance or outdoor work |
| CAG_HLT_TR_COF1 | 06 | Transportation to do shopping or errands, or to get to medical <br> appointments, or social events |
| CAG_HLT_CS_COF1 | 07 | Social/emotional support |
| CAG_HLT_MB_COF1 | 08 | Mobility |
| CAG_HLT_MO_COF1 | 09 | Monetary assistance or financial management |
| CAG_HLT_NONE_COF1 | 96 | [DO NOT READ] None |
| CAG_HLT_OT_COF1 | 99 | Other |
| CAG_HLT_DK_NA_COF1 | 98 | [DO NOT READ] Don't know/No answer |
| CAG_HLT_REFUSED_COF1 | 99 | [DO NOT READ] Refused |


| CAG_1a | CAG_HLT_OTSP_COF1 |
| :--- | :--- |
| [ASK IF CAG_HLT_COF1 $\boldsymbol{=}$ CAG_HLT_OT_COF1] |  |
| Other (please specify: | ) |
| CAG_HLT_OTSP1_COF1 | [OPEN TEXT VARIABLE] |


| CAG_2 | CAG_PPL_NB_COF1 |
| :--- | :--- |
| [ASK IF CAG_HLT_COF1 $\neq$ CAG_HLT_NONE_COF1, CAG_HLT_DK_NA_COF1 OR <br> CAG_HLT_REFUSED_COF1] |  |
| During the past 12 months, how many people in total have you provided any type of assistance to because <br> of a health condition or limitation, including financial assistance? |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER |  |
| CAG_PPL_NB_COF1 | (MASK: MIN=01, MAX=50) |
| DK_NA | 98 |
| REFUSED | [DO NOT READ] Don't know/No answer |


| CAG_3 CAG_MOST_COF1 |  |  |
| :---: | :---: | :---: |
| [ASK IF CAG_HLT_COF1 $=$ CAG_HLT_NONE_COF1, CAG_HLT_DK_NA_COF1 OR CAG_HLT_REFUSED_COF1] |  |  |
| We are interested in finding out a little bit more about the person to whom, in the past 12 months, you have dedicated the most time and resources to assisting. Is the person to whom you provided the most assistance... |  |  |
| READ LIST IF NECESSARY, CODE ONLY ONE RESPONSE |  |  |
| HOUSEHOLD | 01 | Living in your household |
| ANOTHER_HOUSEHOLD | 02 | Living outside of your household |
| HEALTH_CARE_INSTITUTION | 03 | Living in a health care institution |
| DECEASED | 04 | Now deceased |
| DK_NA | 08 | [DO NOT READ] Don't know/No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| CAG_4 | CAG_GNDR_COF1 |
| :--- | :--- |
| [ASK IF CAG_HLT_COF1 \# CAG_HLT_NONE_COF1, CAG_HLT_DK_NA_COF1 OR <br> CAG_HLT_REFUSED_COF1] |  |
| Is the person to whom you provided the most assistance male or female?  <br> CODE ONLY ONE RESPONSE  <br> MALE 01 Male |  |
| FEMALE | 02 |
| DK_NA | 08 |
| [emale |  |
| REFUSED | 09 |
| [DO NOT READ] Don't know/No answer |  |


| CAG_5 | CAG_RELN_COF1 |  |  |
| :---: | :---: | :---: | :---: |
| [ASK IF CAG_HLT_COF1 $\neq$ CAG_HLT_NONE_COF1, CAG_HLT_DK_NA_COF1 OR CAG_HLT_REFUSED_COF1] |  |  |  |
| What is the relationship between you and this person? Is s/he your... |  |  |  |
| INTERVIEWER INSTRUCTION: READ LIST IF NECESSARY, CODE ONLY ONE RESPONSE |  |  |  |
| HUSBAND_WIFE |  | 01 | Husband/wife |
| COMMON_LAW |  | 02 | Common-law partner |
| FATHER_MOTHER |  | 03 | Father/mother |
| SON_DAUGHTER |  | 04 | Son/daughter |
| BROTHER_SISTER |  | 05 | Brother/sister |
| GRAND_PARENTS |  | 06 | Grandfather/grandmother |
| GRAND_CHILD |  | 07 | Grandson/granddaughter |
| FATHER_MOTHER_IN_LAW |  | 08 | Father-in-law/mother-in-law |
| SON_DAUGHTER_IN_LAW |  | 09 | Son-in-law/daughter-in-law |
| BROTHER_SISTER_IN_LAW |  | 10 | Brother-in-law/sister-in-law |
| OTHER_RELATIVE |  | 11 | Other relative |
| FRIEND |  | 12 | Friend |
| NEIGHBOUR |  | 13 | Neighbour |
| OTHER |  | 97 | Other |
| DK_NA |  | 98 | [DO NOT READ] Don't know |
| REFUSED |  | 99 | [DO NOT READ] Refused |
| CAG_5a |  | CAG_RELN_OTSP_COF1 |  |
| [ASK IF CAG_RELN_COF1 = OTHER] |  |  |  |
| Other (please specify: ___) |  |  |  |
| CAG_RELN_OTSP1_COF1 |  | [OPEN TEXT VARIABLE] |  |


| CAG_6 | CAG_WEEK_NB_COF1 |
| :--- | :--- |
| [ASK IF CAG_HLT_COF1 $=$ CAG_HLT_NONE_COF1, CAG_HLT_DK_NA_COF1 OR <br> CAG_HLT_REFUSED_COF1] |  |
| During the past 12 months, about how many weeks did you provide assistance to this person? |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER OF WEEKS |  |
| CAG_WEEK_NB_COF1 | (MASK: MIN=01, MAX=52) |
| DK_NA | 98 |
| REFUSED | [DO NOT READ] Don't know/No answer |


| CAG_7 | CAG_HRWK_NB_COF1 |  |
| :--- | :--- | :---: |
| [ASK IF CAG_HLT_COF1 $\neq$ CAG_HLT_NONE_COF1, CAG_HLT_DK_NA_COF1 OR <br> CAG_HLT_REFUSED_COF1] |  |  |
| About how many hours per week, on average, did you spend assisting this person? |  |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER OF HOURS |  |  |
| CAG_HRWK_NB_COF1 | (MASK: MIN=001, MAX=168) |  |
| DK_NA | 998 |  |
| REFUSED | 999 |  |

CAG_END

## Injuries (INJ)

| Overview | This module will contain questions asking for detailed information about the <br> circumstances and nature of injury, risk perception, adaptation, and additional injury- <br> related healthcare use. |
| :--- | :--- |

Now some questions about injuries which occurred in the past 12 months, and were serious enough to limit your normal activities.

| INJ_1 | INJ_OCC_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| In the last 12 months, have you had any injuries that were serious enough to limit some of your normal <br> activities? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| INJ_2a | INJ_NMBR_NB_COF1 |  |
| :--- | :--- | :---: |
| [ASK IF INJ_OCC_COF1 $=$ YES] |  |  |
| How many times were you injured in the past 12 months? |  |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER OF INJURIES |  |  |
| INJ_NMBR_NB_COF1 | (MASK: MIN=01, MAX=30) |  |
| DK_NA | 998 |  |
| [DO NOT READ] Don't know/No answer |  |  |
| REFUSED | 999 |  |


| INJ_2b | INJ_CAUS_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF INJ_OCC_COF1 = YES] |  |  |
| Was this injury (Were any of these injuries) caused by? |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED (EXCEPT IF 96, 98 OR 99 ARE SELECTED), CODE ALL <br> THAT APPLY |  |  |
| INJ_CAUS_FL_COF1 | 01 | A fall |
| INJ_CAUS_VH_COF1 | 02 | A motor vehicle collision (including injuries sustained as a pedestrian) |
| INJ_CAUS_WK_COF1 | 03 | An incident in your workplace |
| INJ_CAUS_NONE_COF1 | 96 | None of the above |
| INJ_CAUS_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| INJ_CAUS_REFUSED_COF1 | 99 | [DO NOT READ] Refused |


| INJ_3 | INJ_HOW_COF1 |
| :--- | :--- |

## [ASK IF INJ_OCC_COF1 = YES]

Again, thinking about this most serious injury, how did it happen?

## DO NOT READ LIST, CODE ONLY ONE RESPONSE

| ACCIDENT_DRIVER | 01 | Road traffic accident as a driver or passenger |
| :--- | ---: | :--- |
| ACCIDENT_PEDESTRIAN | 02 | Road traffic accident as a pedestrian |
| STRUCK_BY_OBJECT | 03 | Struck by an object |
| EXPLOSION | 04 | Explosion |
| NATURAL_FACTORS | 05 | Natural/ environmental factors |
| SUFFOCATION | 06 | Suffocation |
| POISONING | 07 | Poisoning |
| ANIMAL_BITE | 08 | Snake/animal bite |
| FALL_SAME_LEVEL | 09 | Fall from same level |
| FALL_HEIGHT | 10 | Fall from a height |
| FIRE | 11 | Fire/flames |
| DROWNING | 12 | Drowning/submersion |
| HOT_CORROSIVE_LIQUIDS | 13 | Hot/corrosive liquids or substances |
| CRUSH_INJURIES | 14 | Crush injuries |
| MACHINERY | 15 | Accident by machinery |
| OTHER | 97 | Other |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |
| INJ_3a | INJ_HOW_OTSP_COF1 |  |
| [ASK IF INJ_HOW_COF1 $=$ OTHER] |  |  |
| Other (please specify: |  |  |
| INJ_HOW_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |



| INJ_5 | INJ_ACT_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF INJ_OCC_COF1 $=$ YES] |  |  |
| What type of activity were you doing when you were injured? |  |  |
| DO NOT READ LIST, CODE ONLY ONE RESPONSE |  |  |
| SPORTS | 01 | Sports or physical exercise (include school activities) |
| LEISURE | 02 | Leisure or hobby (include volunteering) |
| WORKING | 03 | Working at a job or business (include travel to or from work) |
| HOUSEHOLD_CHORES | 04 | Household chores, other unpaid work or education |
| SLEEPING | 05 | Sleeping, eating, personal care |
| OTHER | 97 | Other |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |


| INJ_5a | INJ_ACT_OTSP_COF1 |
| :--- | :--- |
| [ASK IF INJ_ACT_COF1 $=$ OTHER] |  |
| Other (please specify: | Ind_) |
| INJ_ACT_OTSP1_COF1 | [OPEN TEXT VARIABLE] |



| INJ_7 | INJ_BRKN_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF INJ_TYPE_COF1=MULTIPLE_INJURIES] |  |  |
| Did this injury (any of these injuries) involve broken or fractured bones? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |



## INJ_END

## Falls (FAL)

| Overview | The questions in this module ask about falls in the past 12 months where the respondent <br> has been hurt enough to limit some or all of their normal activities, if the respondent is <br> receiving follow-up care for a fall-related injury, and fear of falling. |
| :--- | :--- |
| Falling is the most common cause of injuries among older Canadians. Falls are also <br> among the leading causes of hospitalization for seniors presenting with an injury. Fear of <br> falling and its potential association with disability, functional mobility, and activity <br> limitation is an emerging public health problem. |  |

## PROGRAMMING NOTE: <br> THIS MODULE IS ADMINISTERED ONLY IF INJ_CAUS_COF1 = INJ_CAUS_FL_COF1

You mentioned that you had at least one injury as a result of a fall. We would now like to ask you some questions about falls that you experienced in the last 12 months where you hurt yourself enough to limit some of your normal activities.

| FAL_1 | FAL_NMBR_NB_COF1 |
| :--- | :--- |
| [ASK IF INJ_CAUS_COF1 = INJ_CAUS_FL_COF1] |  |
| How many times have you fallen in the past 12 months? |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER OF FALLS; <br> PLEASE CONFIRM THE NUMBER IF THE PARTICIPANT FELL MORE THAN 10 TIMES IN THE LAST 12 <br> MONTHS. <br> FAL_NMBR_NB_COF1 <br> DK_NA <br> REFUSED$\|$(MASK: MIN=01, MAX=30) |  |


| FAL_2 | FAL_MOST_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF INJ_CAUS_COF1 $=$ INJ_CAUS_FL_COF1] |  |  |
| What has been your most serious injury or problem due to a fall within the past 12 months? |  |  |
| DO NOT READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NO_SERIOUS_INJURY | 01 | No serious injury |
| SPRAIN | 02 | Sprain/strain |
| BRUISES | 03 | Bruises |
| CUTS | 04 | Cuts |
| DISCOMFORT | 05 | Discomfort |
| FRACTURE_HIP | 06 | Fracture of hip |
| FRACTURE_LEG | 07 | Fracture of leg |
| FRACTURE_ARM | 08 | Fracture of arm or wrist |
| FRACTURE_BACK | 09 | Fracture of back/vertebra |
| HEAD_INJURY | 10 | Head injury |
| OTHER | 97 | Other |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |
| FAL_2a | FAL_MOST_OTSP_COF1 |  |
| [ASK IF FAL_MOST_COF1 = OTHER] |  |  |
| Other (please specify: | COP |  |
| FAL_MOST_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |


| FAL_3a | FAL_ATTN_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF INJ_CAUS_COF1 $=$ INJ_CAUS_FL_COF1] |  |  |
| Did you receive any medical attention from a health professional within 48 hours following this injury (due to a <br> fall)? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| FAL_3b | FAL_HOSP_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF INJ_CAUS_COF1 $=$ INJ_CAUS_FL_COF1] |  |  |
| Were you hospitalized for this injury? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| FAL_3c | FAL_FU_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF INJ_CAUS_COF1 $=$ INJ_CAUS_FL_COF1] |  |  |
| At the present time, are you getting follow-up care from a health professional because of an injury caused by a <br> fall in the last 12 months? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| FAL_4 | FAL_WHERE_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF INJ_CAUS_COF1 $\boldsymbol{=}$ INJ_CAUS_FL_COF1] |  |  |
| Where did this fall happen? |  |  |
| INSIDE_HOME | 01 | Inside of your home |
| OUTSIDE_HOME | 02 | Outside of your home, but inside a building |
| OUTDOORS | 03 | Outdoors |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| FAL_5 | FAL_HOW_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF FAL_WHERE_COF1 $=$ INSIDE_HOME OR OUTSIDE_HOME] |  |  |
| How did your fall happen? |  |  |
| DO NOT READ LIST, CODE ONLY ONE RESPONSE |  |  |
| FELL_STANDING_WALKING | 01 | Fell while standing or walking |
| FELL_STAIRS_STEPS | 02 | Fell on stairs or steps |
| FELL_EXERCISING | 03 | Fell while exercising (except walking) |
| FELL_HEIGHT | 04 | Fell from height of greater than 1 meter or 3 feet (for example, ladder, <br> tree, roof) |
| FELL_FURNITURE | 05 | Fell from furniture (for example, bed, chair) |
| FELL_BATHTUB | 06 | Fell while getting in or out of the bathtub |
| FELL_SHOWER | 07 | Fell while getting in or out of the shower |
| OTHER | 97 | Other |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |
| FAL_5a | FAL_HOW_OTSP_COF1 |  |
| [ASK IF FAL_HOW_COF1 $=0$ |  |  |


| FAL_5 | FAL_HOW_COF1 |
| :--- | :--- |

## [ASK IF FAL_WHERE_COF1 = OUTDOORS]

How did your fall happen?
DO NOT READ LIST, CODE ONLY ONE RESPONSE

| FELL_STANDING_WALKING | 01 | Fell while standing or walking |
| :--- | ---: | :--- |
| FELL_STAIRS_STEPS | 02 | Fell on stairs or steps |
| FELL_EXERCISING | 03 | Fell while exercising (except walking) |
| FELL_HEIGHT | 04 | Fell from height of greater than 1 meter or 3 feet (for example, ladder, <br> tree, roof) |
| FELL_SNOW_ICE | 05 | Fell on snow or ice |
| OTHER | 97 | Other |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |
| FAL_5a | FAL_HOW_OTSP_COF1 |  |
| [ASK IF FAL_HOW_COF1 = OTHER] |  |  |
| Other (please specify: |  |  |
| FAL_HOW_OTSP1_COF1 |  | [OPEN TEXT VARIABLE] |

FAL_END

## Retirement Status (RET)

\(\left.$$
\begin{array}{|l|l|}\hline \text { Overview } & \begin{array}{l}\text { The questions in this module ask about such things as age at retirement, main reasons } \\
\text { for retirement, labour force participation and ability to work. }\end{array}
$$ <br>
This module also asks about partial retirement for respondents who may have officially <br>

retired, but continued working or who are taking gradual retirement.\end{array}\right\}\)| It is important to understand the reasons behind decisions about retirement for older |
| :--- |
| Canadians. Information gathered in this module will help in understanding why people |
| choose to retire and whether they might continue to work afterwards. |

The following questions ask about your retirement experience.

| RET_1 | RET_RTRD_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF RET_RTRD_COM = NOT_RETIRED OR PARTLY_RETIRED] |  |  |
| At this time, do you consider yourself to be completely retired, partly retired or not retired? |  |  |
| COMPLETELY_RETIRED | 01 | Completely retired |
| PARTLY_RETIRED | 02 | Partly retired |
| NOT_RETIRED | 03 | Not retired |
| NEVER_PAID | 04 | Never held a paid job |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| RET_2 | RET_RTRN_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF RET_RTRD_COM $=$ COMPLETELY_RETIRED] |  |  |
| After retirement, some people return to work and later retire again. Since your initial interview have you retired <br> and then returned to work? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| RET_3 | RET_SPSE_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF SDC_MRTL_COF1 $=$ COMMON_LAW] |  |  |
| Is your spouse/partner retired? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

Please answer the following questions as they relate to your retirement experience, since your previous interview.

| RET_5 RET_AGE_NB_COF1 <br> [ASK IF RET_RTRD_COF1 = COMPLETELY_RETIRED OR PARTLY_RETIRED]  <br> How old were you when you first retired/partly retired?  <br> PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE <br> INTERVIEWER: IF PARTICIPANT IN FACT RETIRED BEFORE AGE 40 INPUT 40 IN THE FIELD <br> RET_AGE_NB_COF1 <br> DK_NA <br> REFUSED  |
| :--- |


| RET_6 |  |  |
| :--- | ---: | :--- |
| [ASK IF RET_RTRD_COF1 = COMPLETELY_RETIRED OR PARTLY_RETIRED] |  |  |
| There are many reasons why people retire. Which of the following reasons contributed to your decision to <br> retire? |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED (EXCEPT IF 98 OR 99 ARE SELECTED), CODE ALL <br> THAT APPLY |  |  |
| RET_WHY_CM_COF1 | 01 | Completed the required years of service to qualify for pension |
| RET_WHY_RE_COF1 | 02 | Retirement was financially possible |
| RET_WHY_HL_COF1 | 03 | Health/disability/stress reasons |
| RET_WHY_IN_COF1 | 04 | Employer offered special incentives to retire |
| RET_WHY_OR_COF1 | 05 | Organizational restructuring or job eliminated |
| RET_WHY_PR_COF1 | 06 | Providing care to a family member or friend |
| RET_WHY_MD_COF1 | 07 | Employer had a mandatory retirement policy |
| RET_WHY_HO_COF1 | 08 | Wished to pursue hobbies or other activities of personal interest |
| RET_WHY_ST_COF1 | 09 | Wanted to stop working |
| RET_WHY_AG_COF1 | 10 | An agreement with your spouse or partner |
| RET_WHY_NA_COF1 | 11 | Never worked/stay at home parent or spouse |
| RET_WHY_OT_COF1 | 97 | Other |
| RET_WHY_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| RET_WHY_REFUSED_COF1 | 99 | [DO NOT READ] Refused |
| RET_6a | RET_WHY_OTSP_COF1 |  |
| [ASK IF RET_WHY_COF1 = RET_WHY_OT_COF1] |  |  |
| Other (please specify: |  |  |
| RET_WHY_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |

## RET_END

## Pre-Retirement Labour Force Participation (LFP)

| Overview | This module will only be visible if the participant is partly or completely retired. It asks <br> questions of participants related to the last job s/he had before partial or full retirement. |
| :--- | :--- |

## PROGRAMMING NOTE: THIS MODULE IS ADMINISTERED ONLY IF RET_RTRD_COF1 = COMPLETELY_RETIRED OR PARTLY_RETIRED

The following questions apply to the last job you had before retirement/partial retirement.

| LFP_1 | LFP_LAST_NB_COF1 |  |
| :--- | :--- | :---: |
| [ASK IF RET_RTRD_COF1 = COMPLETELY_RETIRED OR PARTLY_RETIRED] |  |  |
| In what year did you last have a paid job or operate a business or farm? |  |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT YEAR |  |  |
| LFP_LAST_NB_COF1 | (MASK: MIN=YEAR OF BIRTH+40, MAX=CURRENT YEAR) |  |
| DK_NA | 98 |  |
| [DO NOT READ] Don't know/No answer |  |  |
| REFUSED | 99 |  |
| [DO NOT READ] Refused |  |  |


| LFP_2 | LFP_YRS_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF RET_RTRD_COF1 $=$ COMPLETELY_RETIRED OR PARTLY_RETIRED] |  |  |
| How many years did you work at that job? Was it... |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| LESS_YEAR | 01 | Less than 1 year |
| 1_3_YEARS | 02 | From 1 year to less than 3 years |
| 3_5_YEARS | 03 | From 3 years to less than 5 years |
| 5_MORE_YEARS | 04 | 5 years or more |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LFP_3 | LFP_HRWK_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF RET_RTRD_COF1 = COMPLETELY_RETIRED OR PARTLY_RETIRED] |  |  |
| In your last job before retirement, about how many hours a week did you work? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| EMPLOYED_ALL_TIME | 01 | Employed all of the time (that is, 30+ hours/week) |
| EMPLOYED_MOST_TIME | 02 | Employed most of the time (that is, less than 30 but more than 20 <br> hours/week) |
| EMPLOYED_SOME_TIME | 03 | Employed some of the time (that is, less than 20 hours/week) |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LFP_4 | LFP_SCHD_COF1 |
| :--- | :--- |
| [ASK IF RET_RTRD_COF1 = COMPLETELY_RETIRED OR PARTLY_RETIRED] |  |

Which of the following best describes your working schedule at that time?

## READ LIST, CODE ONLY ONE RESPONSE

| DAYTIME | 01 | Daytime schedule or shift |  |
| :--- | :--- | :--- | :---: |
| EVENING | 02 | Evening shift |  |
| NIGHT | 03 | Night shift |  |
| ROTATING | 04 | Rotating shift, changing periodically from days to evenings or nights |  |
| SEASONAL | 05 | Seasonal, on-call or casual, no pre-arranged schedules, but called as <br> need arises |  |
| OTHER | 97 | Other |  |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |  |
| REFUSED | 99 | [DO NOT READ] Refused |  |
| LFP_4a | LFP_SCHD_OTSP_COF1 |  |  |
| [ASK IF LFP_SCHD_COF1 = OTHER] |  |  |  |
| Other (please specify: |  |  |  |
| LFP_SCHD_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |  |


| LFP_5 | LFP_TYPE_SP_COF1 |
| :--- | :--- |
| [ASK IF RET_RTRD_COF1 = COMPLETELY_RETIRED OR PARTLY_RETIRED] |  |
| What type of work did you do? |  |
| RECORD VERBATIM, PROBE AND CLARIFY FOR AS MUCH DETAIL AS POSSIBLE <br> PROGRAMMING NOTE: TO BE CODED ACCORDING TO OCCUPATIONAL CLASSIFICATION SYSTEM |  |
| LFP_TYPE_SP_COF1 | - |


| LFP_6 | LFP_IND_SP_COF1 |
| :--- | :--- |
| [ASK IF RET_RTRD_COF1 = COMPLETELY_RETIRED OR PARTLY_RETIRED] |  |

What business or industry sector were you in?
RECORD VERBATIM, PROBE AND CLARIFY FOR AS MUCH DETAIL AS POSSIBLE PROGRAMMING NOTE: TO BE CODED ACCORDING TO INDUSTRIAL CLASSIFICATION SYSTEM

| LFP_IND_SP_COF1 |  |  |
| :--- | :--- | :--- |
|  |  |  |
| REFUSED | 99 | [DO NOT READ] Refused |

LFP_END

## Labour Force (LBF)

| Overview | This module includes a number of questions on the respondent's work life, including <br> whether they are employed, unemployed or retired. Questions about occupation, <br> reasons for not working, and usual work schedule are also asked. |
| :--- | :--- |
| There are many relationships between work and health. For example, unemployment <br> can cause various stress-related illnesses while some occupations are more likely to <br> cause repetitive strain injuries. |  |

PROGRAMMING NOTE: THIS MODULE IS ADMINISTERED ONLY IF RET_RTRN_COF1 = YES OR RET_RTRD_COF1 = PARTLY_RETIRED OR NOT_RETIRED

The next few questions concern your current and past employment activities.

| LBF_1 | LBF_CURR_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF RET_RTRN_COF1 = YES OR RET_RTRD_COF1 = PARTLY_RETIRED OR NOT_RETIRED] |  |  |
| Are you currently working at a job or business? This includes part-time jobs, seasonal work, contract work, <br> self-employment, or any other paid work regardless of the number of hours worked. <br> YES 001 | Yes |  |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LBF_2 | LBF_MANY_COF1 |
| :--- | :--- |
| [ASK IF LBF_CURR_COF1 = YES] |  |

Do you currently work at more than one job or business?

| YES | 01 | Yes |
| :--- | :--- | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LBF_3 | LBF_STTS_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF LBF_CURR_COF1 = YES] |  |  |
| What is your current working status? If you are self-employed, choose full-time or part-time, as appropriate. |  |  |
| EMPLOYED_ALL_TIME | 01 | Employed all of the time (that is, 30+ hours/week) |
| EMPLOYED_MOST_TIME | 02 | Employed most of the time (that is, less than 30 but more than 20 <br> hours/week) |
| EMPLOYED_SOME_TIME | 03 | Employed some of the time (that is, less than 20 hours/week) |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LBF_4 | LBF_SCHD_COF1 |  |  |
| :--- | :--- | :--- | :---: |
| [ASK IF LBF_CURR_COF1 $=$ YES] |  |  |  |
| Which of the following best describes your working schedule? |  |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |  |
| DAYTIME | 01 | Daytime schedule or shift |  |
| EVENING | 02 | Evening shift |  |
| NIGHT | 03 | Night shift |  |
| ROTATING | 04 | Rotating shift, changing periodically from days to evenings or nights |  |
| SEASONAL | 05 | Seasonal, on-call or casual, no pre-arranged schedules, but called as <br> need arises |  |
| OTHER | 97 | Other |  |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |  |
| REFUSED | 99 | [DO NOT READ] Refused |  |
| LBF_4a | LBF_SCHD_OTSP_COF1 |  |  |
| [ASK IF LBF_SCHD_COF1 $=0$ OTHER] |  |  |  |
| Other (please specify: |  |  |  |
| LBF_SCHD_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |  |


| LBF_5 | LBF_TYPE_NB_COF1 |  |
| :--- | :--- | :---: |
| [ASK IF LBF_CURR_COF1 = YES] |  |  |
| What type of work do you do? |  |  |
| RECORD VERBATIM, PROBE AND CLARIFY FOR AS MUCH DETAIL AS POSSIBLE <br> PROGRAMMING NOTE: TO BE CODED ACCORDING TO OCCUPATIONAL CLASSIFICATION SYSTEM |  |  |
| LBF_TYPE_NB_COF1 |  |  |
| REFUSED | 99 |  |


| LBF_6 | LBF_BUSN_NB_COF1 |
| :--- | :--- |
| [ASK IF LBF_CURR_COF1 = YES] |  |
| What business or industry sector are you in? |  |
| RECORD VERBATIM, PROBE AND CLARIFY FOR AS MUCH DETAIL AS POSSIBLE <br> PROGRAMMING NOTE: TO BE CODED ACCORDING TO INDUSTRIAL CLASSIFICATION SYSTEM |  |
| LBF_BUSN_NB_COF1 |  |
| REFUSED | 99 |


| LBF_7 | LBF_DURN_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF LBF_CURR_COF1 $=$ YES] |  |  |
| How long have you worked with your present employer or in your current business? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| LESS_YEAR | 01 | Less than 1 year |
| 1_3_YEARS | 02 | From 1 year to less than 3 years |
| 3_5_YEARS | 03 | From 3 years to less than 5 years |
| 5_MORE_YEARS | 04 | 5 years or more |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| LBF_8 | LBF_RSN_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF LBF_CURR_COF1 $=$ NO] |  |  |
| What would best describe the reason for not working? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| UNABLE_WORK | 01 | Unable to work because of sickness or disability |
| LOOKING_AFTER_FAMILY | 02 | Looking after family |
| STUDENT | 03 | Student |
| UNEMPLOYED | 04 | Unemployed |
| UNPAID_WORK | 05 | Doing unpaid or voluntary work |
| OTHER | 97 | Other |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |
| LBF_8a | LBF_RSN_OTSP_COF1 |  |
| [ASK IF LBF_RSN_COF1 $=0$ OTHER] |  |  |
| Other (please specify: |  |  |
| LBF_RSN_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |


| LBF_9 | LBF_UNEM_COF1 |  |
| :--- | :--- | :---: |
| [ASK IF LBF_CURR_COF1 $=$ NO] |  |  |
| How long have you been unemployed? |  |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT TIME |  |  |
| LBF_UNEM_COF1 | [WEEKS, MONTHS, YEARS] |  |
|  | LBF_UNEM_WK_COF1 \| LBF_UNEM_MT_COF1 | LBF_UNEM_YR_COF1 |  |
| REFUSED | 99 |  |

LBF_END

## Work Limitations Questionnaire (WLQ)

Work Limitations Questionnaire, © 1998, The Health Institute, Tufts Medical Center f/k/a New England Medical Center Hospitals, Inc.; Debra Lerner, Ph.D.; Benjamin Amick III, Ph.D.; and Glaxo Wellcome, Inc. All Rights Reserved.

This instrument has been removed due to copyright requirements.

## Retirement Planning (RPL) - abbreviated version

## PROGRAMMING NOTE: THIS MODULE IS ADMINISTERED ONLY IF RET_RTRD_COF1 = PARTLY_RETIRED OR NOT_RETIRED

| RPL_1 | RPL_AGE_NB_COF1 |  |
| :--- | :--- | :---: |
| [ASK IF LBF_CURR_COF1 = YES] |  |  |
| At what age do you plan to retire? |  |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT AGE |  |  |
| RPL_AGE_NB_COF1 | (MASK: MIN=CURRENT AGE, MAX=87) |  |
| NOT_APPLICABLE | 96 |  |
| [DO NOT READ] Not applicable, does not plan to retire |  |  |
| DK_NA | 98 |  |
| REFUSED | 99 |  |


| RPL_2 | RPL_WHYNT_COF1 |  |  |
| :---: | :---: | :---: | :---: |
| [ASK IF RPL_AGE_NB_COF1 = NOT_APPLICABLE OR DK_NA] |  |  |  |
| [If not] Is that because...? |  |  |  |
| DO NOT READ LIST, CODE ONLY ONE RESPONSE |  |  |  |
| HAVE | LANNED_FOR_ | 01 | You have not thought about or planned for retirement |
| $\begin{aligned} & \hline \text { PLAN_ } \\ & \text { NG } \end{aligned}$ | NTINUE_WORKI | 02 | You plan to continue working for as long as you are able to |
| CANT_ | D_TO_RETIRE | 03 | You can't afford to retire |
| OTHER |  | 97 | Other |
| DK_NA |  | 98 | [DO NOT READ] Don't know / No answer |
| REFUS |  | 99 | [DO NOT READ] Refused |
| RPL_2a |  | RPL_WHYNT_OTSP_COF1 |  |
| [ASK IF RPL_WHYNT_COF1 = OTHER] |  |  |  |
| Other (please specify: |  |  |  |
| RPL_WHYNT_OTSP1_COF1 |  | [OPEN TEXT VARIABLE] |  |

RPL_END

## Income (INC)

|  | In this module, respondents are asked to provide their individual and household <br> incomes. Questions in the module seek to identify all sources of household and personal <br> income, as well as the main source for each. |
| :--- | :--- |
| Overview | Follow up questions are asked about Canada or Quebec pension plan benefits. Since a <br> person's financial situation includes more than just income, respondents are also asked <br> to estimate the value of their savings and investments, excluding the value of their <br> principal residence and employer pension plans. The respondent is also asked whether <br> their income covers their basic expenses. |
| Although it is a sensitive topic, this information is important for studying health trends <br> and behaviours; even though many healthcare costs in Canada are covered by <br> insurance, income still plays an important role in people's health, particularly for older <br> Canadians. People with lower incomes are more likely to have poorer health, and people <br> of different income levels also tend to use the health care system differently. |  |

This next section is about your standard of living. A person's standard of living has been shown to have a relationship to their health. For this reason it is important that we have some understanding of the level of income that you and your family live on. As with all of the other information that you have shared, these answers are kept strictly confidential.

## Household Income

| INC_1 | INC_SRCE_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Thinking about the total income for all household members, from which of the following sources did your <br> household receive any income in the past 12 months? |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED (EXCEPT IF 96, 98 OR 99 ARE SELECTED), CODE <br> ALL THAT APPLY |  |  |
| INC_SRCE_WG_COF1 | 01 | Wages and salaries |
| INC_SRCE_SE_COF1 | 02 | Income from self-employment |
| INC_SRCE_IN_COF1 | 03 | Dividends and interest (e.g., on bonds, savings) |
| INC_SRCE_EI_COF1 | 04 | Employment insurance |
| INC_SRCE_CM_COF1 | 05 | Worker's compensation |
| INC_SRCE_BN_COF1 | 06 | Benefits from Canada or Quebec Pension Plan |
| INC_SRCE_PN_COF1 | 07 | Job related retirement pensions, superannuation and annuities |
| INC_SRCE_GV_COF1 | 08 | RRSP/RRIF |
| INC_SRCE_OLD_COF1 | 09 | Old Age Security |
| INC_SRCE_GIS_COF1 | 10 | Guaranteed Income Supplement |
| INC_SRCE_WF_COF1 | 11 | Provincial or municipal social assistance or welfare |
| INC_SRCE_CH_COF1 | 12 | Child Tax Benefit |


| INC_1 | INC_SRCE_COF1 (cont'd...) |
| :--- | :--- |

## [ALWAYS ASK]

Thinking about the total income for all household members, from which of the following sources did your household receive any income in the past 12 months?

| READ LIST, MULTIPLE RESPONSES ALLOWED |  |  |
| :--- | :--- | :--- |
| INC_SRCE_SP_COF1 | 13 | Child support |
| INC_SRCE_AL_COF1 | 14 | Alimony |
| INC_SRCE_CP_COF1 | 15 | Capital gains (e.g. profits from sale of stocks) |
| INC_SRCE_NONE_COF1 | 96 | [DO NOT READ] None |
| INC_SRCE_OT_COF1 | 97 | Other (e.g., rental income, veterans' pensions) |
| INC_SRCE_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| INC_SRCE_REFUSED_COF1 | 99 | [DO NOT READ] Refused |
| INC_1a | INC_SRCE_OTSP_COF1 |  |
| [ASK IF INC_SRCE_COF1 = INC_SRCE_OT_COF1] |  |  |
| Other (please specify: |  |  |
| INC_SRCE_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |


| INC_2 | INC_FRST_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF INC_SRCE_COF1 HAS GREATER THAN 2 VARIABLES SELECTED] |  |  |
| Of the sources of income you have identified, what are the three major sources of your household income, <br> starting with the highest source of income? [RECALLL RESPONSE FROM INC_SRCE_COF1]. |  |  |
| INC_FRST_COF1 | 01 | 1st highest source |
| INC_SCND_COF1 | 02 | 2nd highest source |
| INC_THRD_COF1 | 03 | 3rd highest source |
| REFUSED | 09 | [DO NOT READ] Refused |


| INC_3 | INC_TOT_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| What is your best estimate of the total household income received by all household members, from all <br> sources, before taxes and deductions, in the past 12 months? |  |  |
| READ LIST IF NECESSARY, CODE ONLY ONE RESPONSE |  |  |
| LESS_20000 | 01 | Less than $\$ 20,000$ |
| 20000_50000 | 02 | $\$ 20,000$ or more, but less than $\$ 50,000$ |
| $50000 \_100000$ | 03 | $\$ 50,000$ or more, but less than $\$ 100,000$ |
| 100000_150000 | 04 | $\$ 100,000$ or more, but less than $\$ 150,000$ |
| 150000_MORE | 05 | $\$ 150,000$ or more |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |



| INC_5 | INC_PFRST_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF INC_PSRCE_COF1 HAS GREATER THAN 2 VARIABLES SELECTED] |  |  |
| Of the sources of income you have identified, what are the three major sources of your personal income, <br> starting with the highest source of income? <br> [RECALL RESPONSE FROM INC_PSRRC_COF1]. <br> INC_PFRST_COF1$r 01$ | 1st highest source |  |
| INC_PSCND_COF1 | 02 | 2nd highest source |
| INC_PTHRD_COF1 | 03 | 3rd highest source |
| REFUSED | 09 | [DO NOT READ] Refused |


| INC_6 | INC_PTOT_COF1 |
| :--- | :--- |
| [ALWAYS ASK] |  |
| What is your best estimate of your total personal income from all sources, before taxes and deductions, in <br> the past 12 months? |  |
| READ LIST, CODE ONLY ONE RESPONSE. INTERVIEWER NOTE: IF INC_6/INC_PTOT_COF1 |  |
| INC_3/INC_TOT_COF1, THEN ASK: THIS QUESTION ASKS YOU FOR YOUR TOTAL PERSONAL |  |
| INCOME, BUT YOU REPORTED THAT YOUR TOTAL HOUSEHOLD INCOME IS LESS THAN YOUR |  |
| TOTAL PERSONAL INCOME. WHAT IS YOUR TOTAL HOUSEHOLD INCOME AND WHAT IS YOUR |  |
| TOTAL PERSONAL INCOME? INTERVIEWER: CORRECT RESPONSES AS NECESSARY. |  |
| LESS_20000 | 01 |
| Less than $\$ 20,000$ |  |
| 50000_50000 | 02 |

INC_END

## Medications (MEDI)

INTERVIEWER INSTRUCTIONS: PLEASE ASK THE PARTICIPANT TO SHOW YOU ALL OF THE REGULARLY SCHEDULED/OR TAKEN MEDICATIONS (I.E. - SCHEDULED; ONCE A DAY, EVERY OTHER DAY, ETC. BUT NOT TAKEN OCCASIONALLY), PRESCRIPTION, NON-PRESCRIPTION OVER-THE-COUNTER, HERBALS, VITAMINS OR NATURAL HEALTH PRODUCTS THAT S/HE IS TAKING AND RECORD THE INFORMATION IN THE TABLE BELOW.

| Number of Medications | Name of Medication | Drug Identification Number (DIN) | Prescription | Dosage - How Much |  |  | Frequency: When do you take the medication | Duration: (drug usage beyond one month) | Start Date | $\begin{aligned} & \text { Reason(s) } \\ & \text { for Use } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| WHAT APPEARS IN ONYX $\rightarrow$ | Text field to type in name | Buttons to select and type in DIN or name of medication | Y/N/DK/NA/RF | Type in quantity | Drop down menu to select unit (mL, mcg, tablet, etc.) | Text field to type in comment (i.e. drops in left eye only, etc.) | Buttons to select once a day, twice daily, once a week, etc. | Buttons to select more than one year, 6 months to one year, etc. | Select from calendar, don't know/no answer or refused | Text field to type in response or select don't know/no answer or refused |
| Example $\rightarrow$ | ARTHROTEC | 01917056 |  | 50 | mg |  | Twice daily | 6 months to one year | $\begin{array}{\|l\|} \hline \text { April 28, } \\ 2013 \\ \hline \end{array}$ | Arthritis |
| Example $\rightarrow$ | NASONEX NASAL SPRAY | 02238465 |  | 100 | $\mu \mathrm{G}$ |  | Three x day | More than one year | February 16,2011 | Congestion |
| 1 |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |  |  |  |  |
| 6 |  |  |  |  |  |  |  |  |  |  |
| 7 |  |  |  |  |  |  |  |  |  |  |
| 8 |  |  |  |  |  |  |  |  |  |  |
| 9 |  |  |  |  |  |  |  |  |  |  |
| 10 |  |  |  |  |  |  |  |  |  |  |
| 11 |  |  |  |  |  |  |  |  |  |  |

## MEDI_END

## Health Care Utilization (HCU)

| Overview | This module covers a number of topics related to the use of health care services, <br> including whether the participant has a regular medical doctor, uses medical specialists, <br> or uses practitioners of alternative medicine. |
| :--- | :--- |
| Importance of module: This module is relevant to policy makers, health care planners, <br> and researchers, who may use the data to compare how different groups, e.g., men <br> versus women, urban versus rural -dwellers, use health services. This type of research <br> can help determine who needs better access to healthcare services. |  |

Now I would like to ask you about your contacts with healthcare professionals or the healthcare system during the past 12 months.

## HCU_COF1

During the past 12 months, have you had contact with any of the following about your physical or mental health?

## [ALWAYS ASK]

## INTERVIEWER INSTRUCTION: A YES / NO / DK_NA / REFUSED RESPONSE IS REQUIRED FOR EACH QUESTION IN THE TABLE

|  |  |  | Yes | No | DK/ <br> NA |
| :--- | :--- | :--- | :--- | :--- | :--- |
| RF |  |  |  |  |  |
| HCU_1 | HCU_FAMPHY_COF1 | Family Doctor |  |  |  |
| HCU_3 | HCU_SPEC_COF1 | HCU_PSYCH_COF1 <br> gynaecologist, psychiatrist or <br> ophthalmologist) | Psychologist |  |  |
| HCU_5 | HCU_OPTO_COF1 | Optometrist |  |  |  |
| HCU_6 | HCU_PHYSIO_COF1 | Physiotherapist, occupational therapist, <br> or chiropractor |  |  |  |
| HCU_7 | HCU_SOCLWRK_COF1 | Social worker |  |  |  |


| HCU_8 | HCU_EMEREG_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| Have you been seen in an Emergency Department during the past 12 months? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| HCU_9 | HCU_HLOVRNT_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| Were you a patient in a hospital overnight during the past 12 months? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| HCU_10 | HCU_NRSHM_COF1 |
| :--- | :--- |

## [ALWAYS ASK]

Were you a patient in a nursing home or convalescent home during the past 12 months?

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| HCU_11 | HCU_HAVEFAM_COF1 |
| :--- | :--- |
| [ASK IF HCU_FAMPHY_COF1 = NO] |  |

Do you have a family doctor?

| YES | 01 | Yes |
| :--- | ---: | :--- |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| HCU_12 | HCU_NOFAM_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF HCU_HAVEFAM_COF1 $=$ NO] |  |  |
| Why do you NOT have a family doctor? |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED (EXCEPT IF 98 OR 99 ARE SELECTED), CODE ALL <br> THAT APPLY |  |  |
| HCU_NOFAM_TAKE_COF1 | 01 | Family doctors in the area are not taking new patients |
| HCU_NOFAM_AVAIL_COF1 | 02 | No family doctors available in the area |
| HCU_NOFAM_CONT_COF1 | 03 | Have not tried to contact one |
| HCU_NOFAM_LEFT_COF1 | 04 | Had a medical doctor who left or retired |
| HCU_NOFAM_OT_COF1 | 97 | Other |
| HCU_NOFAM_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| HCU_NOFAM_REFUSED_COF1 | 99 | [DO NOT READ] Refused |


| HCU_12a | HCU_NOFAM_OTSP_COF1 |
| :--- | :--- |
| [ASK IF HCU_NOFAM_COF1 $\boldsymbol{=}$ HCU_NOFAM_OT_COF1] |  |
| Other (please specify: $\quad$ HCU_NOFAM_OTSP1_COF1 | [OPEN TEXT VARIABLE] |
| HCU |  |


| HCU_13 | HCU_PLACE_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF HCU_HAVEFAM_COF1 $=$ NO] |  |  |
| Is there a place that you usually go to when you are sick or need advice about your health? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |



| HCU_15 | HCU_SPEV_COF1 |  |
| :--- | ---: | :--- |
| [ASK IF HCU_SPEC_COF1 = NO] |  |  |
| Why have you NOT seen a medical specialist (such as a cardiologist, gynecologist, psychiatrist or <br> ophthalmologist) in the past 12-months? |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED (EXCEPT IF 98 OR 99 ARE SELECTED), CODE ALL <br> THAT APPLY |  |  |
| HCU_SPEV_NEED_COF1 | 01 | Not needed |
| HCU_SPEV_REFE_COF1 | 02 | Difficulty getting a referral |
| HCU_SPEV_APPT_COF1 | 03 | Difficulty getting an appointment |
| HCU_SPEV_SPEC_COF1 | 04 | No specialists in the area |
| HCU_SPEV_TRAN_COF1 | 05 | Transportation problems |
| HCU_SPEV_LANG_COF1 | 06 | Language problem |
| HCU_SPEV_PERS_COF1 | 07 | Personal and family responsibilities |
| HCU_SPEV_CANC_COF1 | 08 | Appointment cancelled or deferred by specialist/doctor |
| HCU_SPEV_WAIT_COF1 | 09 | Still waiting for visit |
| HCU_SPEV_LEAV_COF1 | 10 | Unable to leave the house due to health condition |
| HCU_SPEV_OT_COF1 | 97 | Other |
| HCU_SPEV_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| HCU_SPEV_REFUSED_COF1 | 99 | [DO NOT READ] Refused |


| HCU_15a | HCU_SPEV_OTSP_COF1 |
| :--- | :--- |
| [ASK IF HCU_SPEV_COF1 $\boldsymbol{=}$ HCU_SPEV_OT_COF1] |  |
| Other (please specify: |  |
| HCU_SPEV_OTSP1_COF1 | [OPEN TEXT VARIABLE] |

HCU_END

## Unmet Health Care Needs (MET)

| Overview | Access to health care services is often evaluated by considering frequency of use of <br> health care services. However, such research does not capture information from those <br> who do not use health care services or the reasons for not using services. Self-perceived <br> unmet need for health care services is often used as a measure of the adequacy of <br> access to services. |
| :--- | :--- |
| The data collected can help researchers determine what factors contribute to unmet <br> health care needs how important lack of access is in determining unmet health care <br> needs. |  |


| MET_1 | MET_NEED_COF1 |  |
| :--- | ---: | :--- |
| [ALWAYS ASK] |  |  |
| During the past 12 months, was there ever a time when you felt that you needed health care but you didn't <br> receive it? |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## MET_2 $\quad$ MET_RSN_COF1

## [ASK IF MET_NEED_COF1 = YES]

Thinking of the most recent time, why didn't you get care?
READ LIST, MULTIPLE RESPONSES ALLOWED (EXCEPT IF 98 OR 99 ARE SELECTED), CODE ALL THAT APPLY

| MET_RSN_AREA_COF1 | 01 | Not available - in the area |
| :--- | :--- | :--- |
| MET_RSN_TIME_COF1 | 02 | Not available - at time required (e.g. doctor on holidays, inconvenient <br> hours) |
| MET_RSN_WAIT_COF1 | 03 | Waiting time too long |
| MET_RSN_INAD_COF1 | 04 | Felt would be inadequate |
| MET_RSN_COST_COF1 | 05 | Cost |
| MET_RSN_BUSY_COF1 | 06 | Too busy |
| MET_RSN_AROD_COF1 | 07 | Didn't get around to it/didn't bother |
| MET_RSN_SEEK_COF1 | 08 | Decided not to seek care |
| MET_RSN_NECE_COF1 | 09 | Doctor - didn't think it was necessary |
| MET_RSN_OT_COF1 | 97 | Other |
| MET_RSN_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| MAT_RSN_REFUSED_COF1 | 99 | [DO NOT READ] Refused |
| MET_2a | MET_RSN_OTSP_COF1 |  |
| [ASK IF MET_RSN_COF1 = MET_RSN_OT_COF1] |  |  |
| Other (please specify: |  |  |
| MET_RSN_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |

## Psychological Distress (K10)

| Overview | The questions in this module come from the Kessler Psychological Distress Scale, which <br> measures participants' levels of distress using questions on anxiety and depressive <br> symptoms during the last 30 days. |
| :--- | :--- |
| Importance of module: Psychological distress is associated with an increased use of <br> health services and psychotropic drugs, as well as with suicide. Psychological distress <br> may indirectly affect health by leading to the adoption of inappropriate lifestyle habits <br> (e.g., poor nutritional or sleep habits, little or no exercise, and reduced engagement in <br> social activities). |  |

I would now like you to focus on how you have been feeling during the past 30 days.

| K10_1 | K10_TIRED_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] | About how often during the past 30 days did you feel tired out for no good reason — would you say all of the <br> time, most of the time, some of the time, a little of the time, or none of the time? |  |
| CODE ONLY ONE RESPONSE |  |  |
| ALL_TIME | 01 | All of the time |
| MOST_TIME | 02 | Most of the time |
| SOME_TIME | 03 | Some of the time |
| LITTLE_TIME | 04 | A little of the time |
| NONE_TIME | 05 | None of the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| K10_2 | K10_NRVS_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| During the past 30 days, about how often did you feel nervous - all of the time, most of the time, some of <br> the time, a little of the time, or none of the time? |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| ALL_TIME | 01 | All of the time |
| MOST_TIME | 02 | Most of the time |
| SOME_TIME | 03 | Some of the time |
| LITTLE_TIME | 04 | A little of the time |
| NONE_TIME | 05 | None of the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| K10_3 | K10_NRVSCLMD_COF1 |
| :--- | :--- |
| [ASK IF K10_NRVS_COF1 $=$ NONE_TIME, DK_NA, REFUSED] |  |

During the past 30 days, how often did you feel so nervous that nothing could calm you down - all of the time, most of the time, some of the time, a little of the time, or none of the time?

## CODE ONLY ONE RESPONSE

| ALL_TIME | 01 | All of the time |
| :--- | :--- | :--- |
| MOST_TIME | 02 | Most of the time |
| SOME_TIME | 03 | Some of the time |
| LITTLE_TIME | 04 | A little of the time |
| NONE_TIME | 05 | None of the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| K10_4 | K10_HPLS_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| During the past 30 days, about how often did you feel hopeless? |  |  |
| CODE ONLY ONE RESPONSE |  | 01 |
| ALL_TIME | 02 | Mos the time the time |
| MOST_TIME | 03 | Some of the time |
| SOME_TIME | 04 | A little of the time |
| LITTLE_TIME | 05 | None of the time |
| NONE_TIME | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| K10_5 | K10_RSTLS_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| During the past 30 days, about how often did you feel restless or fidgety? |  |  |
| CODE ONLY ONE RESPONSE | 01 | All of the time |
| ALL_TIME | 02 | Most of the time |
| MOST_TIME | 03 | Some of the time |
| SOME_TIME | 04 | A little of the time |
| LITTLE_TIME | 05 | None of the time |
| NONE_TIME | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| K10_6 | K10_RSTLSSTL_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF K10_RSTLS_COF1 $\neq$ NONE_TIME, DK_NA, REFUSED] |  |  |
| How often did you feel so restless that you could not sit still? |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| ALL_TIME | 01 | All of the time |
| MOST_TIME | 02 | Most of the time |
| SOME_TIME | 03 | Some of the time |
| LITTLE_TIME | 04 | A little of the time |
| NONE_TIME | 05 | None of the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| K10_7 | K10_DEP_COF1 |
| :--- | :--- |

## [ALWAYS ASK]

During the past 30 days, about how often did you feel depressed?

## CODE ONLY ONE RESPONSE

| ALL_TIME | 01 | All of the time |
| :--- | :--- | :--- |
| MOST_TIME | 02 | Most of the time |
| SOME_TIME | 03 | Some of the time |
| LITTLE_TIME | 04 | A little of the time |
| NONE_TIME | 05 | None of the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| K10_8 | K10_EFFRT_COF1 |
| :--- | :--- |
| [ALWAYS ASK] |  |

During the past 30 days, about how often did you feel that everything was an effort?

## CODE ONLY ONE RESPONSE

| ALL_TIME | 01 | All of the time |
| :--- | :--- | :--- |
| MOST_TIME | 02 | Most of the time |
| SOME_TIME | 03 | Some of the time |
| LITTLE_TIME | 04 | A little of the time |
| NONE_TIME | 05 | None of the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| K10_9 | K10_NOCHRUP_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| During the past 30 days, how often did you feel so depressed that nothing could cheer you up? |  |  |
| CODE ONLY ONE RESPONSE | 01 | All of the time |
| ALL_TIME | 02 | Most of the time |
| MOST_TIME | 03 | Some of the time |
| SOME_TIME | 04 | A little of the time |
| LITTLE_TIME | 05 | None of the time |
| NONE_TIME | 08 | [DO NOT READ] Don't Know / No Answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| K10_10 | K10_WRTHLSS_COF1 |
| :--- | :--- |

## [ALWAYS ASK]

During the past 30 days, about how often did you feel worthless?

## CODE ONLY ONE RESPONSE

| ALL_TIME | 01 | All of the time |
| :--- | :--- | :--- |
| MOST_TIME | 02 | Most of the time |
| SOME_TIME | 03 | Some of the time |
| LITTLE_TIME | 04 | A little of the time |
| NONE_TIME | 05 | None of the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| K10_11 | K10_FLING_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] | 01 | More often than usual |
| The last set of questions asked about feelings that might have occurred during the past 30 days. Taking <br> them all together, did these feelings occur ... |  |  |
| CODE ONLY ONE RESPONSE | 02 | About the same as usual |
| MORE_OFTEN | 03 | Less often than usual |
| ALMOST_SAME | 04 | Never have these feelings |
| LESS_OFTEN | 08 | [DO NOT READ] Don't know / No answer |
| NEVER | 09 | [DO NOT READ] Refused |
| DK_NA |  |  |
| REFUSED |  |  |


| K10_12 | K10_FLINGLESS_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF K10_FLNG_COF1 $=$ LESS_OFTEN] |  |  |
| A lot less than usual, somewhat less, or only a little less than usual? |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| LESS_THAN_USUAL | 01 | Less than usual |
| SOMEWHAT_LESS | 02 | Somewhat less |
| LITTLE_LESS | 03 | Only a little less |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| K10_13 | K10_FLINGMORE_COF1 |
| :--- | :--- |
| [ASK IF K10_FLNG_COF1 $=$ MORE_OFTEN] |  |


| CODE ONLY ONE RESPONSE |  |  |
| :---: | :---: | :---: |
| MORE_THAN_USUAL | 01 | More than usual |
| SOMEWHAT_MORE | 02 | Somewhat more |
| LITTLE_MORE | 03 | Only a little more |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| K10_14 | K10_UNWK_NB_COF1 |  |  |
| :---: | :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |  |
| How many days out of the past 30 were you totally unable to work or carry out your normal activities because of these feelings? |  |  |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER OF DAYS |  |  |  |
| K10_UNWK_NB_COF1 |  |  | (MASK: MIN=00, M |
| DK_NA |  | 98 | [DO NOT READ] Don't kno |
| REFUSED |  | 99 | [DO NOT READ] Refused |


| K10_15 | K10_HFWK_NB_COF1 |
| :--- | :--- |
| [ALWAYS ASK] |  |
| Not counting that/those day(s), how many days in the past 30 were you able to do only half or less of what <br> you would normally have been able to do because of these feelings? |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER OF DAYS |  |
| K10_HFWK_NB_COF1 | (MASK: MIN=00, MAX=30) |
| DK_NA | 98 |
| REFUSED | [DO NOT READ] Don't know/No answer |


| K10_16 K10_DOC_NB_COF1 |  |
| :--- | :--- |
| [ALWAYS ASK] |  |
| During the past 30 days, how many times did you see a doctor or other health professional about these <br> feelings? |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER OF DAYS |  |
| K10_DOC_NB_COF1 | (MASK: MIN=00, MAX=30) |
| DK_NA | 98 |
| REFUSED | 99 |



| K10_17 | K10_PHYSHLTH_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| During the past 30 days, how often have physical health problems been the main cause of these feelings? |  |  |
| CODE ONLY ONE RESPONSE | 01 | All of the time |
| ALL_TIME | 02 | Most of the time |
| MOST_TIME | 03 | Some of the time |
| SOME_TIME | 04 | A little of the time |
| LITTLE_TIME | 05 | None of the time |
| NONE_TIME | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |

## Personality Traits (PER)

| Overview | Personality traits are "enduring patterns of perceiving, relating to, and thinking about <br> oneself and the environment that are exhibited in a wide range of social and personal <br> contexts" (American Psychiatric Association, 1994). |
| :--- | :--- |
| Importance of module: The CLSA measures personality traits using the Ten-Item <br> Personality Inventory (TIPI) test. The TIPI is designed to assess the 'Big Five' <br> personality traits (i.e., openness, conscientiousness, extraversion, agreeableness, and <br> neuroticism). These traits have been shown to be related to health.. |  |

Moving away from how you have been feeling, I would now like to ask some questions about your personality. We will present you with a number of personality traits that may or may not apply to you. These traits will be presented as pairs. Please indicate whether you agree or disagree with the extent to which each pair of traits applies to you, even if one trait applies more strongly than the other.

| PER_1 | PER_EXTR_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| I see myself as extraverted and enthusiastic. |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| DISAGREE | 01 | Disagree |
| AGREE | 02 | Agree |
| NEITHER_AGREE_DISAGREE | 03 | Neither agree nor disagree |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PER_1a | PER_EXTRDIS_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_EXTR_COF1 $=$ DISAGREE] |  |  |
| Would you disagree... | 01 | strongly |
| CODE ONLY ONE RESPONSE | 02 | moderately |
| STRONG | 03 | a little |
| MODERATELY | 08 | [DO NOT READ] Don't know / No answer |
| LITTLE | 09 | [DO NOT READ] Refused |
| DK_NA |  |  |


| PER_1b | PER_EXTRAGR_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_EXTR_COF1 $\boldsymbol{Z}$ AGREE] |  |  |
| Would you agree... |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| STRONG | 01 | strongly |
| MODERATELY | 02 | moderately |
| LITTLE | 03 | alittle |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PER_2 | PER_CRT_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| I see myself as critical and quarrelsome. |  |  |
| CODE ONLY ONE RESPONSE | 01 | Disagree |
| DISAGREE | 02 | Agree |
| AGREE | 03 | Neither agree nor disagree |
| NEITHER_AGREE_DISAGREE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_2a | PER_CRTDIS_COF1 |
| :--- | :--- | [ASK IF PER_CRT_COF1 = DISAGREE]

Would you disagree...

| CODE ONLY ONE RESPONSE |  |  |
| :--- | :--- | :--- |
| STRONG | 01 | strongly |
| MODERATELY | 02 | moderately |
| LITTLE | 03 | a little |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PER_2b | PER_CRTAGR_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_CRT_COF1 $\boldsymbol{\text { a AGREE }}$ ] |  |  |
| Would you agree... |  | 01 |
| CODE ONLY ONE RESPONSE |  |  |
| STRONG | 02 | moderately |
| MODERATELY | 03 | a little |
| LITTLE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_3 | PER_DP_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| I see myself as dependable and self-disciplined. |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| DISAGREE | 01 | Disagree |
| AGREE | 02 | Agree |
| NEITHER_AGREE_DISAGREE | 03 | Neither agree nor disagree |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PER_3a | PER_DPDIS_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_DP_COF1 $=$ DISAGREE] |  |  |
| Would you disagree... |  | 01 |
| CODE ONLY ONE RESPONSE |  |  |
| STRONG | 02 | moderately |
| MODERATELY | 03 | a little |
| LITTLE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_3b | PER_DPAGR_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_DP_COF1 $=$ AGREE] |  |  |
| Would you agree... |  |  |
| CODE ONLY ONE RESPONSE |  | 01 |
| STRONG | 02 | modergly |
| MODERATELY | 03 | a little |
| LITTLE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_4 | PER_ANX_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| I see myself as anxious and easily upset. |  |  |
| CODE ONLY ONE RESPONSE | 01 | Disagree |
| DISAGREE | 02 | Agree |
| AGREE | 03 | Neither agree nor disagree |
| NEITHER_AGREE_DISAGREE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_4a | PER_ANXDIS_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_ANX_COF1 $=$ DISAGREE] |  |  |
| Would you disagree... | 01 | strongly |
| CODE ONLY ONE RESPONSE |  | 02 |
| STRONG | 03 | a little |
| MODERATELY | 08 | [DO NOT READ] Don't know / No answer |
| LITTLE | 09 | [DO NOT READ] Refused |
| DK_NA |  |  |


| PER_4b | PER_ANXAGR_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_ANX_COF1 $\boldsymbol{\text { a AGREE }}$ ] |  |  |
| Would you agree... |  |  |
| CODE ONLY ONE RESPONSE |  | 01 |
| STRONG | 02 | modergly |
| MODERATELY | 03 | a little |
| LITTLE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_5 | PER_NEXP_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| I see myself as open to new experiences and complex. |  |  |
| CODE ONLY ONE RESPONSE | 01 | Disagree |
| DISAGREE | 02 | Agree |
| AGREE | 03 | Neither agree nor disagree |
| NEITHER_AGREE_DISAGREE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_5a | PER_NEXPDIS_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_NEXP_COF1 $\boldsymbol{l}$ DISAGREE] |  |  |
| Would you disagree... |  | 01 |
| CODE ONLY ONE RESPONSE |  |  |
| STRONG | 02 | moderately |
| MODERATELY | 03 | a little |
| LITTLE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_5b | PER_NEXPAGR_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_NEXP_COF1 $\boldsymbol{=}$ AGREE] |  |  |
| Would you agree... |  |  |
| CODE ONLY ONE RESPONSE |  | 01 |
| STRONG | 02 | modergly |
| MODERATELY | 03 | a little |
| LITTLE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_6 | PER_RSV_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| I see myself as reserved and quiet. |  |  |
| CODE ONLY ONE RESPONSE | 01 | Disagree |
| DISAGREE | 02 | Agree |
| AGREE | 03 | Neither agree nor disagree |
| NEITHER_AGREE_DISAGREE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_6a | PER_RSVDIS_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_RSV_COF1 $\boldsymbol{l}$ DISAGREE] |  |  |
| Would you disagree... | 01 | strongly |
| CODE ONLY ONE RESPONSE |  | 02 |
| STRONG | 03 | a little |
| MODERATELY | 08 | [DO NOT READ] Don't know / No answer |
| LITTLE | 09 | [DO NOT READ] Refused |
| DK_NA |  |  |


| PER_6b | PER_RSVAGR_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_RSV_COF1 $\boldsymbol{=}$ AGREE] |  |  |
| Would you agree... |  |  |
| CODE ONLY ONE RESPONSE |  | 01 |
| STRONG | 02 | modergly |
| MODERATELY | 03 | a little |
| LITTLE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_7 | PER_SYMP_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| I see myself as sympathetic and warm. |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| DISAGREE | 01 | Disagree |
| AGREE | 02 | Agree |
| NEITHER_AGREE_DISAGREE | 03 | Neither agree nor disagree |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PER_7a | PER_SYMPDIS_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_SYMP_COF1 $=$ DISAGREE] |  |  |
| Would you disagree... | 01 | strongly |
| CODE ONLY ONE RESPONSE |  | 02 |
| STRONG | 03 | a little |
| MODERATELY | 08 | [DO NOT READ] Don't know / No answer |
| LITTLE | 09 | [DO NOT READ] Refused |
| DK_NA |  |  |


| PER_7b | PER_SYMPAGR_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_SYMP_COF1 $\boldsymbol{=}$ AGREE] |  |  |
| Would you agree... |  |  |
| CODE ONLY ONE RESPONSE |  | 01 |
| STRONG | 02 | modergly |
| MODERATELY | 03 | a little |
| LITTLE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_8 | PER_DORG_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| I see myself as disorganized and careless. |  |  |
| CODE ONLY ONE RESPONSE | 01 | Disagree |
| DISAGREE | 02 | Agree |
| AGREE | 03 | Neither agree nor disagree |
| NEITHER_AGREE_DISAGREE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_8a | PER_DORGDIS_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_DORG_COF1 $=$ DISAGREE] |  |  |
| Would you disagree... | 01 | strongly |
| CODE ONLY ONE RESPONSE |  | 02 |
| STRONG | 03 | a little |
| MODERATELY | 08 | [DO NOT READ] Don't know / No answer |
| LITTLE | 09 | [DO NOT READ] Refused |
| DK_NA |  |  |


| PER_8b | PER_DORGAGR_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_DORG_COF1 $=$ AGREE] |  |  |
| Would you agree... |  |  |
| CODE ONLY ONE RESPONSE |  | 01 |
| STRONG | 02 | modengly |
| MODERATELY | 03 | a little |
| LITTLE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_9 | PER_CALM_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| I see myself as calm and emotionally stable. |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| DISAGREE | 01 | Disagree |
| AGREE | 02 | Agree |
| NEITHER_AGREE_DISAGREE | 03 | Neither agree nor disagree |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| PER_9a | PER_CALMDIS_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_CALM_COF1 $\boldsymbol{=}$ DISAGREE] |  |  |
| Would you disagree... |  | 01 |
| CODE ONLY ONE RESPONSE |  |  |
| STRONG | 02 | moderately |
| MODERATELY | 03 | a little |
| LITTLE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_9b | PER_CALMAGR_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_CALM_COF1 $\boldsymbol{=}$ AGREE] |  |  |
| Would you agree... | 01 | strongly |
| CODE ONLY ONE RESPONSE |  | 02 |
| STRONG | 03 | al little |
| MODERATELY | 08 | [DO NOT READ] Don't know / No answer |
| LITTLE | 09 | [DO NOT READ] Refused |
| DK_NA |  |  |


| PER_10 | PER_CNV_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| I see myself as conventional and uncreative. |  |  |
| CODE ONLY ONE RESPONSE | 01 | Disagree |
| DISAGREE | 02 | Agree |
| AGREE | 03 | Neither agree nor disagree |
| NEITHER_AGREE_DISAGREE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_10a | PER_CNVDIS_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_CNV_COF1 $\boldsymbol{l}$ DISAGREE] |  |  |
| Would you disagree... |  | 01 |
| CODE ONLY ONE RESPONSE |  |  |
| STRONG | 02 | moderately |
| MODERATELY | 03 | a little |
| LITTLE | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| PER_10b | PER_CNVAGR_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF PER_CNV_COF1 $\boldsymbol{\text { a AGREE }}$ ] |  |  |
| Would you agree... | 01 | strongly |
| CODE ONLY ONE RESPONSE | 02 | moderately |
| STRONG | 03 | a little |
| MODERATELY | 08 | [DO NOT READ] Don't know / No answer |
| LITTLE | 09 | [DO NOT READ] Refused |
| DK_NA |  |  |

## PER_END

## Transportation, Mobility, Migration (TRA)

The questions in this module were adapted from the Baseline Survey of Seniors (Older and Wiser Driver Questionnaire) developed by the Centre on Aging - University of Victoria. The Canadian Longitudinal Study on Aging received permission from the Centre on Aging - University of Victoria for the use of this instrument.

| Overview | The questions in this module ask participants about their driving status, the types of <br> transportation they use, and how long they have lived in their present home and <br> community. |
| :--- | :--- |
| Importance of module: These questions will provide data about participants' ability and <br> transportation functionality over time. |  |

Now I would like you to focus on how you get around the area where you live, whether this involves going to work, going to appointments, visiting friends, etc. I will ask about the types of transportation you use, as well as how long you have lived in your current location.

\section*{| TRA_1 | TRA_DSTATUS_COF1 |
| :--- | :--- |}

## [ALWAYS ASK]

Which of the following describes your driving status? (Include cars, vans, trucks and motorcycles.)

## READ LIST, CODE ONLY ONE RESPONSE

| NEVER_DL | 01 | Never had a driver's license |
| :--- | :--- | :--- |
| CURRENTLY_NO_DL_DL | 02 | Had a driver's license at one point in your life, but currently do not <br> have it |
| UNRESTRICTED_DL | 03 | Have a driver's license without restrictions (except eyeglasses) <br> RESTRICTED_DL04have a driver's license with restrictions on time of driving (daylight <br> only), distance from home, type of road (no highway) or number of <br> passengers |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| TRA_2 | TRA_DFREQ_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF TRA_DSTATUS_COF1 $=$ UNRESTRICTED_DL OR RESTRICTED_DL] |  |  |
| How frequently do you drive? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| DAILY | 01 | Daily |
| 4_6_DAYS_WEEK | 02 | 4 to 6 times a week |
| 2_3_DAYS_WEEK | 03 | 2 to 3 times a week |
| ONCE_WEEK | 04 | Once a week |
| LESS_1WEEK_MORE_1MONTH | 05 | Less than once a week, but more than once a month |
| LESS_ONCE_MONTH | 06 | Less than once a month |
| NONE | 07 | Not at all |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |



| TRA_2b | TRA_CMNTR2_COF1 |
| :--- | :--- |
| [ASK IF TRA_DSTATUS_COF1 $\boldsymbol{\text { / UNRESTRICTED_DL OR RESTRICTED_DL] }}$ |  |

In the past year, which was your most common form of transportation?
INTERVIEWER NOTE: FOR THE PUBLIC TRANSPORTATION CATEGORY, INCLUDE PARTICIPANTS WHO TRAVEL BY VEHICLE TO ANOTHER AREA IN ORDER TO USE PUBLIC TRANSIT (E.G. TRAVEL TO A ‘PARK AND RIDE’)

| ACCESSIBLE TRANSIT INCLUDES ANY ACCESSIBLE TRANSPORTATION SERVICE SPECIFICALLY DESIGNED FOR PERSONS WITH DISABILITIES OR MOBILITY ISSUES, SUCH AS PARA TRANSPO, HANDI TRANSIT, OR WHEEL TRANS. |  |  |
| :---: | :---: | :---: |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| PASSENGER | 01 | Passenger in a motor vehicle |
| TAXI | 02 | Taxi |
| PUBLIC_TRANSIT | 03 | Public transit such as bus, rapid transit, subway/metro or train |
| ACESSIBLE_TRANSIT | 04 | Accessible transit |
| CYCLING | 05 | Cycling |
| WALKING | 06 | Walking |
| WHEELCHAIR | 07 | Wheelchair or motorized cart/scooter |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |


| TRA_3 | TRA_TYPTR_COF1 |  |  |
| :---: | :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |  |
| In the past month, which of the following forms of transportation have you used? |  |  |  |
| INTERVIEWER NOTE: FOR THE PUBLIC TRANSPORTATION CATEGORY, INCLUDE PARTICIPANTS WHO TRAVEL BY VEHICLE TO ANOTHER AREA IN ORDER TO USE PUBLIC TRANSIT (E.G. TRAVEL TO A 'PARK AND RIDE’) <br> ACCESSIBLE TRANSIT INCLUDES ANY ACCESSIBLE TRANSPORTATION SERVICE SPECIFICALLY DESIGNED FOR PERSONS WITH DISABILITIES OR MOBILITY ISSUES, SUCH AS PARA TRANSPO, HANDI TRANSIT, OR WHEEL TRANS. |  |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL THAT APPLY |  |  |  |
| TRA_TYPTR_PAS_COF1 |  | 01 | Passenger in a motor vehicle (including driver) |
| TRA_TYPTR_TAX_COF1 |  | 02 | Taxi |
| TRA_TYPTR_PUB_COF1 |  | 03 | Public transit such as bus, rapid transit, subway/metro or train |
| TRA_TYPTR_ACC_COF1 |  | 04 | Accessible transit |
| TRA_TYPTR_CYC_COF1 |  | 05 | Cycling |
| TRA_TYPTR_WAL_COF1 |  | 06 | Walking |
| TRA_TYPTR_WHE_COF1 |  | 07 | Wheelchair or motorized cart/scooter |
| TRA_TYPTR_NONE_COF1 |  | 96 | None |
| TRA_TYPTR_DK_NA_COF1 |  | 98 | [DO NOT READ] Don't know / No answer |
| TRA_TYPTR_REFUSED_COF1 |  | 99 | [DO NOT READ] Refused |


| TRA_4 | TRA_PUBTR_COF1 |
| :--- | :--- |
| [ASK IF TRA_TYPTR_COF1 $\ddagger$ TRA_TYPTR_PUB_COF1 AND $\neq$ TRA_TYPTR_DK_NA_COF1 OR |  |
| TRA_TYPTR_REFUSED_COF1] |  |

Why did you not use public transit?
READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL THAT APPLY

| TRA_PUBTR_NN_COF1 | 01 | Service not needed |
| :--- | :--- | :--- |
| TRA_PUBTR_PNU_COF1 | 02 | Prefer not to use |
| TRA_PUBTR_UNA_COF1 | 03 | Service unavailable in your area |
| TRA_PUBTR_HEA_COF1 | 04 | Limitation due to a health condition or mobility issue |
| TRA_PUBTR_INC_COF1 | 05 | Inconvenient service schedule or route |
| TRA_PUBTR_COS_COF1 | 06 | Too costly |
| TRA_PUBTR_NAV_COF1 | 07 | Service unavailable in area you travelled to |
| TRA_PUBTR_AWR_COF1 | 08 | Unaware of local transit services |
| TRA_PUBTR_SCH_COF1 | 09 | Schedule unsuitable for need |
| TRA_PUBTR_NSF_COF1 | 10 | Unsafe |


| TRA_4 | TRA_PUBTR_COF1 (cont'd....) |  |  |
| :--- | :--- | :--- | :---: |
| TRA_PUBTR_ACC_COF1 | 11 | Cannot easily get to public transit stop or station |  |
| TRA_PUBTR_COM_COF1 | 12 | Lack of comfort |  |
| TRA_PUBTR_OT_COF1 | 97 | Other |  |
| TRA_PUBTR_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |  |
| TRA_PUBTR_REFUSED_COF1 | 99 | [DO NOT READ] Refused |  |
| TRA_4a | TRA_PUBTR_OTSP_COF1 |  |  |
| [ASK IF TRA_PUBTR_COF1 $=$ TRA_PUBTR_OT_COF1] |  |  |  |
| Other (please specify: |  |  |  |
| TRA_PUBTR_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |  |


| TRA_5 | TRA_ACCTR_COF1 |  |  |
| :---: | :---: | :---: | :---: |
| [ASK IF TRA_TYPTR_COF1 $\ddagger$ TRA_TYPTR_ACC_COF1 AND $\neq$ TRA_TYPTR_DK_NA_COF1 OR TRA_TYPTR_REFUSED_COF1] |  |  |  |
| Why did you not use accessible transit? |  |  |  |
| INTERVIEWER NOTE: ACCESSIBLE TRANSIT INCLUDES ANY ACCESSIBLE TRANSPORTATION SERVICE SPECIFICALLY DESIGNED FOR PERSONS WITH DISABILITIES OR MOBILITY ISSUES, SUCH AS PARA TRANSPO, HANDI TRANSIT, OR WHEEL TRANS. |  |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED |  |  |  |
| TRA_ACCTR_NN_COF1 |  | 01 | Service not needed |
| TRA_ACCTR_PNU_COF1 |  | 02 | Prefer not to use |
| TRA_ACCTR_UNA_COF1 |  | 03 | Service unavailable in your area |
| TRA_ACCTR_HEA_COF1 |  | 04 | Limitation due to a health condition |
| TRA_ACCTR_INC_COF1 |  | 05 | Inconvenient service (travel time too long, inconvenient) schedule or route |
| TRA_ACCTR_COS_COF1 |  | 06 | Too costly |
| TRA_ACCTR_OVB_COF1 |  | 07 | Service unavailable due to overbooking |
| TRA_ACCTR_CNB_COF1 |  | 08 | Could not book (could not get through on the telephone, not enough time to book, etc.) |
| TRA_ACCTR_OT_COF1 |  | 97 | Other |
| TRA_ACCTR_DK_NA_COF1 |  | 98 | [DO NOT READ] Don't know / No answer |
| TRA_ACCTR_REFUSED_COF1 |  | 99 | [DO NOT READ] Refused |
| TRA_5a |  | TRA_ACCTR_OTSP_COF1 |  |
| [ASK IF TRA_ACCTR_COF1 = TRA_ACCTR_OT_COF1] |  |  |  |
| Other (please specify: ___) |  |  |  |
| TRA_ACCTR_OTSP1_COF1 |  | [OPEN TEXT VARIABLE] |  |


| TRA_PUBTRFRQ_COF1 |  |  |
| :---: | :---: | :---: |
| [ASK IF TRA_TYPTR_COF1 = TRA_TYPTR_PUB_COF1] |  |  |
| In the past month, how frequently did you take public transit? |  |  |
| INTERVIEWER NOTE: FOR THE PUBLIC TRANSPORTATION CATEGORY, INCLUDE PARTICIPANTS WHO TRAVEL BY VEHICLE TO ANOTHER AREA IN ORDER TO USE PUBLIC TRANSIT (E.G. TRAVEL TO A 'PARK AND RIDE') |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| DAILY | 01 | Daily |
| 4_6_DAYS_WEEK | 02 | 4 to 6 times a week |
| 2_3_DAYS_WEEK | 03 | 2 to 3 times a week |
| ONCE_WEEK | 04 | Once a week |
| LESS_1WEEK_MORE_1MONT | 05 | Less than once a week, but more than once a month |
| LESS_ONCE_MONTH | 06 | Less than once a month |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| TRA_6 | TRA_TRIP_COF1 |
| :--- | :--- |
| [ALWAYS ASK] |  |

What kind of trip(s) do you typically make in a week, whether by car, public transit, walking or other means?

## READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL THAT APPLY

| TRA_TRIP_WK_COF1 | 01 | Commute to/from work |
| :--- | :--- | :--- |
| TRA_TRIP_BK_COF1 | 02 | Banking and other business appointments |
| TRA_TRIP_MD_COF1 | 03 | Medical appointments |
| TRA_TRIP_GR_COF1 | 04 | Grocery shopping |
| TRA_TRIP_RI_COF1 | 05 | Recreational/leisure shopping, restaurants |
| TRA_TRIP_RO_COF1 | 06 | Recreational/leisure trips to park, other outdoor spaces |
| TRA_TRIP_CH_COF1 | 07 | Church/worship service |
| TRA_TRIP_FM_COF1 | 08 | Visiting friends and family |
| TRA_TRIP_SO_COF1 | 09 | Social activities (seniors recreational centres) |
| TRA_TRIP_OT_COF1 | 97 | Other |
| TRA_TRIP_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| TRA_TRIP_REFUSED_COF1 | 99 | [DO NOT READ] Refused |
| TRA_6a | TRA_TRIP_OTSP_COF1 |  |
| [ASK IF TRA_TRIP_COF1 = TRA_TRIP_OT_COF1] |  |  |
| Other (please specify: |  |  |
| TRA_TRIP_OTSP1_COF1 |  |  |

Next we are going to ask you some questions about your driving skills compared to 10 years ago, or less than 10 years depending on how long you have had your license. Please note that your responses to these questions are confidential and will not be shared with the Ministry of Transportation in any way that will affect your driver's license.
TRA_7a $\quad$ TRA_DSTATUSDL_COF1
[ASK IF TRA_DSTATUS_COF1 = UNRESTRICTED_DL or RESTRICTED_DL]
Compared to 10 years ago (or the total years if less than 10 that you have had your license), how would you rate your ability to...
TRA_7b $\quad$ TRA_DSTATUSNODL_COF1

## [ASK IF TRA_DSTATUS_COF1 = CURRENTLY_NO_DL_DL]

You mentioned that you had a driver's license in the past. Comparing the last year you drove to 10 years before that, how would you rate your ability to ...

|  |  | Better | Same | $\begin{aligned} & \hline \text { A little } \\ & \hline \text { worse } \end{aligned}$ | $\begin{aligned} & \underline{\text { A lot }} \\ & \text { worse } \end{aligned}$ | $\begin{aligned} & \hline \text { DK/ } \\ & \text { NA } \end{aligned}$ | RF |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| TRA_CHGRS_COF1 | Avoid rolling stops (failing to completely stop at a sign/signal). |  |  |  |  |  |  |
| TRA_CHGHC_COF1 | Avoid hitting curbs or medians. |  |  |  |  |  |  |
| TRA_CHGLPE_COF1 | Avoid lane position errors such as executing turns from the wrong lane, drive in the far right lanes or in the parking or bicycle lane. |  |  |  |  |  |  |
| TRA_CHGSLC_COF1 | Perform high speed lane changes while either overtaking or merging. |  |  |  |  |  |  |
| TRA_CHGJDG_COF1 | Judge the available gap or speed of the approaching vehicles. |  |  |  |  |  |  |
| TRA_CHGCOC_COF1 | Control over-cautiousness: avoid driving too slowly. |  |  |  |  |  |  |
| TRA_CHGCGB_COF1 | Not confuse the gas and brake pedal: avoid unintended acceleration. |  |  |  |  |  |  |
| TRA_CHGQDD_COF1 | Make quick driving decisions. |  |  |  |  |  |  |
| TRA_CHGDS_COF1 | Drive safely (avoid accidents or near misses). |  |  |  |  |  |  |



| TRA_9a | TRA_CEASE_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF TRA_DSTATUS_COF1 $=\mathbf{C}$ CURRENTLY_NO_DL] |  |  |
| What factors or events led you to stop driving? |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL THAT APPLY |  |  |
| TRA_CEASE_ND_COF1 | 01 | I no longer needed to drive |
| TRA_CEASE_EN_COF1 | 02 | I no longer enjoyed driving |
| TRA_CEASE_CO_COF1 | 03 | The cost of gas and upkeep of my car was too expensive |
| TRA_CEASE_SF_COF1 | 04 | I felt I was no longer a safe driver |
| TRA_CEASE_NR_COF1 | 05 | I was nervous or intimidated while driving |
| TRA_CEASE_DR_COF1 | 06 | My doctor advised me to stop driving |
| TRA_CEASE_FF_COF1 | 07 | Someone else advised me to stop driving (e.g., family or friend) |
| TRA_CEASE_PT_COF1 | 08 | Improved availability of public transit |
| TRA_CEASE_DP_COF1 | 09 | Driving-related events such as collision, demerit points |
| TRA_CEASE_RE_COF1 | 10 | Driver license renewal or road test requirement |
| TRA_CEASE_IN_COF1 | 11 | Inability to complete license renewal requirements |
| TRA_CEASE_PC_COF1 | 12 | Physical condition/limitation |
| TRA_CEASE_DV_COF1 | 13 | Deteriorating vision |
| TRA_CEASE_LC_COF1 | 14 | Having lesser confidence in driving |
| TRA_CEASE_NONE_COF1 | 96 | No reason |
| TRA_CEASE_OT_COF1 | 97 | Other |
| TRA_CEASE_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| TRA_CEASE_REFUSED_COF1 | 99 | [DO NOT READ] Refused |
| TRA_9b | TRA_CEASE_OTSP_COF1 |  |
| [ASK IF TRA_CEASE_COF1 = TRA_CEASE_OT_COF1] |  |  |
| Other (please specify: |  |  |
| TRA_CEASE_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |


| TRA_10 | TRA_MED_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF TRA_DSTATUS_COF1 $=$ UNRESTRICTED_DL or RESTRICTED_DL] |  |  |
| Have you ever spoken to your family doctor, optometrist or any other doctor, nurse or pharmacist about your <br> driving safety? |  |  |
| CODE ONLY ONE RESPONSE | 01 | Yes |
| YES | 02 | No |
| NO | 08 | [DO NOT READ] Don't know / No answer |
| DK_NA | 09 | [DO NOT READ] Refused |
| REFUSED |  |  |


| TRA_10a | TRA_MEDTPC_COF1 |  |  |
| :---: | :---: | :---: | :---: |
| [ASK IF TRA_MED_COF1 = YES] |  |  |  |
| Which of the following topics related to your driving did you discuss with the medical professional? |  |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL THAT APPLY |  |  |  |
| TRA_MEDTPC_CON_COF1 |  | 01 | Possible safety issues related to a medical condition that you have |
| TRA_MEDTPC_MED_COF1 |  | 02 | Possible safety issues related to driving when taking prescription medication |
| TRA_MEDTPC_HRB_COF1 |  | 03 | Possible safety issues related to driving when taking nonprescription or herbal medications/supplements |
| TRA_MEDTPC_ACC_COF1 |  | 04 | A motor vehicle accident or a near miss that you were a part of |
| TRA_MEDTPC_INF_COF1 |  | 05 | Driving infraction (e.g., speeding ticket) |
| TRA_MEDTPC_THR_COF1 |  | 06 | Referral for a driving assessment with an occupational therapist |
| TRA_MEDTPC_LCS_COF1 |  | 07 | Referral for a driving assessment with licensing authority |
| TRA_MEDTPC_TRN_COF1 |  | 08 | Driver re-training |
| TRA_MEDTPC_ADV_COF1 |  | 09 | General information/advice from your doctor |
| TRA_MEDTPC_OT_COF1 |  | 97 | Other |
| TRA_MEDTPC_DK_NA_COF1 |  | 98 | [DO NOT READ] Don't know / No answer |
| TRA_MEDTPC_REFUSED_COF1 |  | 99 | [DO NOT READ] Refused |
| TRA_10b |  | TRA_MEDTPC_OTSP_COF1 |  |
| [ASK IF TRA_MEDTPC_COF1 = TRA_MEDTPC_OT_COF1] |  |  |  |
| Other (please specify: |  |  |  |
| TRA_MEDTPC_OTSP1_COF1 |  | [OPEN TEXT VARIABLE] |  |


| TRA_11 | TRA_LVDHM_YR_COF1 |  |
| :--- | ---: | :---: |
| [ALWAYS ASK] |  |  |
| How long have you lived in your present home? |  |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER, ENTER "00" IF LESS <br> THAN 1 YEAR |  |  |
| TRA_LVDHM_YR_COF1 |  |  |
| DK_NA | 98 |  |
| [MASK: MIN=00, MAX=CURRENT AGE) |  |  |
| REFUSED | 99 |  |


| TRA_12 | TRA_LVCMNTY_YR_COF1 |  |
| :--- | ---: | :---: |
| [ALWAYS ASK] |  |  |
| How long have you lived in your current community (e.g., town, village, city)? |  |  |
| PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER, ENTER "00" IF LESS <br> THAN 1 YEAR |  |  |
| TRA_LVCMNTY_YR_COF1 | (MASK: MIN=00, MAX=CURRENT AGE) |  |
| DK_NA | 98 |  |
| [DO NOT READ] Don't know/No answer |  |  |
| REFUSED | 99 |  |
| [DO NOT READ] Refused |  |  |


| TRA_13 | TRA_CMNTY_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| What were your reasons for moving to your current location? |  |  |
| DO NOT READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL THAT APPLY |  |  |
| TRA_CMNTY_CLI_COF1 | 01 | Climate and natural environment |
| TRA_CMNTY_RET_COF1 | 02 | Retirement or retirement plans |
| TRA_CMNTY_FAM_COF1 | 03 | Family lives here |
| TRA_CMNTY_FRI_COF1 | 04 | Friends live here |
| TRA_CMNTY_HOU_COF1 | 05 | Better and/or more suitable housing |
| TRA_CMNTY_REC_COF1 | 06 | Recreation facilities and services |
| TRA_CMNTY_HEA_COF1 | 07 | Health care |
| TRA_CMNTY_COS_COF1 | 08 | Lower cost of living |
| TRA_CMNTY_EMP_COF1 | 09 | Employment opportunities |
| TRA_CMNTY_APT_COF1 | 10 | Availability of public transit |
| TRA_CMNTY_ACC_COF1 | 11 | Ease of access to public transit |
| TRA_CMNTY_OT_COF1 | 97 | Other |
| TRA_CMNTY_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| TRA_CMNTY_REFUSED_COF1 | 99 | [DO NOT READ] Refused |
| TRA_13a | TRA_CMNTY_OTSP_COF1 |  |
| [ASK IF TRA_CMNTY_COF1 = TRA_CMNTY_OT_COF1] |  |  |
| Other (please specify: |  |  |
| TRA_CMNTY_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |

## TRA_END

## Built Environments (ENV)

| Overview | This module asks participants about their current built environment. 'Built environment' means <br> the human-made surroundings (e.g., housing, neighbourhood design, transportation systems) <br> that make up an individual's community and set the stage for human activity. <br> Importance of module: Built environments can impact human health by influencing an individual's <br> day-to-day activities, including levels of physical activity, access to healthy foods, opportunities <br> for social interaction, and safety of travel. |
| :--- | :--- |


| ENV_1 | ENV_HMPRB_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Does your current home have any of the following problems? |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL THAT APPLY |  |  |
| ENV_HMPRB_NOI_COF1 | 01 | Problems with noise (e.g., from neighbours, street noise) |
| ENV_HMPRB_LEA_COF1 | 02 | Problems with leaking (e.g., water getting in from roof, gutters or <br> windows) |
| ENV_HMPRB_CON_COF1 | 03 | Problems with condensation (e.g., mold) |
| ENV_HMPRB_EP_COF1 | 04 | Problems with electrical wiring or plumbing |
| ENV_HMPRB_HEA_COF1 | 05 | Problems with heating (e.g., inadequate or too much heat) |
| ENV_HMPRB_MAI_COF1 | 06 | Problems with maintenance or repairs |
| ENV_HMPRB_INF_COF1 | 07 | Problems with infestations (e.g., insects, mice or rats) |
| ENV_HMPRB_NONE_COF1 | 96 | [DO NOT READ] Have not experienced any of these problems |
| ENV_HMPRB_OT_COF1 | 97 | Other |
| ENV_HMPRB_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| ENV_HMPRB_REFUSED_COF1 | 99 | [DO NOT READ] Refused |
| ENV_1a | ENV_HMPRB_OTSP_COF1 |  |
| [ASK IF ENV_HMPRB_COF1 = ENV_HMPRB_OT_COF1] |  |  |
| Other (please specify: |  |  |
| ENV_HMPRB_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |

## COPYRIGHT PROTECTED - DO NOT DISTRIBUTE

| ENV_2 | ENV_STFHM_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| When thinking of your home, how strongly would you agree or disagree with the following statement? I am <br> satisfied with my current housing. |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| STRONGLY_AGREE | 01 | Strongly agree |
| AGREE | 02 | Agree |
| NEITHER_AGREE_DISAGREE | 03 | Neither agree nor disagree |
| DISAGREE | 04 | Disagree |
| STRONGLY_DISAGREE | 05 | Strongly disagree |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ENV_3 | ENV_FLPRTAREA_COF1 |
| :--- | :--- |

## [ALWAYS ASK]

How do you feel about your local area, that is, everywhere within a 20 minute walk or about a mile from your home? Please tell me how strongly you agree or disagree with the following statements.

INTERVIEWER INSTRUCTION: If the participant lives in a rural location their perception of local area may not be within 1 kilometer or a 20 -minute walk from their home. Please inform the participant that "local area" should be what it means to them as the community which they live in.

|  |  | Strongly agree | Agree | Disagree | Strongly disagree | DK | RF |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { ENV_FLPRTAREA1_ } \\ & \text { COF1 } \end{aligned}$ | I really feel a part of this area |  |  |  |  |  |  |
| ENV_VNDLSM_COF1 | Vandalism or graffiti are a big problem in this area |  |  |  |  |  |  |
| ENV_FLLNLY_COF1 | I often feel lonely living in this area |  |  |  |  |  |  |
| ```ENV_PPLTRST_COF 1``` | Most people in this area can be trusted |  |  |  |  |  |  |
| ```ENV_AFRDWLK_CO F1``` | People would be afraid to walk alone after dark in this area |  |  |  |  |  |  |
| ENV_PPLFRNDLY_C OF1 | Most people in this area are friendly |  |  |  |  |  |  |
| $\begin{aligned} & \text { ENV_PPLTKADV_CO } \\ & \text { F1 } \end{aligned}$ | People in this area will take advantage of you |  |  |  |  |  |  |
| ENV_CLEAN_COF1 | This area is kept very clean |  |  |  |  |  |  |
| ENV_PPLHLP_COF1 | If you were in trouble, there are lots of people in this area who would help you |  |  |  |  |  |  |

## ENV_END

## Social Inequality (SEQ)

| Overview |
| :--- |
|  |
|  |
|  |
|  |

The CLSA measures social inequality by using the MacArthur Scale of Subjective Social Status. The scale is presented as a 10-rung "social ladder" and participants are asked to name the rung upon which they feel they stand.

Importance of module: The MacArthur scale has been shown to predict health status and declines in health status over time in middle-aged adults. In addition, this measure is used along with other measures of socio economic status to capture an individual's subjective social status and their sense of place in the "social ladder".

The next question is about where you feel you stand in your local community. People define community in different ways; please define it in whatever way is most meaningful to you.

| SEQ_1 | SEQ_LADDER_COF1 |
| :--- | :--- |
| [ALWAYS ASK] |  |

Think of a ladder with 10 steps as representing where people stand in their communities. At the top of the ladder (or step 10) are the people who have the highest standing in their community.

At the bottom (or step 1) are the people who have the lowest standing in their community. On which step would you place yourself on this ladder?

PROBE FOR BEST ESTIMATE IF PARTICIPANT UNSURE OF EXACT NUMBER

| SEQ_LADSCALE_COF1 | (MASK: MIN=01, MAX=10) |  |
| :--- | ---: | :--- |
| DK_NA | 98 | [DO NOT READ] Don't know/No answer |
| REFUSED | 99 | [DO NOT READ] Refused |

## SEQ_END

## Wealth (WEA)

| Overview | The questions in this module ask participants about their current incomes, investments, <br> and assets to measure socioeconomic status. <br> Importance of module: Although sensitive, this information is important for studying the <br> impact of wealth on health trends and behaviours. Even though many healthcare costs <br> in Canada are covered by insurance, income still plays an important role in people's <br> health, particularly for older Canadians. People with lower incomes are more likely to <br> have poorer health, and people of different income levels also tend to use the <br> healthcare system differently. |
| :--- | :--- |

Now some questions about your overall financial situation.

| WEA_1 | WEA_SVNGS_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Which, if any, of the following savings and investments do you (and your spouse/partner) have? |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL THAT APPLY |  |  |
| WEA_SVNGS_ACC_COF1 | 01 | Account at a bank, credit union or elsewhere |
| WEA_SVNGS_RRSP_COF1 | 02 | RRSPs |
| WEA_SVNGS_INV_COF1 | 03 | Financial investments outside of RRSPs |
| WEA_SVNGS_NONE_COF1 | 96 | [DO NOT READ] None |
| WEA_SVNGS_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| WEA_SVNGS_REFUSED_COF1 | 99 | [DO NOT READ] Refused |


| WEA_2 | WEA_SVNGSVL_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF WEA_SVNGS_COF1 $\neq$ WEA_SVNGS_NONE_COF1 or WEA_SVNGS_DK_NA_COF1 or <br> WEA_SVNGS_REFUSED_COF1] |  |  |
| What is the approximate total value of these savings and investments? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| LESS_50000 | 01 | Less than $\$ 50,000$ |
| 50000_100000 | 02 | $\$ 50,000$ to less than $\$ 100,000$ |
| 100000_MILLION | 03 | $\$ 100,000$ to less than $\$ 1$ million |
| MORE_MILLION | 04 | $\$ 1$ million or more |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| WEA_3 | WEA_LFINS_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Do you (or your spouse/partner) have life insurance? |  |  |
| CODE ONLY ONE RESPONSE |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| WEA_4 | WEA_ASSETS_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Which, if any, of the following assets do you (and your spouse/partner) have? |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL THAT APPLY |  |  |
| WEA_ASSETS_HSE_COF1 | 01 | House, apartment or holiday home, including timeshares but not <br> including principal residence |
| WEA_ASSETS_PRES_COF1 | 02 | Principal residence |
| WEA_ASSETS_FBS_COF1 | 03 | Farm or business property (such as a shop, warehouse or garage) |
| WEA_ASSETS_OTL_COF1 | 04 | Other land |
| WEA_ASSETS_MOWD_COF1 | 05 | Money owed to you by others |
| WEA_ASSETS_TRST_COF1 | 06 | A trust |
| WEA_ASSETS_CINH_COF1 | 07 | A covenant or inheritance |
| WEA_ASSETS_NONE_COF1 | 96 | [DO NOT READ] None |
| WEA_ASSETS_OT_COF1 | 97 | Other assets (including works of art or collectibles such as <br> antiques or jewellery) |
| WEA_ASSETS_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| WEA_ASSETS_REFUSED_COF1 | 99 | [DO NOT READ] Refused |
| WEA_4a | WEA_ASSETS_OTSP_COF1 |  |
| [ASK IF WEA_ASSETS_COF1 $=$ WEA_ASSETS_OT_COF1] |  |  |
| Other (please specify: |  |  |
| WEA_ASSETS_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |


| WEA_5 | WEA_DEBT_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Do you (or your spouse/partner) currently have any of the following kinds of debts? |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL THAT APPLY |  |  |
| WEA_DEBT_CCRD_COF1 | 01 | Credit or store cards |
| WEA_DEBT_DBI_COF1 | 02 | Debts to friends, relatives or other private individuals |
| WEA_DEBT_LNS_COF1 | 03 | Loans from banks or financial institutions, including overdrafts not <br> including mortgages |
| WEA_DEBT_NONE_COF1 | 96 | [DO NOT READ] None |
| WEA_DEBT_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| WEA_DEBT_REFUSED_COF1 | 99 | [DO NOT READ] Refused |


| WEA_6 | WEA_FNSTATUS_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Which of these phrases best describes how you (and your spouse/partner) are getting along financially <br> these days? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| VERY_WELL | 01 | Manage very well |
| QUITE_WELL | 02 | Manage quite well |
| GET_BY | 03 | Get by alright |
| NOT_VERY_WELL | 04 | Don't manage very well |
| SOME_DIFFICULTIES | 05 | Have some financial difficulties |
| SEVERE_DIFFICULTIES | 06 | Have severe financial difficulties |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


\section*{| WEA_7 | WEA_INCNEEDS_COF1 |
| :--- | :--- |}

## [ALWAYS ASK]

How well do you think that your income currently satisfies your basic needs? Would you say...

## READ LIST, CODE ONLY ONE RESPONSE

| VERY_WELL | 01 | Very well |
| :--- | :--- | :--- |
| ADEQUATELY | 02 | Adequately |
| SOME_DIFFICULTY | 03 | With some difficulty |
| NOT_VERY_WELL | 04 | Not very well |
| TOTALLY_INADEQUATELY | 05 | Totally inadequately |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| WEA_8 | WEA_THNGS_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Does having too little money stop you from doing any of the following things? |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL THAT APPLY |  |  |
| WEA_THNGS_FOD_COF1 | 01 | Buy your first choices of food items |
| WEA_THNGS_FFO_COF1 | 02 | Have family and friends around for a drink or meal |
| WEA_THNGS_POF_COF1 | 03 | Have an outfit to wear for social or family occasions |
| WEA_THNGS_HMR_COF1 | 04 | Keep your home in a good state of repair |
| WEA_THNGS_REL_COF1 | 05 | Replace or repair broken electrical goods |
| WEA_THNGS_TRSP_COF1 | 06 | Pay for fares or other transport costs to get to and from places you <br> want to go |
| WEA_THNGS_PRES_COF1 | 07 | Buy presents for friends or family |
| WEA_THNGS_HLDY_COF1 | 08 | Take the type of holidays you want |
| WEA_THNGS_TRSLF_COF1 | 09 | Treat yourself from time to time |
| WEA_THNGS_NONE_COF1 | 96 | [DO NOT READ] None of these/Not applicable |
| WEA_THNGS_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| WEA_THNGS_REFUSED_COF1 | 99 | [DO NOT READ] Refused |

## WEA_9 $\quad$ WEA_ORGMONEY_COF1

## [ASK IF CURRENT MARITAL STATUS = COMMON_LAW]

People organise their family finances in different ways. Which of the following methods comes closest to the way you organise yours? It doesn't have to fit exactly - just choose the nearest one.

## READ LIST, CODE ONLY ONE RESPONSE

| I_DO | 01 | I look after all the household money except my spouse/partner's <br> personal spending |
| :--- | :--- | :--- |
| PARTNER | 02 | My spouse/partner looks after all the household money except my <br> personal spending |
| I_DO_ALLOWANCE | 03 | Ilook after all the household money. My spouse/partner is given a <br> housekeeping allowance |
| PARTNER_ALLOWANCE | 04 | My spouse/partner looks after all the household money. I am given <br> a housekeeping allowance |
| SHARE | 05 | We share and manage our household finances jointly |
| SEPARATE | 06 | We keep our finances completely separate |
| OTHER | 97 | We have some other arrangement |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |
| WEA_9a | WEA_ORGMONEY_OTSP_COF1 |  |
| [ASK IF WEA_ORGMONEY_COF1 = OTHER] |  |  |
| We have some other arrangement (specify) |  |  |
| WEA_ORGMONEY_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |


| WEA_10 | WEA_FNDEC_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF CURRENT MARITAL STATUS = COMMON_LAW] |  |  |
| In your household, who has the final say in big financial decisions? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| I_DO | 01 | I do |
| PARTNER | 02 | My spouse/partner does |
| EQUAL | 03 | My spouse/partner and I have equal say |
| OTHER | 97 | Another person does |
| DK_NA | 98 | [DO NOT READ] Don't know / No answer |
| REFUSED | 99 | [DO NOT READ] Refused |
| WEA_10a | WEA_FNDEC_OTSP_COF1 |  |
| [ASK IF WEA_FNDEC_COF1 = OTHER] |  |  |
| Another person does (specify relationship: |  |  |
| WEA_FNDEC_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |


| WEA_11 | WEA_SUFFUND_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| What do you think the chances are that at some point in the future you will not have sufficient financial <br> resources to meet your needs? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| LITTLE_OR_NO | 01 | Little or no possibility |
| SOME | 02 | Some possibility |
| HIGH | 03 | High possibility |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| WEA_12 | WEA_INHERT_COF1 |  |
| :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |
| What are the chances that you (and your spouse/partner together) will leave an inheritance exceeding \$100,000? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NONE | 01 | None |
| LOW | 02 | Low |
| MODERATE | 03 | Moderate |
| HIGH | 04 | High |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## Online Social Networking (INT)

| Overview |
| :--- |
|  |
|  |
|  |
|  |

The questions in this module ask participants about their usage of the internet, email, and social networking sites.

Importance of module: The information from this module will help researchers estimate participants' online presence and understand how older adults are adapting to these technologies to build social networks.

The next set of questions is about your access to and usage of the Internet.

| INT_1 | INT_ACCESSHM_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] | Do you have access to the Internet or email at home? <br> YES <br> 01 Yes |  |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| INT_2 | INT_FRQEMAIL_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How frequently do you use email? |  |  |
| DO NOT READ LIST, CODE ONLY ONE RESPONSE |  |  |
| DAILY | 01 | Daily |
| FEW_TIMES_WEEK | 02 | A few times a week |
| FEW_TIMES_MONTH | 03 | A few times a month |
| FEW_TIMES_YEAR | 04 | A few times a year |
| NEVER | 05 | Never |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| INT_3 | INT_FRQWBSTS_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How frequently do you use the Internet to access websites? |  |  |
| DO NOT READ LIST, CODE ONLY ONE RESPONSE |  |  |
| DAILY | 01 | Daily |
| FEW_TIMES_WEEK | 02 | A few times a week |
| FEW_TIMES_MONTH | 03 | A few times a month |
| FEW_TIMES_YEAR | 04 | A few times a year |
| NEVER | 05 | Never |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| INT_4 | INT_FRQHLTH_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF INT_FRQWBSTS_COF1 $\neq$ NEVER] |  |  |
| How often do you use the Internet to search for health-related information? |  |  |
| DO NOT READ LIST, CODE ONLY ONE RESPONSE |  |  |
| DAILY | 01 | Daily |
| FEW_TIMES_WEEK | 02 | A few times a week |
| FEW_TIMES_MONTH | 03 | A few times a month |
| FEW_TIMES_YEAR | 04 | A few times a year |
| NEVER | 05 | Never |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| INT_5 | INT_SCLNTWRK_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF INT_FRQWBSTS_COF1 $\neq$ NEVER] |  |  |
| Do you currently use social networking sites on the Internet? Examples of such sites include Facebook, <br> LinkedIn, MySpace, MSNGroups, or Twitter. |  |  |
| YES | 01 | Yes |
| NO | 02 | No |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| INT_6 | INT_WYSSCL_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF INT_SCLNTWRK_COF1 = YES] |  |  |
| What are the different ways you use social networking sites? Do you ever use those sites to... |  |  |
| READ LIST, MULTIPLE RESPONSES ALLOWED, CODE ALL THAT APPLY |  |  |
| INT_WYSSCL_MNF_COF1 | 01 | Make new friends |
| INT_WYSSCL_FRI_COF1 | 02 | Stay in touch or make plans with friends |
| INT_WYSSCL_FAM_COF1 | 03 | Stay in touch or make plans with family |
| INT_WYSSCL_PRO_COF1 | 04 | Promote yourself or your work |
| INT_WYSSCL_OT_COF1 | 97 | Other |
| INT_WYSSCL_DK_NA_COF1 | 98 | [DO NOT READ] Don't know / No answer |
| INT_WYSSCL_REFUSED_COF1 | 99 | [DO NOT READ] Refused |
| INT_6a | INT_WYSSCL_OTSP_COF1 |  |
| [ASK IF INT_WYSSCL_COF1 = INT_WYSSCL_OT_COF1] |  |  |
| Other (please specify: |  |  |
| INT_WYSSCL_OTSP1_COF1 | [OPEN TEXT VARIABLE] |  |


| INT_6b | INT_FRQMNF_COF1 |
| :--- | :--- |
| [ASK IF INT_WYSSCL_COF1 = INT_WYSSCL_MNF_COF1] |  |

How often do you use social networking sites to make new friends?

## DO NOT READ LIST, CODE ONLY ONE RESPONSE

| DAILY | 01 | Daily |
| :--- | :--- | :--- |
| FEW_TIMES_WEEK | 02 | A few times a week |
| FEW_TIMES_MONTH | 03 | A few times a month |
| FEW_TIMES_YEAR | 04 | A few times a year |
| NEVER | 05 | Never |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| INT_6c | INT_FRQFRI_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF INT_WYSSCL_COF1 = INT_WYSSCL_FRI_COF1] |  |  |
| How often do you use social networking sites to stay in touch or make plans with friends? |  |  |
| DO NOT READ LIST, CODE ONLY ONE RESPONSE |  |  |
| DAILY | 01 | Daily |
| FEW_TIMES_WEEK | 02 | A few times a week |
| FEW_TIMES_MONTH | 03 | A few times a month |
| FEW_TIMES_YEAR | 04 | A few times a year |
| NEVER | 05 | Never |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| INT_6d | INT_FRQFAM_COF1 |
| :--- | :--- |
| [ASK IF INT_WYSSCL_COF1 = INT_WYSSCL_FAM_COF1] |  |

How often do you use social networking sites to stay in touch or make plans with family?

## DO NOT READ LIST, CODE ONLY ONE RESPONSE

| DAILY | 01 | Daily |
| :--- | :--- | :--- |
| FEW_TIMES_WEEK | 02 | A few times a week |
| FEW_TIMES_MONTH | 03 | A few times a month |
| FEW_TIMES_YEAR | 04 | A few times a year |
| NEVER | 05 | Never |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| INT_6e | INT_FRQPRO_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF INT_WYSSCL_COF1 = INT_WYSSCL_PRO_COF1] |  |  |
| How often do you use social networking sites to promote yourself or your work? |  |  |
| DO NOT READ LIST, CODE ONLY ONE RESPONSE |  |  |
| DAILY | 01 | Daily |
| FEW_TIMES_WEEK | 02 | A few times a week |
| FEW_TIMES_MONTH | 03 | A few times a month |
| FEW_TIMES_YEAR | 04 | A few times a year |
| NEVER | 05 | Never |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| INT_6f | INT_FRQOT_COF1 |  |
| :--- | :--- | :--- |
| [ASK IF INT_WYSSCL_COF1 $=$ INT_WYSSCL_OT_COF1] |  |  |
| How often do you use social networking sites to [BRING IN VERBATIM RESPONSES FROM <br> INT_WYSSCL_OTSP_COF1]? |  |  |
| DO NOT READ LIST, CODE ONLY ONE RESPONSE |  |  |
| DAILY | 01 | Daily |
| FEW_TIMES_WEEK | 02 | A few times a week |
| FEW_TIMES_MONTH | 03 | A few times a month |
| FEW_TIMES_YEAR | 04 | A few times a year |
| NEVER | 05 | Never |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

INT_END

## Childhood Maltreatment and Health across the Lifespan (CEX)

|  | This module is talking about things that may have happened to you before you were 16 <br> in your school, in your neighborhood, or in your family. The questions ask if you ever <br> wittessed or experienced any physical or sexual abuse before you were 16 years old. <br> Your responses are important whether or not you have had any of these experiences. <br> This information will help us to understand the links between childhood maltreatment <br> and health outcomes that occur years later. |
| :--- | :--- |
| Overview | Now, I want to remind you again that your participation in this study is fully voluntary. <br> You can refuse to answer any questions during the interview or stop at any time if the <br> questions make you uncomffrtable. Again, all information you provide will be kept <br> confidential and used only for research purposes. |

The next few questions are about things that may have happened to you before you were 16 in your school, in your neighborhood, or in your family. Your responses are important whether or not you have had any of these experiences. Remember that all information provided is strictly confidential.

| CEX_Q01 | CEX_HURT_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Before age 16, how many times did any one of your parents, step-parents or guardians swear at you, or say <br> hurtful, insulting things that made you feel like you were not wanted or loved? |  |  |
| DO NOT READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| 1_2_TIMES | 02 | 1 or 2 times |
| 3_5_TIMES | 03 | 3 to 5 times |
| 6_10_TIMES | 04 | 6 to 10 times |
| MORE_10_TIMES | 05 | More than 10 times |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

CEX_Q02 $\quad$ CEX_SEEHIT_COF1

## [ALWAYS ASK]

Before age 16, how many times did you see or hear any one of your parents, step-parents or guardians hit each other or another adult in your home? By adult, I mean anyone 18 years and over.
DO NOT READ LIST, CODE ONLY ONE RESPONSE

| NEVER | 01 | Never |
| :--- | :--- | :--- |
| 1_2_TIMES | 02 | 1 or 2 times |
| 3_5_TIMES | 03 | 3 to 5 times |
| 6_10_TIMES | 04 | 6 to 10 times |
| MORE_10_TIMES | 05 | More than 10 times |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| CEX_Q03 |  |  |
| :--- | :--- | :--- |
| CALWA_SPANK_COF1 |  |  |
| Before age 16, how many times did a parent or caregiver spank you with their hand on your bottom (bum), <br> or slap you on your hand? |  |  |
| DO NOT READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| 1_2_TIMES | 02 | 1 or 2 times |
| 3_5_TIMES | 03 | 3 to 5 times |
| 6_10_TIMES | 04 | 6 to 10 times |
| MORE_10_TIMES | 05 | More than 10 times |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

CEX_Q04 $\quad$ CEX_SLAP_COF1

## [ALWAYS ASK]

Before age 16, how many times did an adult slap you on the face, head or ears or hit or spank you with something hard to hurt you?
DO NOT READ LIST, CODE ONLY ONE RESPONSE

| NEVER | 01 | Never |
| :--- | :--- | :--- |
| 1_2_TIMES | 02 | 1 or 2 times |
| 3_5_TIMES | 03 | 3 to 5 times |
| 6_10_TIMES | 04 | 6 to 10 times |
| MORE_10_TIMES | 05 | More than 10 times |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| CEX_Q05 | CEX_PUSH_COF1 |
| :--- | :--- |

## [ALWAYS ASK]

Before age 16, how many times did an adult push, grab, shove or throw something at you to hurt you?
DO NOT READ LIST, CODE ONLY ONE RESPONSE

| NEVER | 01 | Never |
| :--- | :--- | :--- |
| 1_2_TIMES | 02 | 1 or 2 times |
| $3 \_5 \_$TIMES | 03 | 3 to 5 times |
| $6 \_10 \_T I M E S$ | 04 | 6 to 10 times |
| MORE_10_TIMES | 05 | More than 10 times |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

# O NOT DISTRIBUTE 

| CEX_Q06 |
| :--- |
| [ALWAYS ASK] |

Before age 16, how many times did an adult kick, bite, punch, choke, burn you, or physically attack you in some way?
DO NOT READ LIST, CODE ONLY ONE RESPONSE

| NEVER | 01 | Never |
| :--- | :--- | :--- |
| $1 \_2 \_$TIMES | 02 | 1 or 2 times |
| 3_5_TIMES | 03 | 3 to 5 times |
| $6 \_10 \_$TIMES | 04 | 6 to 10 times |
| MORE_10_TIMES | 05 | More than 10 times |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| CEX_Q07 CEX_CARE_COF1 |  |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Before age 16, how many times did your parents, step-parents or guardians not take care of your basic <br> needs, such as keeping you clean or providing food or clothing? |  |  |
| DO NOT READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| 1_2_TIMES | 02 | 1 or 2 times |
| 3_5_TIMES | 03 | 3 to 5 times |
| 6_10_TIMES | 04 | 6 to 10 times |
| MORE_10_TIMES | 05 | More than 10 times |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| CEX_Q08 | CEX_SEX_COF1 |
| :--- | :--- | $\mathbf{l}{ }^{[A L W A Y S ~ A S K] ~}$

Before age 16, how many times did an adult force you or attempt to force you into any unwanted sexual activity, by threatening you, holding you down or hurting you in some way?
DO NOT READ LIST, CODE ONLY ONE RESPONSE

| NEVER | 01 | Never |
| :--- | :--- | :--- |
| 1_2_TIMES | 02 | 1 or 2 times |
| 3_5_TIMES | 03 | 3 to 5 times |
| 6_10_TIMES | 04 | 6 to 10 times |
| MORE_10_TIMES | 05 | More than 10 times |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

CEX_Q09 $\quad$ CEX_TOUCH_COF1

## [ALWAYS ASK]

Before age 16, how many times did an adult touch you against your will in any sexual way? By this, I mean anything from unwanted touching or grabbing, to kissing or fondling.
DO NOT READ LIST, CODE ONLY ONE RESPONSE

| NEVER | 01 | Never |
| :--- | :--- | :--- |
| 1_2_TIMES | 02 | 1 or 2 times |
| 3_5_TIMES | 03 | 3 to 5 times |
| 6_10_TIMES | 04 | 6 to 10 times |
| MORE_10_TIMES | 05 | More than 10 times |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| CEX_Q10 CEX_POLICE_COF1  <br>  <br> CEX_PUSH_COF1 \& CEX_KCK_COF1 \& CEX_CARE_COF1 \& CEX_SEX_COF1 \& CEX_TOUCH_COF1 $\neq$ <br> NEVER, DK_NA OR REFUSED]   <br> Before age 16, did you ever see or talk to the police or anyone from child protective services about any of <br> the things you mentioned?   <br> DO NOT READ LIST, CODE ONLY ONE RESPONSE   <br> NEVER 01 Never <br> 1_2_TIMES 02 1 or 2 times <br> 3_5_TIMES 03 3 to 5 times <br> 6_10_TIMES 04 6 to 10 times <br> MORE_10_TIMES 05 More than 10 times <br> DK_NA 08 [DO NOT READ] Don't know / No answer <br> REFUSED 09 [DO NOT READ] Refused |
| :--- |


| CEX_Q11 | CEX_WORD_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| Before age 16, how many times did you see or hear any one of your parents, step-parents or guardians say <br> hurtful or mean things to each other or to another adult in your home? |  |  |
| DO NOT READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| 1_2_TIMES | 02 | 1 or 2 times |
| 3_5_TIMES | 03 | 3 to 5 times |
| 6_10_TIMES | 04 | 6 to 10 times |
| MORE_10_TIMES | 05 | More than 10 times |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| ACE_1-ACE_3 A | ACE_EARLYTRAUMA_COF1 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |  |  |  |
| Before the age of 18... |  |  |  |  |  |
| READ EACH CONDITION, CODE ONLY ONE RESPONSE PER QUESTION |  |  |  |  |  |
|  |  | YES | NO | DK_NA | REFUSED |
| ACE_DTHPRT_COF1 | Did you ever experience the death or serious illness of a parent or a primary caretaker? |  |  |  |  |
| ACE_DVRCPRT_COF1 | Did you experience the divorce or separation of your parents? |  |  |  |  |
| ACE_BRKDN_COF1 | Did anyone in your family ever suffer from mental or psychiatric illness or have a "breakdown"? |  |  |  |  |

## Meta Memory (MEM)

| Overview | Complaints about memory are extremely common in middle aged and older people. <br> While these complaints can occur in the setting of demonstrable cognitive disorders <br> such as mild cognitive impairment (MCI) or a dementia, they are also common in <br> individuals without an overt cognitive disorder. The significance of memory complaints <br> in cognitively normal people has been the subject of debate for many years. |
| :--- | :--- |

The next questions are about everyday memory situations. Evaluate each situation as it pertains to your memory functioning over the past 2 weeks.

| MEM_01 | MEM_PAYBILL_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How often do you forget to pay a bill on time? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| RARELY | 02 | Rarely |
| SOMETIMES | 03 | Sometimes |
| OFTEN | 04 | Often |
| ALLTIME | 05 | All the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| MEM_02 | MEM_MPLAC_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How often do you misplace something you use daily, like your keys or glasses? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| RARELY | 02 | Rarely |
| SOMETIMES | 03 | Sometimes |
| OFTEN | 04 | Often |
| ALLTIME | 05 | All the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| MEM_03 MEM_RMNUM_COF1 |  |  |  |
| :--- | :--- | :--- | :---: |
| [ALWAYS ASK] |  |  |  |
| How often do you have trouble remembering a telephone number you just looked up? |  |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |  |
| NEVER | 01 | Never |  |
| RARELY | 02 | Rarely |  |
| SOMETIMES | 03 | Sometimes |  |
| OFTEN | 04 | Often |  |
| ALLTIME | 05 | All the time |  |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |  |
| REFUSED | 09 | [DO NOT READ] Refused |  |


| MEM_04 | MEM_RCNME_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How often do you not recall the name of someone you just met? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| RARELY | 02 | Rarely |
| SOMETIMES | 03 | Sometimes |
| OFTEN | 04 | Often |
| ALLTIME | 05 | All the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| MEM_05 MEM_LVTHG_COF1 |  |  |  |
| :--- | :--- | :--- | :---: |
| [ALWAYS ASK] |  |  |  |
| How often do you leave something behind when you meant to bring it with you? |  |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |  |
| NEVER | 01 | Never |  |
| RARELY | 02 | Rarely |  |
| SOMETIMES | 03 | Sometimes |  |
| OFTEN | 04 | Often |  |
| ALLTIME | 05 | All the time |  |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |  |
| REFUSED | 09 | [DO NOT READ] Refused |  |


| MEM_06 | MEM_FGAPT_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How often do you forget an appointment? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| RARELY | 02 | Rarely |
| SOMETIMES | 03 | Sometimes |
| OFTEN | 04 | Often |
| ALLTIME | 05 | All the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| MEM_07 | MEM_FGTDO_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How often do you forget what you were just about to do; for example, walk into a room and forget what you <br> went there to do? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| RARELY | 02 | Rarely |
| SOMETIMES | 03 | Sometimes |
| OFTEN | 04 | Often |
| ALLTIME | 05 | All the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| MEM_08 MEM_FGERD_COF1 |  |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How often do you forget to run an errand? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| RARELY | 02 | Rarely |
| SOMETIMES | 03 | Sometimes |
| OFTEN | 04 | Often |
| ALLTIME | 05 | All the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| MEM_09 | MEM_SPWRD_COF1 |  |  |
| :--- | :--- | :--- | :---: |
| [ALWAYS ASK] |  |  |  |
| How often do you have difficulty coming up with a specific word that you want? |  |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |  |
| NEVER | 01 | Never |  |
| RARELY | 02 | Rarely |  |
| SOMETIMES | 03 | Sometimes |  |
| OFTEN | 04 | Often |  |
| ALLTIME | 05 | All the time |  |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |  |
| REFUSED | 09 | [DO NOT READ] Refused |  |


| MEM_10 | MEM_MBDTL_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How often do you have trouble remembering details from a newspaper or magazine article you read earlier <br> that day? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| RARELY | 02 | Rarely |
| SOMETIMES | 03 | Sometimes |
| OFTEN | 04 | Often |
| ALLTIME | 05 | All the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| MEM_11 | MEM_FGMED_COF1 |  |  |
| :--- | :--- | :--- | :---: |
| [ALWAYS ASK] |  |  |  |
| How often do you forget to take medication? |  |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |  |
| NEVER | 01 | Never |  |
| RARELY | 02 | Rarely |  |
| SOMETIMES | 03 | Sometimes |  |
| OFTEN | 04 | Often |  |
| ALLTIME | 05 | All the time |  |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |  |
| REFUSED | 09 | [DO NOT READ] Refused |  |


| MEM_12 | MEM_NAMEK_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How often do you not recall the name of someone you have known for some time? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| RARELY | 02 | Rarely |
| SOMETIMES | 03 | Sometimes |
| OFTEN | 04 | Often |
| ALLTIME | 05 | All the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| MEM_13 | MEM_PSMEG_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How often do you forget to pass on a message? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| RARELY | 02 | Rarely |
| SOMETIMES | 03 | Sometimes |
| OFTEN | 04 | Often |
| ALLTIME | 05 | All the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| MEM_14 MEM_FGSAY_COF1 |  |  |  |
| :--- | :--- | :--- | :---: |
| [ALWAYS ASK] |  |  |  |
| How often do you forget what you were going to say in conversation? |  |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |  |
| NEVER | 01 | Never |  |
| RARELY | 02 | Rarely |  |
| SOMETIMES | 03 | Sometimes |  |
| OFTEN | 04 | Often |  |
| ALLTIME | 05 | All the time |  |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |  |
| REFUSED | 09 | [DO NOT READ] Refused |  |


| MEM_15 | MEM_FGANV_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How often do you forget a birthday or anniversary that you used to know well? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| RARELY | 02 | Rarely |
| SOMETIMES | 03 | Sometimes |
| OFTEN | 04 | Often |
| ALLTIME | 05 | All the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| MEM_16 MEM_TELNM_COF1 |  |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How often do you forget a telephone number you use frequently? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| RARELY | 02 | Rarely |
| SOMETIMES | 03 | Sometimes |
| OFTEN | 04 | Often |
| ALLTIME | 05 | All the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| MEM_17 | MEM_RETELL_COF1 |
| :--- | :--- |
| [ALWAYS ASK] |  |

How often do you retell a story or joke to the same person because you forgot that you had already told him or her?
READ LIST, CODE ONLY ONE RESPONSE

| NEVER | 01 | Never |
| :--- | :--- | :--- |
| RARELY | 02 | Rarely |
| SOMETIMES | 03 | Sometimes |
| OFTEN | 04 | Often |
| ALLTIME | 05 | All the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| MEM_18 MEM_PLAWY_COF1 |  |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How often do you misplace something that you put away a few days ago? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| RARELY | 02 | Rarely |
| SOMETIMES | 03 | Sometimes |
| OFTEN | 04 | Often |
| ALLTIME | 05 | All the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| MEM_19 | MEM_BUYTH_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How often do you forget to buy something you intended to buy? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| RARELY | 02 | Rarely |
| SOMETIMES | 03 | Sometimes |
| OFTEN | 04 | Often |
| ALLTIME | 05 | All the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |


| MEM_20 | MEM_DTCNV_COF1 |  |
| :--- | :--- | :--- |
| [ALWAYS ASK] |  |  |
| How often do you forget details about a recent conversation? |  |  |
| READ LIST, CODE ONLY ONE RESPONSE |  |  |
| NEVER | 01 | Never |
| RARELY | 02 | Rarely |
| SOMETIMES | 03 | Sometimes |
| OFTEN | 04 | Often |
| ALLTIME | 05 | All the time |
| DK_NA | 08 | [DO NOT READ] Don't know / No answer |
| REFUSED | 09 | [DO NOT READ] Refused |

## Preventative Health Behaviours (PHB)

| Overview | In this section, participants are asked questions about what health care services they <br> use to monitor their health and prevent diseases, such as whether they get vaccinated <br> for influenza, get their blood pressure checked regularly, etc. These questions are <br> asked because preventative health care is an important aspect of the health care <br> system as a way to prevent disease and promote population health. The information in <br> this module, combined with other information, will allow researchers to understand <br> whether and how the use of these services help people stay healthy. |
| :--- | :--- |

Now a few questions about your use of various health care services.

| PHB_1 - PHB_5 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| [ALWAYS ASK] |  |  |  |  |  |  |
| Have you had... |  |  |  |  |  |  |
| INTERVIEWER INSTRUCTION: A YES / NO / DK_NA / REFUSED RESPONSE IS REQUIRED FOR EACH QUESTION IN THE TABLE |  |  |  |  |  |  |
|  |  | Have you had... | Yes | No | $\begin{aligned} & \hline \text { DK/ } \\ & \text { NA } \end{aligned}$ | RF |
| PHB_1 | PHB_BLP_COF1 | Blood pressure taken in the last 12 months |  |  |  |  |
| PHB_2 | PHB_COL_COF1 | Colorectal screening in the last 12 months |  |  |  |  |
| PHB_3 | PHB_CHOL_COF1 | Blood test for cholesterol in the last 3 years |  |  |  |  |
| PBH_4 | PHB_GLU_COF1 | Blood sugar or glucose tolerance test in the last 3 years |  |  |  |  |
| PHB_5 | PHB_PAP_COF1 | Pap smear test (w) |  |  |  |  |
| PHB_6 | PHB_MG_COF1 | Mammogram, that is a breast X-ray ( w ) |  |  |  |  |
| PHB_7 | PHB_DEXA_COF1 | Bone density scan for osteoporosis (w) |  |  |  |  |
| PHB_8 | PHB_FLUV_COF1 | Flu shot in the last 12 months |  |  |  |  |
| PHB_9 | PHB_PCV_COF1 | Pneumonia shot (pneumococcal vaccination) in your life |  |  |  |  |

## END


[^0]:    NUT_END

[^1]:    IAL_END

[^2]:    [IF COG_RDY_COF1 = YES SKIP TO COG_BGN_COF1, IF COG_RDY_COF1 = REFUSED SKIP TO COG_ANML_COF1]

[^3]:    * Please see the citation at the beginning of the Cognition module in this questionnaire.

[^4]:    [IF COG_CNTRPT_COF1 = YES SKIP TO COG_CNTTIME_RECORD_COF1, IF COG_CNT_COF1 = REFUSED OR DON'T KNOW/NO ANSWER SKIP TO COG_WRDLST2_COF1]

[^5]:    [IF COG_ALTFCT_COF1 = NO SKIP TO COG_WRDLST2_COF1]

